IMS1 ACF out of hours experience

We have been asked to clarify the recommended minimum amount of out of hours commitments required for gaining the capabilities required for IMS1 training, in particular for academic trainees. The IMS1 curriculum is capability based, enabling trainees to gain the capabilities required without a predefined minimum duration of out of hours experience. It is also recognised that rota frequency and intensity vary between hospitals.

However, we recognise the value of out of hours working, both in terms of breadth of experience and development of leadership skills. We would therefore expect all trainees to participate in out of hours work, unless there were extenuating circumstances such as occupation health recommendations, in which case we would expect the trainee to have tailored learning opportunities to enable them to gain the experience required to achieve their capabilities by working in different ways or in different settings.

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