

**SPECIALTY TRAINING CURRICULUM**

**FOR**

**RENAL MEDICINE**

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**Joint Royal Colleges of Physicians Training Board**

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## 1 Introduction

Renal Medicine or Nephrology is the medical speciality that involves the care of patients with all forms of kidney disease.

This includes treatment of patients with:

- kidney disease without impairment of excretory kidney function (e.g. including proteinuria, haematuria, recurrent urinary tract infection and kidney stone disease) acute kidney injury or chronic kidney disease,
- conditions that primarily or solely affect the kidney (such as some forms of glomerulonephritis);
- disorders which affect the kidney as part of a multi-system disease (such as diabetic nephropathy);
- disorders that are linked to changes or abnormalities in renal physiology (such as acid base disturbances).
- end-stage kidney disease (ie patients with a kidney transplant, receiving any form of dialysis, or undergoing active supportive treatment of kidney failure)

A significant part of this service involves the early detection of kidney problems, the prevention and management of progressive kidney disease, and the management of secondary complications arising as a result of kidney disease. However, kidney disease is a long-term condition for many patients, and can impact on all aspects of life. The care, support and treatment of patients with end-stage kidney failure are important aspects of Renal Medicine. A coordinated approach involving access to, and support from, the whole range of health professionals is required to ensure that nutritional, lifestyle, social and psychological needs are met alongside the physical needs of patients. The complexity of renal healthcare requires integrated multiprofessional working to provide a high quality service.

The care of children with kidney disease is coordinated by paediatric renal physicians, and particular education is required for the transition to adult renal services.

References:

Consultant Physicians Working for Patients. Renal Medicine: p275-277 (2nd edition). Royal College of Physicians

British Renal Society. A multi-professional renal workforce plan for adults and children with renal disease. Recommendations of the National Workforce Planning Group 2002. 3.3 Renal Physicians

## 2 Rationale

### 2.1 Purpose of the curriculum

The purpose of this curriculum is to define the process of training and the competencies needed for the award of a certificate of completion of training (CCT) in adult Renal Medicine. The curriculum covers training in all four nations of the UK.

#### What is a Renal physician?

A Renal Physician has specialist knowledge of Renal Medicine and the knowledge, skills and attributes to manage all aspects of acute kidney injury, chronic kidney disease and end stage kidney disease (including dialysis and renal transplantation). Renal physicians provide a wide range of clinical services for patients with kidney disease in a variety of clinical settings including:

- In-patient and out-patients hospital settings, and outreach settings closer to the patient's home.

- Dialysis units
- Other specialist units and hospitals, particularly Intensive Care, Cardiothoracic, Trauma, Liver and Vascular Units where acute kidney injury is common.

Renal physicians work closely with colleagues in many other specialties for example: Urologists managing patients with renal stone disease etc., Diabetologists managing patients with diabetes in whom renal problems are common, Obstetricians managing pregnancy complicated by kidney disease and Dermatologists dealing with skin problems following renal transplantation etc.

Renal physicians generally work in renal units based in District General Hospitals or University Teaching Hospitals. The renal services provided in these two types of hospital are broadly similar, with the exception that renal transplantation mostly takes place in University Teaching Hospitals. Many renal units also provide care in satellite haemodialysis units, either in other hospitals, independent treatment centres or in community-based facilities.

Renal physicians may undertake to perform practical procedures in support of their units' services to patients depending on the skill mix of the multidisciplinary team. These include diagnostic procedures such as renal biopsy and ultrasound of the renal tract and procedures related to establishing vascular or peritoneal access for the delivery of dialysis treatment. Renal physicians need to be fully trained in the indications for and management of complications related to these procedures but, with the exception of insertion on non-tunnelled dialysis catheters, gaining these practical skills is not an essential requirement in obtaining a CCT.

Renal physicians deliver effective patient-focussed care for patients with kidney disease throughout the patient journey from diagnosis to end-of-life care. This enhances patient care and facilitates high quality complex long-term decision making.

The service they give patients depends on close collaboration with colleagues in primary care, in the renal multi-professional team and in other services. Their role involves leadership in many fields particularly in development and provision of renal services.

Renal physicians are engaged in clinical governance, are effective leaders, educators of patients and colleagues and appreciate the role of research in delivering high quality patient care.

The award of a CCT in Renal Medicine indicates that a trainee has completed training to a standard that allows them to practise competently in these areas of Renal Medicine without supervision\*. However, it is recognised that being a Renal physician represents a commitment to lifelong learning and even after award of a CCT it is expected that these skills will be developed and refined through further practice and professional development.

The additional roles and responsibilities of Renal Physicians are described in detail in Consultant Physicians Working for Patients (2nd edition) (ref)

Reference:

\* It is not a requirement for the award of a CCT for trainees to acquire full operative competence in native and transplant kidney biopsy

## 2.2 Development

This curriculum was developed by the Specialist Advisory Committee (SAC) for Renal Medicine under the direction of the Joint Royal Colleges of Physicians Training Board (JRCPTB). It replaces the previous versions of the curriculum dated May 2007 and December 2004. The changes ensure the curriculum meets GMC's standards for Curricula and Assessment, and incorporate revisions to the content and delivery of the training programme. Major changes from the previous curriculum include the incorporation of generic, leadership and health inequalities competencies.

The Renal Medicine curriculum was developed on behalf of the SAC in Renal Medicine by a Renal Curriculum Working Group (Appendix 1) which included representatives from the Renal SAC, Renal Association Education and Training Committee, Programme Directors and Chairs of Speciality Training Committees, a trainee representatives, lay representatives and NHS management representatives

The Renal Curriculum Working Group considered feedback on the 2007 curriculum received by the Chair and the SAC Chair from individual Consultants, other Speciality organisations including the Renal Information Group, Renal Registry and Chair of the RCP Joint Speciality Committee.

The Curriculum was further developed following consultation with a range of stakeholder groups including:

Renal Association Executive Committee,  
Renal Association Education and Training Committee  
Nephrology Specialty Certificate (SCE) Examination Chair  
Consultant Renal physicians, trainers in Renal Medicine, and Renal Medicine trainees via SAC representatives  
Trainees via SpR Club  
British Renal Symposium  
National Kidney Federation

## 2.3 Entry requirements

Specialty training in Renal Medicine consists of core and higher speciality training. Core training provides physicians with: the ability to investigate, treat and diagnose patients with acute and chronic medical symptoms; and with high quality review skills for managing inpatients and outpatients. Higher speciality training then builds on these core skills to develop the specific competencies required to practise independently as a consultant in Renal Medicine.

Core training may be completed in either a Core Medical Training (CMT) or Acute Care Common Stem (ACCS) programme. The full curriculum for specialty training in Renal Medicine therefore consists of the curriculum for either CMT or ACCS plus this specialty training curriculum for Renal Medicine.

Core Medical training programmes are designed to deliver core training for specialty training by acquisition of knowledge and skills as assessed by the workplace based assessments and the MRCP. Programmes are usually for two years and are broad

based consisting of four to six placements in medical specialties. These placements over the two years must include direct involvement in the acute medical take. Trainees are asked to document their record of workplace based assessments in an ePortfolio which will then be continued to document assessments in specialty training. Trainees completing core training will have a solid platform of common knowledge and skills from which to continue into Specialty Training at ST3, where these skills will be developed and combined with specialty knowledge and skills in order to award the trainee with a certificate of completion of training (CCT).

There are common competencies that should be acquired by all physicians during their training period starting within the undergraduate career and developed throughout the postgraduate career. These are initially defined for CMT and then developed further in the specialty. This part of the curriculum supports the spiral nature of learning that underpins a trainee's continual development. It recognises that for many of the competences outlined there is a maturation process whereby practitioners become more adept and skilled as their career and experience progresses. It is intended that doctors should recognise that the acquisition of basic competences is often followed by an increasing sophistication and complexity of that competence throughout their career. This is reflected by increasing expertise in their chosen career pathway.

The approved curriculum for CMT is a sub-set of the Curriculum for General Internal Medicine (GIM). A "Framework for CMT" has been created for the convenience of trainees, supervisors, tutors and programme directors. The body of the Framework document has been extracted from the approved curriculum but only includes the syllabus requirements for CMT and not the further requirements for acquiring a CCT in GIM.

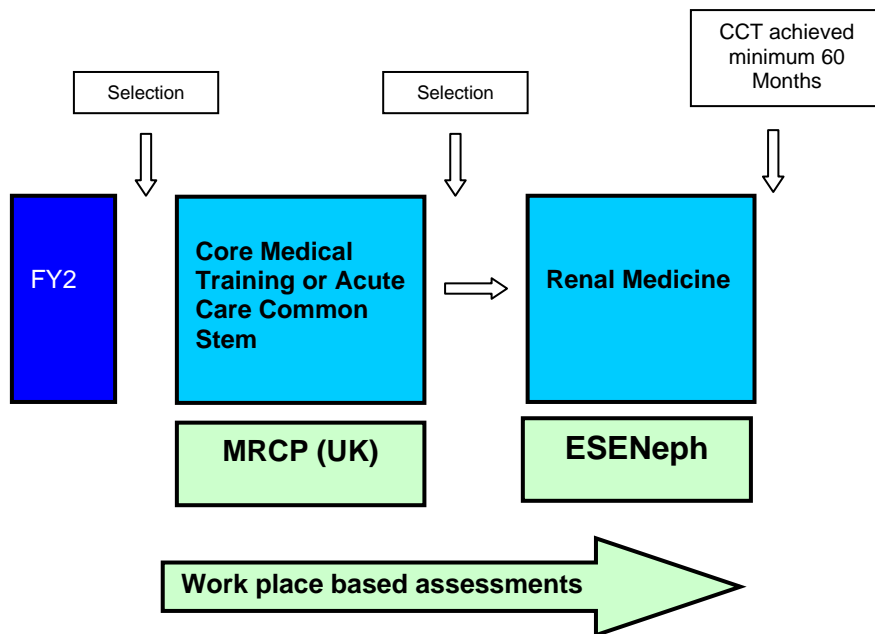
Completion of CMT or ACCS and acquisition of full MRCP (UK) will be required before entry into Specialty training at ST3 (2011 onwards).

#### **2.4 Enrolment with JRCPTB**

Trainees are required to register for specialist training with JRCPTB at the start of their training programmes. Enrolment with JRCPTB, including the complete payment of enrolment fees, is required before JRCPTB will be able to recommend trainees for a CCT. Trainees can enrol online at [www.jrcptb.org.uk](http://www.jrcptb.org.uk)

#### **2.5 Duration of training**

Although this curriculum is competency based, the duration of training must meet the European minimum of 5 years for full time Renal Medicine training adjusted accordingly for flexible training (EU directive 2005/36/EC). The SAC has advised that training from ST1 will usually be completed in 5 years in full time training (2 years core plus 3 years Renal Medicine training).



**Diagram 1.0 Training Pathway for Renal Medicine**

## 2.6 Dual CCT

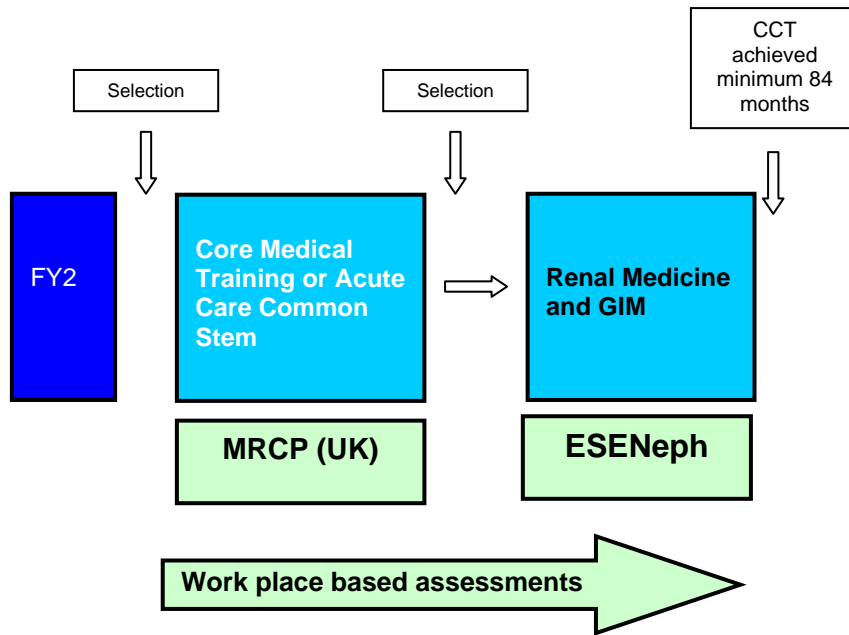
For a Renal physician to participate in the acute medical take and to be responsible for the care of un-selected, acutely ill general medical patients as a senior medical appointment, he/she requires dual CCTs in Renal Medicine and General Internal Medicine (GIM)\*. It is also possible to dual accredit with other related specialities such as Intensive Care Medicine.

Trainees who wish to achieve a CCT in another specialty, typically General Internal Medicine, as well as Renal Medicine must have applied for and successfully entered a training programme which was advertised openly as a dual training programme. Trainees will need to achieve the competencies, with assessment evidence, as described in both the Renal and other specialty (e.g. GIM) curricula. Individual assessments may provide evidence towards competencies from both curricula.

The exact structure of a training programme that combines Renal Medicine and GIM may vary between Deaneries, but the SAC in Renal Medicine and the SAC in Acute and General Medicine have advised that this will usually extend training to a total of seven years from ST1 (indicative time). This will normally include, from ST3, three years in clinical posts in Renal Medicine and two years in a GIM post, although the GIM training may be distributed more widely through the Renal Medicine training programme.

On successful completion of the training programme and assessments for both specialties, as outlined in the relevant GMC approved curricula, the trainee will achieve two CCTs, one in Renal Medicine and one in GIM/ or other speciality. Postgraduate Deans wishing to advertise such programmes should ensure that they meet the requirements of both SACs.

\*Specialty Curriculum for General internal Medicine (August 2009). JRCPTB, London



**Diagram 2.0 Training Pathway for Renal Medicine with GIM**

## 2.7 Less Than Full Time Training (LTFT)

Trainees who are unable to work full-time are entitled to opt for less than full time training programmes. EC Directive 2005/36/EC requires that:

- LTFT shall meet the same requirements as full-time training, from which it will differ only in the possibility of limiting participation in medical activities.
- The competent authorities shall ensure that the competencies achieved and the quality of part-time training are not less than those of full-time trainees.

The above provisions must be adhered to. LTFT trainees should undertake a pro rata share of the out-of-hours duties (including on-call and other out-of-hours commitments) required of their full-time colleagues in the same programme and at the equivalent stage.

EC Directive 2005/36/EC states that there is no longer a minimum time requirement on training for LTFT trainees. In the past, less than full time trainees were required to work a minimum of 50% of full time. With competence-based training, in order to retain competence, in addition to acquiring new skills, less than full time trainees would still normally be expected to work a minimum of 50% of full time. If you are returning or converting to training at less than full time please complete the LTFT application form on the JRCPTB website [www.jrcptb.org.uk](http://www.jrcptb.org.uk).

Funding for LTFT is from deaneries and these posts are not supernumerary. Ideally therefore 2 LTFT trainees should share one post to provide appropriate service cover.

Less than full time trainees should assume that their clinical training will be of a duration pro-rata with the time indicated/recommended, but this should be reviewed during annual appraisal by their TPD and chair of STC and Deanery Associate Dean for LTFT training. As long as the statutory European Minimum Training Time (if relevant), has been exceeded, then indicative training times as stated in curricula may be adjusted in line with the achievement of all stated competencies.



## 3 Content of learning

### 3.1 Programme content and objectives

#### 3.2 Good Medical Practice

In preparation for the introduction of licensing and revalidation, the General Medical Council has translated Good Medical Practice into a Framework for Appraisal and Assessment which provides a foundation for the development of the appraisal and assessment system for revalidation. The Framework can be accessed at [http://www.gmc-uk.org/Framework\\_4\\_3.pdf\\_25396256.pdf](http://www.gmc-uk.org/Framework_4_3.pdf_25396256.pdf)

The Framework for Appraisal and Assessment covers the following domains:

Domain 1 – Knowledge, Skills and Performance

Domain 2 – Safety and Quality

Domain 3 – Communication, Partnership and Teamwork

Domain 4 – Maintaining Trust

The “GMP” column in the syllabus defines which of the 4 domains of the Good Medical Practice Framework for Appraisal and Assessment are addressed by each competency. Most parts of the syllabus relate to “Knowledge, Skills and Performance” but some parts will also relate to other domains.

#### 3.3 Syllabus

In the tables below, the “Assessment Methods” shown are those that are appropriate as **possible** methods that could be used to assess each competency. It is not expected that all competencies will be assessed and that where they are assessed not every method will be used. See section 5.2 for more details.

“GMP” defines which of the 4 domains of the Good Medical Practice Framework for Appraisal and Assessment are addressed by each competency. See section 3.2 for more details.

For each area of competence it is anticipated that trainees will recall and build upon the competencies outlined by the Foundation and Core Medical Training Curricula and which they should have acquired during the Foundation and Core Medical /ACCS training period. It is recognised that for many of the competencies outlined there is a continuing maturation process which means that the practitioners will become more adept and skilled as their career progresses. It is intended that doctors recognise that these competencies become increasingly sophisticated throughout their career leading to improved ability to ascertain patient needs, make diagnoses and formulate inclusive treatment plans.

To further aid decisions on progression of competence there are four descriptor levels included. It is anticipated that at the end of ST3 specialty trainees will achieve competencies to level 1, during ST4 and by the time of the penultimate year assessment (PYA) trainee will achieve competencies to level 2-3, and competencies defined by the level 4 descriptors will be acquired in the ST5 (ST7 if dual accreditation).

Competencies are often context specific and defined elements of the competencies within this common skills curriculum will be more important in certain specialties than others. Such emphasis will be outlined in the specialty curriculum. The broad framework however is important for all medical practitioners. This common skills curriculum must be read in association with the specialty curriculum to define all the

competencies that a trainee must have acquired by the time of award of certificate of completion of training (CCT).

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## A. Common Competencies

### 1. History Taking

**To progressively develop the ability to obtain a relevant focused history from increasingly complex patients and challenging circumstances**

**To record accurately and synthesise history with clinical examination and formulation of management plan according to likely clinical evolution**

| Knowledge  | Assessment Methods   | GMP |
|--|--|-----|
| Recognises of importance of different elements of history  | mini-CEX, MSF  | 1   |
| Recognises that patients do not present history in structured and complete fashion   | mini-CEX, MSF  | 1   |
| Recognises the impact of culture and social background, education level, risk behaviour and emotion may influence the presentation of an illness | mini-CEX, MSF  | 1   |
| Recognises that history should inform examination, investigation and management plan   | mini-CEX, MSF  | 1   |
| Recognises of importance of different elements of history  | mini-CEX   | 1   |
| Recognises that patients do not present history in structured fashion  | ACAT, mini-CEX   | 1,3 |
| Knows likely causes and risk factors for conditions relevant to mode of presentation   | mini-CEX   | 1   |
| Recognise that history should inform examination, investigation and management plan  | mini-CEX   | 1   |
| Skills   |  |     |
| Focuses on relevant aspects of history   | DOPS, mini-CEX, MSF  | 1,2 |
| Identifies and overcomes possible barriers to effective communication  | DOPS, mini-CEX, MSF  | 2,3 |
| Assimilates history from the available information from patient and other sources  | DOPS, mini-CEX, MSF  | 3   |
| Recognises and interprets the use of non verbal communication from patients and carers   | DOPS, mini-CEX, MSF  | 3   |
| Manages alternative and conflicting views from family, carers and friends  | DOPS, mini-CEX, MSF  | 3,4 |
| Supplements history with standardised instruments or questionnaires when relevant  | DOPS, mini-CEX, MSF  | 2   |
| Manages time and draws consultation to a close appropriately   | DOPS, mini-CEX, MSF  | 3   |
| Behaviours   |  |     |
| Shows respect and behaves in accordance with Good Medical Practice   | DOPS, mini-CEX, MSF  | 3,4 |
| Level Descriptor   |  |     |
| <b>1</b>   | Obtains, records and presents accurate clinical history relevant to the clinical presentation<br>Elicits most important positive and negative indicators of diagnosis<br>Starts to ignore irrelevant information |     |
| <b>2</b>   | Demonstrates ability to obtain relevant focused clinical history in the context of limited time e.g.   |     |

outpatients, ward referral

Demonstrates ability to target history to discriminate between likely clinical diagnoses

Records information in most informative fashion

- 3** Demonstrates ability to rapidly obtain relevant history in context of severely ill patients  
Demonstrates ability to obtain history in difficult circumstances e.g. from angry or distressed patient/relatives  
Demonstrates ability to keep interview focused on most important clinical issues
- 4** Able to quickly focus questioning to establish working diagnosis and relate to relevant examination, investigation and management plan in most acute and common chronic conditions in almost any environment

## 2. Clinical Examination

**To progressively develop the ability to perform focused and accurate clinical examination in increasingly complex patients and challenging circumstances**

**To relate physical findings to history in order to establish diagnosis and formulate a management plan**

| <b>Knowledge</b>   | <b>Assessment Methods</b> | <b>GMP</b> |
|--|---------------------------|------------|
| Understands the need for a valid clinical examination  | CbD, mini-CEX, MSF        | 1          |
| Understands the basis for clinical signs and the relevance of positive and negative physical signs   | CbD, mini-CEX, MSF        | 1          |
| Recognises constraints to performing physical examination and strategies that may be used to overcome them   | CbD, mini-CEX, MSF        | 1          |
| Recognises the limitations of physical examination and the need for adjunctive forms of assessment to confirm diagnosis  | CbD, mini-CEX, MSF        | 1          |
| Understands the need for a targeted and relevant clinical examination (including urinalysis)   | CbD, mini-CEX, MSF        | 1          |
| <b>Skills</b>  |                           |            |
| Performs an examination relevant to the presentation and risk factors that is valid, targeted and time efficient   | CbD, mini-CEX, DOPS, MSF  | 1          |
| Recognises the possibility of deliberate harm (both self harm and harm by others) in vulnerable patients and report to appropriate agencies  | CbD, mini-CEX, DOPS, MSF  | 1          |
| Actively elicits important clinical findings   | CbD, mini-CEX             | 1          |
| Performs relevant adjunctive examinations (including urinalysis)   | CbD, mini-CEX             | 1          |
| <b>Behaviours</b>  |                           |            |
| Shows respect and behaves in accordance with Good Medical Practice   | CbD, mini-CEX, DOPS, MSF  | 3,4        |
| Ensures examination, whilst clinically appropriate, considers social, cultural and religious boundaries to examination, appropriately communicates and makes alternative arrangements where necessary  | CbD, mini-CEX, DOPS, MSF  | 3,4        |
| <b>Level Descriptor</b>  |                           |            |
| <b>1</b> Performs, accurately records and describes findings from basic physical examination<br>Elicits most important physical signs<br>Uses and interprets findings adjuncts to basic examination e.g. internal examination, blood pressure measurement, pulse oximetry, peak flow, urine analysis                                       |                           |            |
| <b>2</b> Performs focused clinical examination directed to presenting complaint e.g. cardiorespiratory, abdominal pain<br>Actively seeks and elicits relevant positive and negative signs<br>Uses and interprets findings adjuncts to basic examination e.g. electrocardiography, spirometry, ankle brachial pressure index                |                           |            |
| <b>3</b> Performs and interprets relevance advanced focused clinical examination e.g. neurological examination and mapping any relevant signs to specific neurological abnormalities<br>Elicits subtle findings<br>Uses and interprets findings of advanced adjuncts to basic examination e.g. sigmoidoscopy, ultrasound, echocardiography |                           |            |
| <b>4</b> Rapidly and accurately performs and interprets focused clinical examination in challenging  |                           |            |

circumstances e.g. acute medical or surgical emergency

### 3. Therapeutics and Safe Prescribing

| <b>To progressively develop the ability to prescribe, review and monitor appropriate medication relevant to Renal Medicine including therapeutic and preventative indications</b>  |                           |            |
|--|---------------------------|------------|
| <b>Knowledge</b>   | <b>Assessment Methods</b> | <b>GMP</b> |
| Recall pharmacology of commonly used drugs in the presence of renal impairment   | CbD, mini-CEX, ESENeph    | 1          |
| Define the effects of age, body size, extra-renal organ dysfunction and concurrent illness on drug distribution and metabolism relevant to the trainees practice   | CbD, mini-CEX             | 1          |
| Know the Indications, contraindications, side effects, drug interactions and dosage of commonly used drugs   | CbD, mini-CEX             | 1,2        |
| Recall range of adverse drug reactions to commonly used drugs, including complementary medicines   | CbD, mini-CEX             | 1,2        |
| Recall drugs requiring therapeutic drug monitoring and interpret results   | CbD, mini-CEX             | 1,2        |
| Describes how commonly prescribed drugs may adversely affect renal function  | CbD, mini-CEX             | 1,2        |
| Understand the effect of dialysis upon commonly prescribed drugs   | CbD, mini-CEX, ESENeph    | 1,2        |
| Understand the mechanism of action and potential interactions of Immunosuppressive medications   | CbD, mini-CEX, ESENeph    | 1,2        |
| Outline tools to promote patient safety and prescribing, including IT systems  | CbD, mini-CEX             | 1,2        |
| Recognise the roles of regulatory agencies involved in drug use, monitoring and licensing (e.g. National Institute for Clinical Excellence (NICE), Committee on Safety of Medicines (CSM), and Healthcare Products Regulatory Agency and hospital formulary committees | CbD, mini-CEX             | 1,2        |
| <b>Skills</b>  |                           |            |
| Prescribe safely to patients with all forms of renal disease and in patients receiving renal replacement therapy   | CbD, mini-CEX             | 2          |
| Provide comprehensible explanations to the patient, and carers when relevant, for the use of medicines   | CbD, mini-CEX             | 2,3        |
| Review the continuing need for long term medications relevant to the trainees clinical practice  | CbD, mini-CEX             | 1,2        |
| Anticipate and avoid defined drug interactions, including complementary medicines  | CbD, mini-CEX             | 1,2        |
| Advise patients (and carers) about important interactions and adverse drug effects   | CbD, mini-CEX             | 2,3,4      |
| Make appropriate dose adjustments following therapeutic drug monitoring, or physiological change (e.g. deteriorating renal function, immunosuppressive agents)   | CbD, mini-CEX             | 2          |
| Use IT prescribing tools where available to improve safety   | CbD, mini-CEX             | 2          |
| Employ validated methods to improve patient concordance with prescribed medication   | CbD, mini-CEX             | 2,3        |
| <b>Behaviours</b>  |                           |            |



|   |               |       |
|---|---------------|-------|
| To discuss with a patient treatment options and importance of compliance  | CbD, mini-CEX | 3,4   |
| Remain up to date with therapeutic alerts, and respond appropriately  | CbD, mini-CEX | 2     |
| Teach other healthcare professionals about prescribing in renal disease   | CbD, mini-CEX | 2,3   |
| Recognise the benefit of minimising number of medications taken by a patient  | CbD, mini-CEX | 2,3   |
| Work with pharmacists and other members of MDT to promote safe prescribing  | CbD, mini-CEX | 2,3   |
| Appreciate the role of non-medical prescribers  | CbD, mini-CEX | 3     |
| Remain open to advice from other health professionals on medication issues  | CbD, mini-CEX | 2,3,4 |
| Recognise the importance of resources when prescribing, including the role of a Drug Formulary  | CbD, mini-CEX | 2     |
| Ensure prescribing information is shared promptly and accurately between a patient's health providers, including between primary and secondary care | CbD, mini-CEX | 2,3   |

**Level Descriptor**

- 1** Recalls the pharmacology of commonly used drugs  
Able to safely prescribe commonly used drugs and to refer to local guidelines and drug formulae if appropriate  
Seeks advice from others for more complex patients or drug use
- 2** Has become more proficient in safe prescription  
Focuses more on drug interaction, monitoring and need of dose adjustment in individual patients  
Starts to get more focus in the drug use special to the trainee's specialty
- 3** Able to prescribe safely in most clinical situations  
Knows how to prescribe safely medications specific to the trainee's specialty, e.g. immunosuppression and renal patients on dialysis
- 4** Able to formulate and initiate treatment quickly and safely in most emergency and common chronic condition including the trainee's specialty

## 4. Time Management and Decision Making

**To become increasingly able to prioritise and organise clinical and clerical duties in order to optimise patient care**

**To become increasingly able to make appropriate clinical and clerical decisions in order to optimise the effectiveness of the clinical team resource**

| <b>Knowledge</b>  | <b>Assessment Methods</b>   | <b>GMP</b> |
|---|---|------------|
| Understands that effective organisation is key to time management   | CbD   | 1          |
| Understands that some tasks are more urgent and/or more important than others                                 | CbD   | 1          |
| Understands the need to prioritise work according to urgency and importance                                   | CbD   | 1          |
| Maintains focus on individual patient needs whilst balancing multiple competing pressures                     | CbD   | 1          |
| Understands that some tasks may have to wait or be delegated to others  | CbD   | 1          |
| Understands the roles, competencies and capabilities of other professionals and support workers               | CbD   | 1          |
| Outlines techniques for improving time management   | CbD   | 1          |
| Understands the importance of prompt investigation, diagnosis and treatment in disease and illness management | CbD   | 1,2        |
| <b>Skills</b>   |   |            |
| Identifies clinical and clerical tasks requiring attention or predicted to arise                              | CbD, mini-CEX   | 1,2        |
| Estimates the time likely to be required for essential tasks and plan accordingly                             | CbD, mini-CEX   | 1          |
| Groups together tasks when this will be the most effective way of working                                     | CbD, mini-CEX   | 1          |
| Recognises the most urgent / important tasks and ensures that they managed expediently                        | CbD, mini-CEX   | 1          |
| Regularly reviews and re-prioritises personal and team work load  | CbD, mini-CEX   | 1          |
| Organises and manages workload effectively and flexibly   | CbD, Mini- mini-CEX   | 1          |
| Makes appropriate use of other professionals and support workers  | CbD, mini-CEX   | 1          |
| <b>Behaviours</b>   |   |            |
| Ability to work flexibly and deal with tasks in an effective and efficient fashion                            | CbD, MSF  | 3          |
| Recognises when you or others are falling behind and take steps to rectify the situation                      | CbD, MSF  | 3          |
| Communicates changes in priority to others  | MSF   | 1          |
| Remains calm in stressful or high pressure situations and adopts a timely, rational approach                  | MSF   | 1          |
| <b>Level Descriptor</b>   |   |            |
| <b>1</b>  | Recognises the need to identify work and compiles a list of tasks<br>Works systematically through tasks with little attempt to prioritise |            |

Needs direction to identify most important tasks  
Sometimes slow to perform important work  
Does not use other members of the clinical team  
Finds high workload very stressful

- 2** Organises work appropriately but does not always respond to or anticipate when priorities should be changed

Starting to recognise which tasks are most urgent  
Starting to utilise other members of the clinical team but not yet able to organise their work  
Requires some direction to ensure that all tasks completed in a timely fashion

- 3** Recognises the most important tasks and responds appropriately

Anticipates when priorities should be changed  
Starting to lead and direct the clinical team in effective fashion  
Supports others who are falling behind  
Requires minimal organisational supervision

- 4** Automatically prioritises and manages workload in most effective fashion

Communicates and delegates rapidly and clearly  
Automatically responsible for organising the clinical team  
Calm leadership in stressful situations

## 5. Decision Making and Clinical Reasoning

To progressively develop the ability to formulate a diagnostic and therapeutic plan for a patient according to the clinical information available

To progressively develop the ability to prioritise the diagnostic and therapeutic plan

To be able to communicate the diagnostic and therapeutic plan appropriately

| Knowledge  | Assessment Methods       | GMP   |
|--|--------------------------|-------|
| Defines the steps of diagnostic reasoning: <ul style="list-style-type: none"> <li>Interprets history and clinical signs</li> <li>Conceptualises clinical problem in a medical and social context</li> <li>Understands the psychological component of disease and illness presentation</li> <li>Generates hypothesis within context of clinical likelihood</li> <li>Tests, refines and verifies hypotheses</li> <li>Develops problem list and action plan</li> <li>Recognises how to use expert advice, clinical guidelines and algorithms</li> <li>Recognises and appropriately responds to sources of information accessed by patients</li> </ul> | CbD, mini-CEX            | 1     |
|  | CbD, mini-CEX            | 1     |
|  | CbD, mini-CEX            | 1     |
|  | CbD, mini-CEX            | 1     |
|  | CbD, mini-CEX            | 1     |
|  | CbD, mini-CEX            | 1     |
|  | CbD, mini-CEX            | 1     |
|  | CbD, mini-CEX            | 1     |
| Recognises the need to determine the best value and most effective treatment both for the individual patient and for a patient cohort  | CbD, mini-CEX            | 1     |
| Defines the concepts of disease natural history and assessment of risk   | CbD, mini-CEX            | 1,2   |
| Recalls methods and associated problems of quantifying risk e.g. cohort studies  | CbD, mini-CE             | 1     |
| Outlines the concepts and drawbacks of quantitative assessment of risk or benefit e.g. numbers needed to treat   | CbD, mini-CEX            | 1     |
| Describes commonly used statistical methodology  | CbD, mini-CEX            | 1     |
| Knows how relative and absolute risks are derived and the meaning of the terms' predictive value, sensitivity and specificity in relation to diagnostic tests  | CbD, mini-CEX            | 1     |
| Skills   |                          |       |
| Interpret clinical features, their reliability and relevance to clinical scenarios including recognition of the breadth of presentation of common disorders  | CbD, mini-CEX, DOPS, MSF | 1     |
| Recognise critical illness and respond with due urgency  | CbD, mini-CEX, DOPS, MSF | 1     |
| Generate plausible hypothesis(es) following patient assessment   | CbD, mini-CEX, DOPS, MSF | 1     |
| Construct a concise and applicable problem list using available information  | CbD, mini-CEX, DOPS, MSF | 1     |
| Construct an appropriate management plan and communicate this effectively to the patient, parents and carers where relevant  | CbD, mini-CEX, DOPS, MSF | 1,3,4 |
| Define the relevance of an estimated risk of a future event to an individual patient   | CbD, mini-CEX, DOPS, MSF | 1     |

|  |                          |     |
|--|--------------------------|-----|
| Use risk calculators appropriately   | CbD, mini-CEX, DOPS, MSF | 1   |
| Apply quantitative data of risks and benefits of therapeutic intervention to an individual patient   | CbD, mini-CEX, DOPS, MSF | 1   |
| Search and comprehend medical literature to guide reasoning  | CbD, mini-CEX, DOPS, MSF | 1   |
| <b>Behaviours</b>  |                          |     |
| Recognises the difficulties in predicting occurrence of future events  | CbD, mini-CEX            | 1   |
| Shows willingness to discuss intelligibly with a patient the notion and difficulties of prediction of future events, and benefit/risk balance of therapeutic intervention  | CbD, mini-CEX            | 3   |
| Shows willingness to adapt and adjust approaches according to the beliefs and preferences of the patient and/or carers   | CbD, mini-CEX            | 3   |
| Is willing to facilitate patient choice  | CbD, mini-CEX            | 3   |
| Shows willingness to search for evidence to support clinical decision making   | CbD, mini-CEX            | 1,4 |
| Demonstrates ability to identify one's own biases and inconsistencies in clinical reasoning  | CbD, mini-CEX            | 1,3 |
| <b>Level Descriptor</b>  |                          |     |
| <p><b>1</b> In a straightforward clinical case:</p> <ul style="list-style-type: none"> <li>Develops a provisional diagnosis and a differential diagnosis on the basis of the clinical evidence</li> <li>Institutes an appropriate investigative plan</li> <li>Institutes an appropriate therapeutic plan</li> <li>Seeks appropriate support from others</li> <li>Takes account of the patient's wishes</li> </ul> <p><b>2</b> In a difficult clinical case:</p> <ul style="list-style-type: none"> <li>Develops a provisional diagnosis and a differential diagnosis on the basis of the clinical evidence</li> <li>Institutes an appropriate investigative plan</li> <li>Institutes an appropriate therapeutic plan</li> <li>Seeks appropriate support from others</li> <li>Takes account of the patient's wishes</li> </ul> <p><b>3</b> In a complex, non-emergency case:</p> <ul style="list-style-type: none"> <li>Develops a provisional diagnosis and a differential diagnosis on the basis of the clinical evidence</li> <li>Institutes an appropriate investigative plan</li> <li>Institutes an appropriate therapeutic plan</li> <li>Seeks appropriate support from others</li> <li>Takes account of the patient's wishes</li> </ul> <p><b>4</b> In an emergency situation:</p> <ul style="list-style-type: none"> <li>Assesses quickly and formulates diagnosis, investigative plan, and urgent treatment</li> <li>Seeks assistance and help from others</li> <li>In making decision, takes into account any background information, underlying illness etc</li> </ul> |                          |     |

## 6. The Patient as Central Focus of Care

**To provide patient with health information effectively and honestly**

**To help patients to make informed decision of their treatment options and care plans and to carry them out effectively**

| <b>Knowledge</b>   | <b>Assessment Methods</b> | <b>GMP</b> |
|--|---------------------------|------------|
| Outlines health needs and care plans of individual patient, taking into consideration their culture and belief which may also influence the way they present   | mini-CEX, MSF             | 1          |
| <b>Skills</b>  |                           |            |
| Gives adequate time for patients to express ideas, concerns and expectations   | mini-CEX, MSF             | 1,3,4      |
| Responds to questions honestly and seek advice if unable to answer   | mini-CEX, MSF             | 3          |
| Speaks at a level which the patient can understand easily  | mini-CEX, MSF             | 3          |
| Encourages the health care team to adopt a holistic approach and to respect the philosophy of patient focused care   | mini-CEX, MSF             | 3          |
| Aware of the importance of developing a self-management plan using an individual care plan   | mini-CEX, MSF             | 3,4        |
| Supports patients and carers where relevant to work in partnership with health care professionals to implement management  | mini-CEX, MSF             | 3,4        |
| Informs patient of treatment options so as to empower the patient to make an informed decision of their care   | mini-CEX, MSF             | 3,4        |
| <b>Behaviours</b>  |                           |            |
| Supports patient self-management   | mini-CEX, MSF             | 3          |
| Recognises the duty of the medical professional to act as patient advocate   | mini-CEX, MSF             | 3,4        |
| <b>Level Descriptor</b>  |                           |            |
| <p><b>1</b> Listens to patient's concerns<br/>           Gives honest advice in a way the patient can understand easily<br/>           Seeks information and help from others for any uncertainty</p> <p><b>2</b> Increasingly able to discuss with patients the range of treatment options available for most common conditions and the risks and benefits of each option<br/>           Encourages and assists the patient to develop self management plan</p> <p><b>3</b> Knows the range of treatment options available for most common conditions, specific renal conditions and options for renal replacement therapy including home dialysis.<br/>           Able to inform and guide the patients in a honest, unbiased way<br/>           Able to review treatment plan and to explore with patients and carers any difficulties which may need attention</p> |                           |            |

## 7. Prioritisation of Patient Safety in Clinical Practice

To understand that patient safety depends on the organisation of care and health care staff working well together

To never compromise patient safety

To understand the risks of treatments and to discuss these honestly and openly with patients so that patients are able to make decisions about risks

To ensure that all staff are aware of risks and work together to minimise risk

| Knowledge   | Assessment Methods | GMP |
|---|--------------------|-----|
| Outlines the features of a safe working environment   | CbD, mini-CEX      | 1   |
| Understands that safe working practice relates to personal, clinical and organisational settings  | CbD, mini-CEX      | 1   |
| Outlines local procedures for optimal practice e.g. safe prescribing  | CbD, mini-CEX      | 1   |
| Recalls the importance of risk assessment and management  | CbD, mini-CEX      | 1   |
| Recalls side effects and contraindications of medications prescribed  | CbD, mini-CEX      | 1   |
| Outlines the hazards of medical equipment in common use   | CbD, mini-CEX      | 1   |
| Skills  |                    |     |
| Recognises when a patient is not responding to treatment, reassesses the situation, and encourages others to do so  | DOPS, MSF          | 1,3 |
| Recognises and responds to the manifestations of a patient's deterioration (symptoms, signs, observations, and laboratory results) and supports other members of the team to act similarly  | DOPS, MSF          | 1,3 |
| Responds appropriately to a significant event, or near incident, to encourage improvement in practice of individual and unit  | DOPS, MSF          | 1,3 |
| Improves patients' and colleagues' understanding of the side effects and contraindications of therapeutic intervention  | DOPS, MSF          | 1   |
| Uses of medical equipment safely, and reports faulty equipment reported appropriately   | DOPS, MSF          | 1,2 |
| Behaviours  |                    |     |
| Continues to maintain a high level of safety awareness and consciousness at all times   | DOPS, MSF          | 2   |
| Encourages feedback from all members of the team on safety issues   | DOPS, MSF          | 3   |
| Shows willingness to take action when concerns are raised about performance of members of the healthcare team, and acts appropriately when these concerns are voiced by others  | DOPS, MSF          | 3   |
| Continues to be aware of own limitations, and operates competently within them  | DOPS, MSF          | 1   |
| Level Descriptor  |                    |     |
| <p><b>1</b> Discusses risks of treatments with patients and is able to help patients make decisions about their treatment</p> <p>Does not hurry patients into decisions</p> <p>Promotes patients safety to more junior colleagues</p> <p>Always ensures the safe use of equipment</p> <p>Follows guidelines unless there is a clear reason for doing otherwise</p> <p>Acts promptly when a patient's condition deteriorates</p> |                    |     |

Recognises untoward or significant events and always reports these  
Leads discussion of causes of clinical incidents with staff and enables them to reflect on the causes  
Able to undertake a root cause analysis

- 2** Demonstrates ability to take part in a team discussion on risk assessment and risk management and to take part in work with the wider team to make organisational changes that will reduce risk and improve safety
- 3** Able to assess the risks across the system of care and to work with colleagues from different department or sectors to ensure safety across the health care system.
- 4** Shows support for junior colleagues who are involved in untoward events  
Is fastidious about following safety protocols and encourages junior colleagues to do the same  
Takes part in discussion of clinical incidents and reflects on causes



## 8. Team Working and Patient Safety

**To develop the ability to work well in a variety of different teams – for example the ward team and the infection control team - and to contribute to discussion on the team’s role in patient safety  
To develop the leadership skills necessary to lead teams so that they are more effective and able to deliver better safer care**

|  | Assessment Methods   | GMP   |
|--|--|-------|
| <b>Knowledge</b>   |  |       |
| Knows the importance of effective collaboration  | CbD  | 1     |
| Describes the roles and responsibilities of members of the healthcare team   | CbD  | 1     |
| Outlines potential factors which might adversely affecting a doctor's performance and resources available to rectify these   | CbD  | 1     |
| <b>Skills</b>  |  |       |
| Practices with attention to the important steps of providing good continuity of care   | Mini-CEX, CbD  | 1,3,4 |
| Practices accurate, attributable note-keeping  | Mini-CEX, CbD  | 1     |
| Prepares patient lists with clarification of problems and ongoing care plan  | Mini-CEX, CbD, MSF   | 1     |
| Demonstrates contributions in the following areas: <ul style="list-style-type: none"> <li>• Education and training</li> <li>• Assessment of colleagues performance (e.g. stress, fatigue)</li> <li>• High quality care</li> <li>• Effective handover of care between shifts and teams</li> </ul> | Mini-CEX, CbD, MSF   | 1,2,3 |
| Actively participates in interdisciplinary team meetings   | Mini-CEX, CbD  | 3     |
| Provides appropriate supervision to less experienced colleagues  | Mini-CEX, CbD, MSF   | 3     |
| <b>Behaviours</b>  |  |       |
| Encourages an open environment to foster concerns and issues about the functioning and safety of team working  | CbD, MSF   | 3     |
| Recognises and respects the request for a second opinion   | CbD, MSF   | 3     |
| Recognises the importance of induction for new members of a team   | CbD, MSF   | 3     |
| Recognises the importance of prompt and accurate information-sharing with Primary Care team or other appropriate agencies following hospital discharge   | CbD, MSF   | 3     |
| Encourages input into patient care from the wider multidisciplinary team and recognises the contribution from their different skills   | CbD, MSF   |       |
| <b>Level Descriptor</b>  |  |       |
| <b>1</b>   | <p>Demonstrates awareness of own contribution to patient care within a team and is able to outline the roles of other team members</p> <p>Keeps records up-to-date and legible and relevant to the safe progress of the patient</p> <p>Hands over care in a timely and effective manner. Demonstrates ability to convey to patients after a handover of care that although there is a different team, the care is continuous</p> <p>Takes part in multi-disciplinary team meetings allowing all voices to be heard and considered.</p> <p>Fosters an atmosphere of collaboration</p> |       |
| <b>2</b>   | <p>Demonstrates ability to discuss problems within a team to senior colleagues</p> <p>Provides an analysis and plan for change</p>   |       |

Demonstrates ability to work with the virtual team to develop the ability to work well in a variety of different teams – for example the ward team and the infection control team - and to contribute to discussion on the team's role in patient safety

Develops the leadership skills necessary to lead teams so that they are more effective and able to deliver better safer care

- 3** Demonstrates awareness of own contribution to patient safety within a team and is able to outline the roles of other team members

Keeps records up-to-date and legible and relevant to the safe progress of the patient

Hands over care in a timely and effective manner. Demonstrates ability to convey to patients after a handover of care that although there is a different team, the care is continuous

- 4** Leads multi-disciplinary team meetings allowing all voices to be heard and considered. Fosters an atmosphere of collaboration

Demonstrates ability to discuss problems within a team to senior colleagues

Provides an analysis and plan for change

Demonstrates ability to work with the virtual team

## 9. Principles of Quality and Safety Improvement

**To recognise the desirability of monitoring performance, learning from mistakes and adopting no blame culture in order to ensure high standards of care and optimise patient safety**

| <b>Knowledge</b>   | <b>Assessment Methods</b> | <b>GMP</b> |
|--|---------------------------|------------|
| Understands the elements of clinical governance  | CbD                       | 1          |
| Recognises that governance safeguards high standards of care and facilitates the development of improved clinical services   | CbD                       | 1,2        |
| Aware of local and national significant event reporting systems relevant to specialty  | CbD                       | 1          |
| Recognises importance of evidence-based practice in relation to clinical effectiveness   | CbD                       | 1          |
| Understands local health and safety protocols (fire, manual handling etc)  | CbD                       | 1          |
| Understands risk associated with the trainee's specialty work including biohazards and mechanisms to reduce risk   | CbD                       | 1          |
| Outlines the use of patient early warning systems to detect clinical deterioration where relevant to the trainee's clinical specialty  | CbD                       | 1          |
| Keeps abreast of national patient safety initiatives including National Patient Safety Agency , NCEPOD reports, NICE guidelines etc  | CbD                       | 1          |
| <b>Skills</b>  |                           |            |
| Adopts strategies to reduce risk   | CbD, DOPS, MSF            | 1,2        |
| Assesses and analyse situations, services and facilities in order to minimise risk to patients and the public  | CbD, DOPS, MSF            | 1,2        |
| Contributes to quality improvement processes e.g:  | CbD, DOPS, MSF            | 2          |
| <ul style="list-style-type: none"> <li>• Audit of personal and departmental/directorate/practice performance</li> <li>• Errors / discrepancy meetings</li> <li>• Critical incident and near miss reporting</li> <li>• Unit morbidity and mortality meetings</li> <li>• Local and national databases</li> </ul> | CbD, DOPS, MSF            | 1          |
| Maintains a portfolio of information and evidence, drawn from own medical practice   | CbD, DOPS, MSF            | 1          |
| Reflects regularly on own standards of medical practice in accordance with GMC guidance on licensing and revalidation  | CbD, DOPS, MSF            | 1,2,3,4    |
| <b>Behaviours</b>  |                           |            |
| Shows willingness to participate in safety improvement strategies such as critical incident reporting  | CbD, DOPS, MSF            | 1,2        |
| Engages with an open no blame culture  | CbD, DOPS, MSF            | 3          |
| Responds positively to outcomes of audit and quality improvement   | CbD, DOPS, MSF            | 1,2        |
| Co-operates with changes necessary to improve service quality and safety   | CbD, DOPS, MSF            | 3          |
| <b>Level Descriptor</b>  |                           |            |

- 1** Understands that clinical governance is the over-arching framework that unites a range of quality improvement activities. This safeguards high standards of care and facilitates the development of improved clinical services  
Maintains personal portfolio
- 2** Able to define key elements of clinical governance  
Engages in audit
- 3** Demonstrates personal and service performance  
Designs audit protocols and completes audit loop
- 4** Engages in review of patient safety issues  
Engages in the Implementation of change to improve service  
Engages and guides others to embrace governance

## 10. Infection and Infection Control

**To develop the ability to diagnose, investigate and treat bacterial, viral and opportunistic infections in patients with all forms of kidney disease irrespective of the mode of RRT**

**To manage and control infection in patients, including controlling the risk of cross-infection, appropriately managing infection in individual patients, and working appropriately within the wider community to manage the risk posed by communicable diseases**

| Knowledge  | Assessment Methods  | GMP |
|--|---------------------|-----|
| Understand the principles of infection control as defined by the GMC   | CbD, mini-CEX       | 1   |
| Understands the principles of preventing infection in high risk groups (e.g. managing antibiotic use to prevent Clostridium difficile) including understanding the local antibiotic prescribing policy | CbD, mini-CEX       | 1   |
| Describe the opportunistic infection risk in an immunosuppressed patient   | CbD, mini-CEX       | 1   |
| Recall the causes and complications of dialysis line and peritoneal catheter sepsis  | CbD, mini-CEX       | 1   |
| Recalls strategies to prevent transmission for treatment of blood borne viral infections in CKD, dialysis and transplant patients  | CbD, mini-CEX       | 1   |
| Knows recommendations for vaccination in CKD, dialysis and transplant patients   | CbD, mini-CEX       | 1   |
| Understands the role of Notification within the UK and identifies the principle notifiable diseases for UK and international purposes  | CbD, mini-CEX       | 1   |
| Understands the role of the Health Protection Agency and Consultants in Health Protection (previously Consultants in Communicable Disease Control – CCDC)  | CbD, mini-CEX       | 1   |
| Understands the role of the local authority in relation to infection control   | CbD, mini-CEX       | 1   |
| Skills   |                     |     |
| Recognises the potential for infection in patients with kidney diseases  | ACAT, mini-CEX, CbD | 1   |
| Assesses, appropriately investigates and treats infections in patients with acute and chronic kidney disease, patients on dialysis and transplant patients   | ACAT, mini-CEX, CbD | 1   |
| Recognises potential for cross-infection in clinical settings  | ACAT, mini-CEX, CbD | 1   |
| Practices aseptic technique whenever relevant  | ACAT, mini-CEX, CbD | 1   |
| Manages dialysis related line sepsis   | ACAT, mini-CEX, CbD | 1   |
| Assesses, appropriately investigates and treats infection including opportunistic infection in the immunosuppressed patient. Adjusts immunosuppressive therapy accordingly                             | ACAT, mini-CEX, CbD | 1   |
| Counsel patients on matters of infection risk, transmission and control  | ACAT, mini-CEX, CbD | 1,3 |
| Actively engage in local infection control procedures  | ACAT, mini-CEX, CbD | 1   |
| Actively engages in local infection control monitoring and reporting   | ACAT, mini-CEX,     | 1   |

|   |   |     |
|---|---|-----|
| processes   | CbD   |     |
| Prescribes antibiotics according to local antibiotic guidelines   | ACAT, mini-CEX, CbD   | 1   |
| Able to counsel patients about vaccination requirements and travel recommendations  | mini-CEX, CbD   | 1,3 |
| <b>Behaviours</b>   |   |     |
| Encourages all staff, patients and relatives to observe infection control principles  | ACAT, MSF   | 1,3 |
| Explains the risk of bacterial, viral and opportunistic infection to patients and carers and understands the potential impact on home dialysis patients | ACAT, MSF   | 1,3 |
| <b>Level Descriptor</b>   |   |     |
| <b>1</b>  | <p>Always follows local infection control protocols, including washing hands before and after seeing all patients</p> <p>Is able to explain infection control protocols to students and to patients and their relatives</p> <p>Aware of infections of concern, including MRSA and C difficile</p> <p>Aware of the risks of nosocomial infections</p> <p>Understands the links between antibiotic prescription and the development of nosocomial infections</p> <p>Always discusses antibiotic use with a more senior colleague</p>  |     |
| <b>2</b>  | <p>Demonstrates ability to perform simple clinical procedures utilising aseptic technique</p> <p>Manages simple common infections in patients using first-line treatments</p> <p>Communicates effectively to the patient the need for treatment and any prevention messages to prevent re-infection or spread</p> <p>Liaises with diagnostic departments in relation to appropriate investigations and tests</p>  |     |
| <b>3</b>  | <p>Demonstrates an ability to perform more complex clinical procedures whilst maintaining aseptic technique throughout</p> <p>Identifies potential for infection amongst high-risk patients obtaining appropriate investigations and considering the use of second line therapies</p> <p>Communicates effectively with patients and their relatives with regard to the infection, the need for treatment and any associated risks of therapy</p> <p>Works effectively with diagnostic departments in relation to identifying appropriate investigations and monitoring therapy</p> <p>Works in collaboration with external agencies in relation to reporting common notifiable diseases, and collaborating over any appropriate investigation or management</p>   |     |
| <b>4</b>  | <p>Demonstrates an ability to perform most complex clinical procedures whilst maintaining full aseptic precautions, including those procedures which require multiple staff in order to perform the procedure satisfactorily</p> <p>Identifies the possibility of unusual and uncommon infections and the potential for atypical presentation of more frequent infections. Effectively manages these cases with potential use of tertiary treatments being undertaken in collaboration with infection control specialists</p> <p>Works in collaboration with diagnostic departments to investigate and manage the most complex types of infection including those potentially requiring isolation facilities</p> <p>Works in collaboration with external agencies to manage the potential for infection control within the wider community including communicating effectively with the general public and liaising with regional and national bodies where appropriate</p> |     |

## 11. Health Promotion and Public Health

**To develop the ability to work with individuals and communities to reduce levels of ill health, remove inequalities in healthcare provision and improve the general health of a community**

| <b>Knowledge</b>   | <b>Assessment Methods</b> | <b>GMP</b> |
|--|---------------------------|------------|
| Understands the factors which influence the incidence and prevalence of common conditions  | ACAT, CbD, mini-CEX       | 1          |
| Understands the factors which influence health and illness – psychological, biological, social, cultural and economic especially poverty   | ACAT, CbD, mini-CEX       | 1          |
| Understands the influence of lifestyle on health and the factors that influence an individual to change their lifestyle  | ACAT, CbD, mini-CEX       | 1          |
| Understands the influence of culture and beliefs on patients' perceptions of health  | ACAT, CbD, mini-CEX       | 1          |
| Understands the purpose of screening programmes and knows in outline the common programmes available within the UK   | CbD, mini-CEX             | 1          |
| Understands the positive and negative effects of screening on the individual   | CbD, mini-CEX             | 1          |
| Understands the possible positive and negative implications of health promotion activities (e.g. immunisation)   | CbD, mini-CEX             | 1          |
| Understands the relationship between the health of an individual and that of a community and vice versa  | CbD, mini-CEX             | 1          |
| Knows the key local concerns about health of communities such as smoking and obesity and the potential determinants  | ACAT, CbD, mini-CEX       | 1          |
| Understands the role of other agencies and factors, including the impact of globalisation in increasing disease and in protecting and promoting health   | ACAT, CbD, mini-CEX       | 1          |
| Demonstrates knowledge of the determinants of health worldwide and strategies to influence policy relating to health issues, including the impact of the developed world strategies on the third world | ACAT, CbD, mini-CEX       | 1          |
| Outlines the major causes of global morbidity and mortality and effective, affordable interventions to reduce these  | ACAT, CbD, mini-CEX       | 1          |
| Recalls the effect of addictive and self harming behaviours, especially substance misuse and gambling, on personal and community health and poverty  | ACAT, CbD, mini-CEX       | 1          |
| <b>Skills</b>  |                           |            |
| Identifies opportunities to prevent ill health and disease in patients   | ACAT, CbD, mini-CEX, PS   | 1,2        |
| Identifies opportunities to promote changes in lifestyle and other actions which will positively improve health and/or disease outcomes.   | ACAT, CbD, mini-CEX       | 1,2        |
| Identifies the interaction between mental, physical and social wellbeing in relation to health   | ACAT, CbD, mini-CEX       | 1          |
| Counsels patients appropriately on the benefits and risks of screening and health promotion activities   | ACAT, CbD, mini-CEX, PS   | 1,3        |
| Identifies patients' ideas, concerns and health beliefs regarding screening and health promotions programmes and is capable of appropriately responding to these                                       | CbD, mini-CEX,            | 1,3        |

|  |   |     |
|--|---|-----|
| Works collaboratively with other agencies to improve the health of communities | CbD, mini-CEX   | 1   |
| Recognises and is able to balance autonomy with social justice                 | CbD, mini-CEX   | 1,3 |
| <b>Behaviours</b>  |   |     |
| Engages in effective team-working around the improvement of health             | ACAT, CbD, MSF  | 1,3 |
| Encourages, where appropriate, screening to facilitate early intervention      | CbD   | 1   |
| <b>Level Descriptor</b>  |   |     |
| <b>1</b>   | Discusses with patients others factors which could influence their personal health<br>Maintains own health and is aware of own responsibility as a doctor for promoting healthy approach to life  |     |
| <b>2</b>   | Supports an individual in a simple health promotion activity (e.g. smoking cessation)<br>Knowledge of local public health and communicable disease networks   |     |
| <b>3</b>   | Communicates to an individual and their relatives information about the factors which influence their personal health<br>Supports small groups in a simple health promotion activity (e.g. smoking cessation)<br>Provides information to an individual about a screening programme and offers information about its risks and benefits  |     |
| <b>4</b>   | Discusses with small groups the factors that have an influence on their health and describes steps they can undertake to address these<br>Provides information to an individual about a screening programme, offering specific guidance in relation to their personal health and circumstances concerning the factors that would affect the risks and benefits of screening to them as an individual<br>Engages with local or regional initiatives to improve individual health and reduce inequalities in health between communities |     |



## 12. Principles of Medical Ethics and Confidentiality

**To know, understand and apply appropriately the principles, guidance and laws regarding medical ethics and confidentiality**

| <b>Knowledge</b>   | <b>Assessment Methods</b> | <b>GMP</b> |
|--|---------------------------|------------|
| Demonstrates knowledge of the principles of medical ethics   | CbD, mini-CEX             | 1          |
| Defines the provisions of the Data Protection Act and Freedom of Information Act   | CbD, mini-CEX             | 1          |
| Defines the role of the Caldicott Guardian within an institution and outlines the process of attaining Caldicott approval for audit or research                      | CbD, mini-CEX             | 1          |
| Outlines the procedures for seeking a patient's consent for disclosure of identifiable information   | CbD, mini-CEX             | 1          |
| Outlines situations where patient consent, while desirable, is not required for disclosure e.g. communicable diseases, public interest                               | CbD, mini-CEX             | 1          |
| Recalls the obligations for confidentiality following a patient's death  | CbD, mini-CEX             | 1          |
| Recognises the problems posed by disclosure in the public interest, without patient's consent  | CbD, mini-CEX             | 1          |
| Recognises the factors influencing ethical decision making: religion, moral beliefs, cultural practices  | CbD, mini-CEX             | 1          |
| Do not resuscitate: defines the standards of practice defined by the GMC when deciding to withhold or withdraw life-prolonging treatment                             | CbD, mini-CEX             | 1          |
| Outlines the principles of the Mental Capacity Act   | CbD, mini-CEX             | 1          |
| <b>Skills</b>  |                           |            |
| Uses and shares information with the highest regard for confidentiality, and encourages such behaviour in other members of the team                                  | CbD, MSF                  | 1,3        |
| Uses and promotes strategies to ensure confidentiality is maintained e.g. anonymisation  | CbD, MSF                  | 1          |
| Counsels patients on the need for information distribution to members of the immediate healthcare team   | CbD, MSF                  | 1,3        |
| Counsels patients, family, carers and advocates tactfully and effectively when making decisions about resuscitation status, and withholding or withdrawing treatment | CbD, MSF                  | 1,3,4      |
| <b>Behaviours</b>  |                           |            |
| Encourages ethical reflection in others  | CbD, MSF                  | 3          |
| Shows willingness to seek advice of peers, legal bodies, and the GMC in the event of ethical dilemmas over disclosure and confidentiality                            | CbD, MSF                  | 3          |
| Respects patient's requests for information not to be shared, unless this puts the patient, or others, at risk of harm   | CbD, MSF                  | 3,4        |
| Shows willingness to share information about their care with patients, unless they have expressed a wish not to receive such information                             | CbD, , MSF                | 3          |
| Shows willingness to seek the opinion of others when making decisions about resuscitation status, and withholding or withdrawing treatment                           | CbD, MSF                  | 3          |

### Level Descriptor

- 1** Uses and shares information with the highest regard for confidentiality adhering to the Data Protection Act and Freedom of Information Act in addition to guidance given by the GMC  
Familiarity with the principles of the Mental Capacity Act  
Participates in decisions about resuscitation status and withholding or withdrawing treatment
- 2** Counsels patients on the need for information distribution within members of the immediate healthcare team and seek patients' consent for disclosure of identifiable information
- 3** Defines the role of the Caldicott Guardian within an institution, and outlines the process of attaining Caldicott approval for audit or research
- 4** Able to assume a full role in making and implementing decisions about resuscitation status and withholding or withdrawing treatment

### 13. Valid Consent

| <b>To obtain valid consent from the patient</b>   |   |            |
|---|---|------------|
| <b>Knowledge</b>  | <b>Assessment Methods</b>   | <b>GMP</b> |
| Outlines the guidance given by the GMC on consent, in particular:   |   |            |
| <ul style="list-style-type: none"> <li>Understands that consent is a process that may culminate in, but is not limited to, the completion of a consent form</li> </ul>  | CbD   | 1          |
| <ul style="list-style-type: none"> <li>Understands the particular importance of considering the patient's level of understanding and mental state (and also that of the parents, relatives or carers when appropriate) and how this may impair their capacity for informed consent</li> </ul> | CbD   | 1,3        |
| <b>Skills</b>   |   |            |
| Presents all information to patients (and carers) in a format they understand, allowing time for reflection on the decision to give consent   | CbD, DOPS, MSF  | 1,3        |
| Provides a balanced view of all care options  | CbD, MSF  | 1,3        |
| <b>Behaviours</b>   |   |            |
| Respects a patient's rights of autonomy even in situations where their decision might put them at risk of harm  | CbD, MSF  | 1,3,4      |
| Avoids exceeding the scope of authority given by a patient  | CbD, MSF  | 4          |
| Avoids withholding information relevant to proposed care or treatment in a competent adult  | CbD, MSF  | 3          |
| Shows willingness to seek advance directives  | CbD, MSF  | 3          |
| Shows willingness to obtain a second opinion, senior opinion, and legal advice in difficult situations of consent or capacity   | CbD, MSF  | 3,4        |
| Informs a patient and seeks alternative care where personal, moral or religious belief prevents a usual professional action   | CbD, MSF  | 1,3        |
| <b>Level Descriptor</b>   |   |            |
| <b>1</b>  | Obtains consent for straightforward treatments with appropriate regard for patient's autonomy               |            |
| <b>2</b>  | Able to explain complex treatments meaningfully in layman's terms and thereby to obtain appropriate consent |            |
| <b>3</b>  | Obtains consent in "grey-area" situations where the best option for the patient is not clear                |            |
| <b>4</b>  | Obtains consent in all situations even when there are problems of communication and capacity                |            |

## 14. Legal Framework for Practice

| <b>To understand the legal framework within which healthcare is provided in the UK and/or devolved administrations in order to ensure that personal clinical practice is always provided in line with this legal framework</b>   |                           |            |
|--|---------------------------|------------|
| <b>Knowledge</b>   | <b>Assessment Methods</b> | <b>GMP</b> |
| All decisions and actions must be in the best interests of the patient   | ACAT, CbD, mini-CEX       | 1          |
| Understands the legislative framework within which healthcare is provided in the UK and/or devolved administrations, in particular death certification and the role of the Coroner/Procurator Fiscal; child protection legislation; mental health legislation (including powers to detain a patient and giving emergency treatment against a patient's will under common law); advanced directives and living Wills; withdrawing and withholding treatment; decisions regarding resuscitation of patients; surrogate decision making; organ donation and retention; communicable disease notification; medical risk and driving; Data Protection and Freedom of Information Acts; provision of continuing care and community nursing care by a local authorities | ACAT, CbD, mini-CEX       | 1,2        |
| Understands that there are differences between health related legislation in the four countries of the UK  | CbD                       | 1          |
| Understands sources of medical legal information   | ACAT, CbD, mini-CEX       | 1          |
| Understands disciplinary processes in relation to medical malpractice  | ACAT, CbD, mini-CEX, MSF  | 1          |
| Understands the role of the medical practitioner in relation to personal health and substance misuse, including understanding the procedure to be followed when such abuse is suspected  | ACAT, CbD, mini-CEX, MSF  | 1          |
| <b>Skills</b>  |                           |            |
| Ability to cooperate with other agencies with regard to legal requirements, including reporting to the Coroner's/Procurator Officer, the Police or the proper officer of the local authority in relevant circumstances   | ACAT, CbD, mini-CEX       | 1          |
| Ability to prepare appropriate medical legal statements for submission to the Coroner's Court, Procurator Fiscal, Fatal Accident Inquiry and other legal proceedings   | CbD, MSF                  | 1          |
| Is prepared to present such material in Court  | CbD, mini-CEX             | 1          |
| Incorporates legal principles into day-to-day practice   | ACAT, CbD, mini-CEX       | 1          |
| Practices and promotes accurate documentation within clinical practice   | ACAT, CbD, mini-CEX       | 1,3        |
| <b>Behaviour</b>   |                           |            |
| Shows willingness to seek advice from the employer, appropriate legal bodies (including defence societies), and the GMC on medico-legal matters  | CbD, mini-CEX, MSF        | 1          |
| Promotes informed reflection on legal issues by members of the team; all decisions and actions must be in the best interests of the patient  | CbD, mini-CEX, MSF        | 1,3        |

## Level Descriptor

- 1** Knows the legal framework associated with medical qualification and medical practice and the responsibilities of registration with the GMC  
Knows the limits to professional capabilities, particularly those of pre-registration doctors  
Identifies to Senior Team Members cases which should be reported to external bodies and where appropriate, and initiates that report
- 2** Identifies with Senior Members of the Clinical Team situations where you feel consideration of medical legal matters may be of benefit; is aware of local Trust procedures around substance abuse and clinical malpractice  
Works with external strategy bodies around cases that should be reported to them; collaborates with them on complex cases preparing brief statements and reports as required
- 3** Actively promotes discussion on medico-legal aspects of cases within the clinical environment  
Participates in decision making with regard to resuscitation decisions and around decisions related to driving, discussing the issues openly but sensitively with patients and relatives  
Works with external strategy bodies around cases that should be reported to them; collaborates with them on complex cases providing full medical legal statements as required and present material in court where necessary
- 4** Leads the clinical team in ensuring that medico-legal factors are considered openly and consistently wherever appropriate, in the care and best interests of the patient; ensures that patients and relatives are involved openly in all such decisions

## 15. Ethical Research

**To understand the value and purpose of medical research and to develop the skills required to critically assess research evidence**

**To maintain an interest in research findings or engaging or participating in research activities**

| <b>Knowledge</b>   | <b>Assessment Methods</b> | <b>GMP</b> |
|--|---------------------------|------------|
| Outline the GMC guidance on good practice in research  | CbD                       | 1          |
| Outline the differences between audit and research   | CbD                       | 1          |
| Describe how clinical guidelines are produced  | CbD                       | 1          |
| Demonstrate a knowledge of research principles including an understanding of the Declaration of Helsinki and the principles of the Human Tissue Act                                  | CbD                       | 1          |
| Outline the principles of formulating a research question and designing a project  | CbD                       | 1          |
| Comprehend principal qualitative, quantitative, bio-statistical and epidemiological research methods   | CbD                       | 1          |
| Outline sources of research funding  | CbD                       | 1          |
| Outline the legal frameworks governing NHS - including data handling , storage of human tissue etc   | CbD                       | 1          |
| Understands the journey of evidence from the Laboratory to the Clinic (Evidence/Translation and implementation of Research findings)   | CbD                       | 1          |
| <b>Skills</b>  |                           |            |
| Undertakes a Good Clinical Practise Guideline Course and obtains a Certificate of Achievement  | CbD, MSF                  | 1,2        |
| Develops critical appraisal skills and applies these when reading literature   | CbD, , MSF                | 1          |
| Demonstrates the ability to write a scientific paper   | CbD, MSF                  | 1          |
| Applies for appropriate ethical research approval  | CbD, MSF                  | 1          |
| Demonstrates the use of literature databases   | CbD, MSF                  | 1          |
| Demonstrates good verbal and written presentations skills  | CbD, MSF                  | 1          |
| Understands the difference between population-based assessment and unit-based studies and is able to evaluate outcomes for epidemiological work                                      | CbD, MSF                  | 1          |
| Analysis of simple data  | CbD,                      | 1          |
| <b>Behaviours</b>  |                           |            |
| Recognises the ethical responsibilities in conducting research with honesty and integrity, safeguarding the interests of the patient and obtaining ethical approval when appropriate | CbD, MSF                  | 1          |
| Follows guidelines on ethical conduct in research and consent for research   | CbD, MSF                  | 1          |
| Shows willingness to the promotion of involvement in research  | CbD, MSF                  | 1          |
| Aware of responsibility to update records required for research projects   | CbD, , MSF                | 1          |
| <b>Level Descriptor</b>  |                           |            |

- 1** Defines ethical research and demonstrates awareness of GMC guidelines  
Differentiates audit and research and understands the different types of research approach e.g. qualitative and quantitative  
Knows how to use databases
- 2** Demonstrates good presentation and writing skills  
Demonstrates critical appraisal skills and demonstrates ability to critically appraise a published paper
- 3** Demonstrates ability to apply for appropriate ethical research approval  
Demonstrates knowledge of research organisation and funding sources  
Demonstrates ability to write a scientific paper
- 4** Provides leadership in research  
Promotes research activity  
Formulates and develops research pathways

## 16. Managing Long-Term Conditions and Promoting Patient Self-Care

| <b>To work with patients and use their expertise to manage their condition collaboratively and in partnership, with mutual benefit</b>                            |                           |            |
|---|---------------------------|------------|
| <b>Knowledge</b>  | <b>Assessment Methods</b> | <b>GMP</b> |
| Describes the natural history of diseases that run a chronic course   | CbD                       | 1          |
| Defines the role of rehabilitation services and the multi-disciplinary team to facilitate long-term care  | CbD                       | 1          |
| Outlines the concept of quality of life and how this can be measured  | CbD                       | 1          |
| Outlines the concept of patient self-care   | CbD                       | 1          |
| Knows, understands and is able to compare medical and social models of disability   | CbD                       | 1          |
| Understands the relationship between local health, educational and social service provision, including the voluntary sector                                       | CbD                       | 1          |
| <b>Skills</b>   |                           |            |
| Develops and agrees on a management plan with the patient (and carers), ensuring comprehension to maximise self-care within care pathways when relevant           | DOPS, MSF                 | 1,3        |
| Develops and sustains supportive relationships with patients with whom care will be prolonged   | DOPS, MSF                 | 1,4        |
| Provides effective patient education, with the support of the multi-disciplinary team   | DOPS, MSF                 | 1,3,4      |
| Promotes and encourages involvement of patients in appropriate support networks, both to receive support and to give support to others                            | DOPS, MSF                 | 1,3        |
| Encourages and supports patients in accessing appropriate information   | DOPS, MSF                 | 1,3        |
| Where possible, provides the relevant and evidence-based information in an appropriate medium to enable sufficient choice   | DOPS, MSF                 | 1,3        |
| <b>Behaviours</b>   |                           |            |
| Shows willingness to act as a patient advocate  | DOPS, MSF                 | 3,4        |
| Recognises the impact of long term conditions on the patient, family and friends  | DOPS, MSF                 | 1          |
| Recognises that some patient with kidney disease, dialysis and transplant develop depression. Treats and refers appropriately to Psychologists and Psychiatrists. | DOPS, MSF                 | 1,3,4      |
| Recognises and respects the role of family, friends and carers in the management of the patient with a long term condition  | DOPS, MSF                 | 1          |
| Shows willingness to maintain a close working relationship with other members of the multi-disciplinary team, primary and community care                          | DOPS, MSF                 | 1,3,4      |
| Shows willingness to facilitate access to the appropriate training and skills in order to develop the patient's confidence and competence to self care            | DOPS, MSF                 | 1,3        |
| Ensures equipment and devices relevant to the patient's care are discussed  | DOPS, MSF                 | 1,3,4      |



|  |           |       |
|--|-----------|-------|
| Puts patients in touch with the relevant agency, including the voluntary sector from where they can procure the items as appropriate | DOPS, MSF | 1,3   |
| Provides the relevant tools and devices when possible  | DOPS, MSF | 1,3,4 |

**Level Descriptor**

- 1** Describes relevant long term conditions
  - Understands that “quality of life” is an important goal of care and that this may have different meanings for each patient
  - Is aware of the need for promotion of patient self care and independence
  - Helps the patient to develop an active understanding of their condition and how they can be involved in self management
- 2** Demonstrates awareness of management of relevant long term conditions
  - Is aware of the tools and devices that can be used in long term conditions
  - Is aware of external agencies that can improve patient care and/or provide support
  - Provides the patient with evidence based information and assists the patient in understanding this material; utilises the team to promote excellent patient care
- 3** Develops management plans in partnership with the patient that are pertinent to the patient’s long term condition
  - Can use relevant tools and devices in improving patient care
  - Engages with relevant external agencies to promote improving patient care
- 4** Provides leadership within the multidisciplinary team that is responsible for management of patients with long term conditions
  - Helps the patient develop and strengthen networks

## 17. Evidence and Guidelines

**To progressively develop the ability to make the optimal use of current best evidence in making decisions about the care of patients**

**To progressively develop the ability to construct evidence based guidelines in relation to medical practice**

| <b>Knowledge</b>   | <b>Assessment Methods</b> | <b>GMP</b> |
|--|---------------------------|------------|
| Understands of the application of statistics in scientific medical practice  | CbD, MSF                  | 1          |
| Understands the advantages and disadvantages of different study methodologies (randomised control trials, case controlled cohort etc)                | CbD, MSF                  | 1          |
| Understands the principles of critical appraisal   | CbD, MSF                  | 1          |
| Understands levels of evidence and quality of evidence   | CbD, MSF                  | 1          |
| Understands the role and limitations of evidence in the development of clinical guidelines and protocols   | CbD, MSF                  | 1          |
| Understands the advantages and disadvantages of guidelines and protocols   | CbD, MSF                  | 1          |
| Understands the processes that result in nationally applicable guidelines (e.g. NICE and SIGN)   | CbD, MSF                  | 1          |
| <b>Skills</b>  |                           |            |
| Ability to search the medical literature including use of PubMed, Medline, Cochrane reviews and the internet   | CbD                       | 1          |
| Appraises retrieved evidence to address a clinical question  | CbD                       | 1          |
| Applies conclusions from critical appraisal into clinical care   | CbD                       | 1          |
| Identifies the limitations of research   | CbD                       | 1          |
| Recognises the importance of review and updating of local (and national) guidelines of good practice using the principles of evidence based medicine | CbD                       | 1          |
| <b>Behaviours</b>  |                           |            |
| Keeps up to date with national reviews and guidelines of practice (e.g. NICE and SIGN)   | CbD, DOPS, MSF            | 1          |
| Aims for best clinical practice (clinical effectiveness) at all times, responding to evidence-based medicine   | CbD, DOPS, MSF            | 1          |
| Recognises the occasional need to practise outside clinical guidelines   | CbD, DOPS, MSF            | 1          |
| Encourages discussion amongst colleagues on evidence-based practice  | CbD, DOPS, MSF            | 1          |
| <b>Level Descriptor</b>  |                           |            |
| <b>1</b> Participates in a departmental or other local journal club<br>Critically reviews an article to identify the level of evidence               |                           |            |
| <b>2</b> Leads a departmental or other local journal club<br>Undertakes a literature review in relation to a clinical problem or topic               |                           |            |
| <b>3</b> Produces a review article on a clinical topic, having reviewed and appraised the relevant literature  |                           |            |
| <b>4</b> Performs a systematic review of the medical literature<br>Contributes to the development of local or national clinical guidelines           |                           |            |

## 18. Audit

| <b>To develop the ability to perform an audit of clinical practice and to apply the findings appropriately and complete the audit cycle</b>            |  |            |
|--|--|------------|
| <b>Knowledge</b>   | <b>Assessment Methods</b>  | <b>GMP</b> |
| Understands the different methods of obtaining data for audit, including patient feedback questionnaires, hospital sources and national reference data | AA, CbD  | 1          |
| Understands the role of audit (improving patient care and services, risk management etc)   | AA, CbD  | 1          |
| Understands the steps involved in completing the audit cycle   | AA, CbD  | 1          |
| Understands the working and uses of national and local databases used for audit, such as specialty data collection systems, renal registries etc;      | AA, CbD  | 1          |
| Understands the working and uses of local and national systems available for reporting and learning from clinical incidents and near misses in the UK  |  |            |
| <b>Skills</b>  |  |            |
| Designs, implements and completes audit cycles   | AA, CbD  | 1,2        |
| Contributes to local and national audit projects as appropriate (e.g. Renal Registry, NCEPOD, SASM)  | AA, CbD  | 1,2        |
| Supports audit by junior medical trainees and within the multi-disciplinary team   | AA, CbD  | 1,2        |
| <b>Behaviours</b>  |  |            |
| Recognises the need for audit in clinical practice to promote standard setting and quality assurance   | AA, CbD  | 1,2        |
| <b>Level Descriptor</b>  |  |            |
| <b>1</b>   | Attendance at departmental audit meetings<br>Contributes data to a local or national audit<br>Suggests ideas for local audits  |            |
| <b>2</b>   | Identifies a problem and develop standards for a local audit<br>Describes the PDSA (plan, do, study, act) audit cycle and takes an audit through the first steps<br>Compares the results of an audit with criteria and standards to reach conclusions        |            |
| <b>3</b>   | Uses the findings of an audit to develop and implement change<br>Organises or leads a departmental audit meeting<br>Understands the links between audit and quality improvement  |            |
| <b>4</b>   | Leads a complete clinical audit cycle, including development of conclusions, the changes needed for improvement, implementation of findings and re-audit to assess the effectiveness of the changes<br>Becomes audit lead for an institution or organisation |            |

## 19. Relationships with Patients and Communication within a Consultation

| <b>To communicate effectively and sensitively with patients, relatives and carers</b>   |   |            |
|---|---|------------|
| <b>Knowledge</b>  | <b>Assessment Methods</b>   | <b>GMP</b> |
| Is able to structure an interview appropriately   | CbD   | 1          |
| Demonstrates knowledge of the importance of the patient's background, culture, education and preconceptions (ideas, concerns, expectations) to the process        | CbD   | 1          |
| <b>Skills</b>   |   |            |
| Establishes a rapport with the patient and any relevant others (e.g. carers)  | CbD, DOPS, MSF  | 1,3        |
| Listens actively in an appropriate environment and questions sensitively to guide the patient and to clarify information  | CbD, DOPS, MSF  | 1,3        |
| Identifies and manages communication barriers, tailoring language to the individual patient and using interpreters when indicated                                 | CbD, DOPS, MSF  | 1,3        |
| Delivers information compassionately, being alert to and managing both own and patient's emotional response (anxiety, antipathy etc)                              | CbD, DOPS, MSF  | 1,3,4      |
| Uses and refers patients to appropriate written and other information sources   | CbD, DOPS, MSF  | 1,3        |
| Checks the patient's/carer's understanding, ensuring that all their concerns/questions have been covered  | CbD, DOPS, MSF  | 1,3        |
| Indicates when the interview is nearing its end and concludes with a summary  | CbD, DOPS, MSF  | 1,3        |
| Makes accurate contemporaneous records of the discussion  | CbD, DOPS, MSF  | 1,3        |
| Manages follow-up effectively   |   |            |
| <b>Behaviours</b>   |   |            |
| Approaches the situation with courtesy, empathy, compassion and professionalism, and especially with appropriate body language, acting as an equal not a superior | CbD, DOPS, MSF  | 1,3,4      |
| Is willing to inform patients how to arrange a second opinion   | CbD, DOPS, MSF  | 1,3        |
| Remembers that the patient is central to the interview  | CbD, DOPS, MSF  | 1,3        |
| <b>Level Descriptor</b>   |   |            |
| <b>1</b>  | Conducts simple interviews with due empathy and sensitivity and writes accurate records thereof                     |            |
| <b>2</b>  | Conducts interviews on complex concepts satisfactorily, confirming that accurate two-way communication has occurred |            |
| <b>3</b>  | Handles communication difficulties appropriately, involving others as necessary; establishes excellent rapport      |            |
| <b>4</b>  | Shows good of patient communication in all situations, anticipating and managing any difficulties which may occur   |            |

## 20. Breaking Bad News

**To recognise the fundamental importance of breaking bad news**

**To develop strategies for skilled delivery of bad news according to the needs of individual patients and their relatives / carers**

| Knowledge  | Assessment Methods | GMP |
|--|--------------------|-----|
| How bad news is delivered irretrievably affects the subsequent relationship with the patient   | CbD                | 1   |
| Every patient may desire different levels of explanation and have different responses to bad news  | CbD                | 1,4 |
| That bad news is confidential but the patient may wish to be accompanied   | CbD                | 1   |
| Once the news is given, patients are unlikely to take anything subsequent in, so an early further appointment should be made   | CbD                |     |
| Breaking bad news can be extremely stressful for the doctor or professional involved   | CbD                | 1,3 |
| The interview at which bad news is given may be an educational opportunity   | CbD                | 1   |
| It is important to: <ul style="list-style-type: none"> <li>• Prepare for breaking bad news</li> <li>• Set aside sufficient uninterrupted time</li> <li>• Choose an appropriate private environment and ensure that there will be no unplanned disturbances</li> <li>• Have sufficient information regarding prognosis and treatment</li> <li>• Ensure the individual has appropriate support if desired</li> <li>• Structure the interview</li> <li>• Be honest, factual, realistic and empathic</li> <li>• Be aware of relevant guidance documents</li> </ul> | CbD                | 1,3 |
| 'Bad news' may be expected or unexpected and it cannot always be predicted   | CbD                | 1   |
| Sensitive communication of bad news is an essential part of professional practice  | CbD                | 1   |
| 'Bad news' has different connotations depending on the context, individual, social and cultural circumstances  | CbD                | 1   |
| That a post mortem examination may be required and understand what this involves   | CbD                | 1   |
| The local organ retrieval process  | CbD                | 1   |
| Skills   |                    |     |
| Structures the interview e.g: <ul style="list-style-type: none"> <li>• Sets the scene</li> <li>• Establishes understanding</li> <li>• Discusses diagnosis, implications, treatment, prognosis and subsequent care</li> </ul>   | CbD, DOPS, MSF     | 1,3 |
| Demonstrate to others good practice in breaking bad news   | CbD, DOPS, MSF     | 1,3 |
| Involve patients and carers in decisions regarding their future  | CbD, DOPS, MSF     | 1,3 |

|  |  |     |  |
|--|--|-----|--|
| management   |  |     |  |
| Encourage questioning and ensure comprehension                                 | CbD, DOPS, MSF   | 1,3 |  |
| Respond to verbal and visual cues from patients and relatives                  | CbD, DOPS, MSF   | 1,3 |  |
| Act with empathy, honesty and sensitivity avoiding undue optimism or pessimism | CbD, DOPS, MSF   | 1,3 |  |
| <b>Behaviours</b>  |  |     |  |
| Take leadership in breaking bad news   | CbD, DOPS, MSF   | 1,3 |  |
| Respect the different ways people react to bad news                            | CbD, DOPS, MSF   | 1,3 |  |
| <b>Level Descriptor</b>  |  |     |  |
| <b>1</b>   | Recognises when bad news must be imparted<br>Recognises the need to develop specific skills<br>Requires guidance to deal with most cases   |     |  |
| <b>2</b>   | Able to break bad news in planned settings<br>Prepares well for interview<br>Prepares patient to receive bad news<br>Responsive to patient reactions   |     |  |
| <b>3</b>   | Able to break bad news in unexpected and planned settings<br>Provides a clear structure to the interview<br>Establishes what the patient wants to know and ensures understanding<br>Able to conclude the interview |     |  |
| <b>4</b>   | Skilfully delivers bad news in any circumstance including adverse events<br>Arranges follow up as appropriate<br>Able to teach others how to break bad news  |     |  |

## 21. Complaints and Medical Error

**To recognise the causes of error and to learn from them; to realise the importance of honesty and effective apology and to take a leadership role in the handling of complaints**

| <b>Knowledge</b>   | <b>Assessment Methods</b>                     | <b>GMP</b>                      |
|--|---|---------------------------------|
| Basic consultation techniques and skills described for Foundation programme and to include:  | CbD   | 1                               |
| <ul style="list-style-type: none"> <li>• Defines the local complaints procedure</li> <li>• Recognises factors likely to lead to complaints (poor communication, dishonesty etc)</li> <li>• Adopts behaviour likely to prevent complaints</li> <li>• Deals with dissatisfied patients or relatives</li> <li>• Recognises when something has gone wrong and identifies appropriate staff to communicate this with</li> <li>• Acts with honesty and sensitivity in a non-confrontational manner</li> <li>• Outlines the principles of an effective apology</li> <li>• Identifies sources of help and support when a complaint is made about oneself or a colleague</li> </ul> | CbD<br>CbD<br>CbD<br>CbD<br>CbD<br>CbD<br>CbD | 1<br>1<br>1<br>1<br>1<br>1<br>1 |
| <b>Skills</b>  |   |                                 |
| Contributes to processes whereby complaints are reviewed and learned from  | CbD, DOPS, MSF                                | 1                               |
| Explains comprehensibly to the patient the events leading up to a medical error  | CbD, DOPS, MSF                                | 1,3                             |
| Delivers an appropriate apology  | CbD, DOPS, MSF                                | 1,3,4                           |
| Distinguishes between system and individual errors   | CbD, DOPS, MSF                                | 1                               |
| Shows an ability to learn from previous errors   | CbD, DOPS, MSF                                | 1                               |
| <b>Behaviours</b>  |   |                                 |
| Recognises own responsibility regarding complaint issues   | CbD, DOPS, MSF                                | 1                               |
| Recognises the impact of complaints and medical error on staff, patients, and the National Health Service  | CbD, DOPS, MSF                                | 1,3                             |
| Contributes to a fair and transparent culture around complaints and errors   | CbD, DOPS, MSF                                | 1                               |
| Recognises the rights of patients, family members and carers to make a complaint   | CbD, DOPS, MSF                                | 1,4                             |
| <b>Level Descriptor</b>  |   |                                 |
| <b>1</b> If an error is made, immediately rectifies it and/or reports it<br>Apologises to patient for any failure as soon as it is recognised, however small<br>Understands and describes the local complaints procedure<br>Recognises need for honesty in management of complaints<br>Responds promptly to concerns that have been raised<br>Understands the importance of an effective apology<br>Learns from errors   |   |                                 |

- 2** Manages conflict without confrontation  
Recognises and responds to the difference between system failure and individual error
- 3** Recognises and manages the effects of any complaint within members of the team
- 4** Provides timely, accurate written responses to complaints when required  
At an appropriate level, demonstrates leadership in the management of complaints



## 22. Communication with Colleagues and Cooperation

**To recognise and accept the responsibilities and role of the doctor in relation to other healthcare professionals**

**To communicate effectively with other professionals as appropriate**

| <b>Knowledge</b>  | <b>Assessment Methods</b> | <b>GMP</b> |
|---|---------------------------|------------|
| Understands the section in "Good Medical Practice" on Working with Colleagues, in particular:   | CbD                       | 1          |
| <ul style="list-style-type: none"> <li>The roles played by all members of a multi-disciplinary team</li> <li>The features of good team dynamics</li> <li>The principles of effective inter-professional collaboration to optimise patient, or population, care</li> </ul> | CbD                       |            |
| <b>Skills</b>   |                           |            |
| Communicates accurately, clearly, promptly and comprehensively with relevant colleagues by means appropriate to the urgency of a situation (telephone, email, letter etc), especially where responsibility for a patient's care is transferred                            | CbD, DOPS, MSF            | 1,3        |
| Utilises the expertise of the whole multi-disciplinary team as appropriate, ensuring when delegating responsibility that appropriate supervision is maintained  | CbD, DOPS, MSF            | 1,3        |
| Participates in and co-ordinates an effective hospital at night team when relevant  | CbD, DOPS, MSF            | 1          |
| Communicates effectively with administrative bodies and support organisations   | CbD, DOPS, MSF            | 1,3        |
| Employs behavioural management skills with colleagues to prevent and resolve conflict   | CbD, DOPS, MSF            | 1,3        |
| <b>Behaviours</b>   |                           |            |
| Is aware of the importance of, and takes part in, multi-disciplinary work, including adoption of a leadership role when appropriate   | CbD, DOPS, MSF            | 3          |
| Fosters a supportive and respectful environment where there is open and transparent communication between all team members  | CbD, DOPS, MSF            | 1,3        |
| Ensures appropriate confidentiality is maintained during communication with any member of the team  | CbD, DOPS, MSF            | 1,3,4      |
| Recognises the need for a healthy work/life balance for the whole team, including yourself, but take any leave yourself only after giving appropriate notice to ensure that cover is in place   | CbD, DOPS, MSF            | 1          |
| Recognises the manifestations of stress in self and others and knows where to look for support  | MSF                       | 1,3        |
| Is prepared to accept additional duties in situations of unavoidable and unpredictable absence of colleagues  | CbD, DOPS, MSF            | 2,3        |
| <b>Level Descriptor</b>   |                           |            |
| <b>1</b> Accepts his/her role in the healthcare team and communicates appropriately with all relevant members thereof   |                           |            |
| <b>2</b> Fully recognises the role of, and communicates appropriately with, all relevant potential team members (individual and corporate)  |                           |            |
| <b>3</b> Able to predict and manage conflict between members of the healthcare team   |                           |            |

- 4 Able to take a leadership role as appropriate, fully respecting the skills, responsibilities and viewpoints of all team members

## 23. Teaching, Training and Supervision

To progressively develop the ability to teach to a variety of different audiences in a variety of different ways

To progressively be able to assess the quality of the teaching

To progressively be able to train and supervise a variety of different trainees in a variety of different ways

To progressively be able to plan and deliver a training programme with appropriate assessments

| Knowledge   | Assessment Methods | GMP |
|---|--------------------|-----|
| Outlines adult learning principles relevant to medical education: <ul style="list-style-type: none"> <li>Aware of different learning styles</li> <li>Construction of educational objectives</li> <li>Use of effective questioning techniques</li> <li>Varying teaching format and stimulus</li> </ul> | CbD                | 1   |
| Outline the structure of the effective appraisal interview  | CbD                | 1   |
| Understands the importance of individual performance review and techniques and processes  | CbD                | 1   |
| Differentiates between appraisal, assessment and revalidation   | CbD                | 1   |
| Outline the workplace-based assessments in use  | CbD,               | 1   |
| Outline the appropriate local course of action to assist the failing trainee  | CbD                | 1   |
| Skills  |                    |     |
| Vary teaching format and stimulus, appropriate to situation and subject   | CbD                | 1   |
| Provide effective feedback after teaching, and promote learner reflection   | CbD, TO            | 1,3 |
| Conducts effective appraisal  | CbD, MSF           | 1   |
| Demonstrate effective lecture, presentation, small group and bed side teaching sessions   | CbD                | 1,3 |
| Provide appropriate career advice, or refer trainee to an alternative effective source of career information  | CbD, TO            | 1,4 |
| Be able to lead departmental teaching programmes including journal clubs  | CbD                | 1   |
| Supervises the work of less experienced colleagues and provided appropriate feedback on performance   | CbD, TO            | 1   |
| Recognise the failing trainee   | CbD, TO            | 1   |
| Participate in strategies aimed at improving patient education e.g. talking at support group meetings   | CbD                | 1   |
| Behaviours  |                    |     |
| Recognise the importance of the role of the physician as an educator within the multi-professional healthcare team  | CbD, DOPS, MSF     | 1   |
| Demonstrate willingness to teach trainees and other health and social   | CbD, DOPS, MSF     | 1,3 |

workers in a variety of settings to maximise effective communication and practical skills

|  |                |     |
|--|----------------|-----|
| Encourage discussions in the clinical settings to colleagues to share knowledge and understanding                            | CbD, DOPS, MSF | 1,3 |
| Show willingness to participate in workplace-based assessments   | CbD, DOPS, MSF | 1   |
| Maintain honesty and objectivity during appraisal and assessment   | CbD, DOPS, MSF | 1,4 |
| Show willingness to take up formal tuition in medical education and respond to feedback obtained after teaching sessions     | CbD, DOPS, MSF | 1   |
| Recognise the importance of personal development as a role model to guide trainees in aspects of good professional behaviour | CbD, DOPS, MSF | 1   |

### Level Descriptor

- 1** Develops basic PowerPoint presentation to support educational activity  
Delivers small group teaching to medical students, nurses or colleagues  
Able to seek and interpret simple feedback following teaching
- 2** Able to supervise a medical student, nurse or colleague through a procedure  
Able to perform a workplace based assessment including being able to give effective feedback
- 3** Able to devise a variety of different assessments (e.g. multiple choice questions, work place based assessments)  
Able to appraise a medical student, nurse or colleague  
Able to act as a mentor to a medical student, nurses or colleague
- 4** Able to plan, develop and deliver educational activities with clear objectives and outcomes  
Able to plan, develop and deliver an assessment programme to support educational activities

## 24. Personal Behaviour

To develop the behaviours that will enable the doctor to become a senior leader able to deal with complex situations and difficult behaviours and attitudes

To work increasingly effectively with many teams and to be known to put the quality and safety of patient care as a prime objective

To develop the attributes of someone who is trusted to be able to manage complex human, legal and ethical problems

To become someone who is trusted and is known to act fairly in all situations

| Knowledge   | Assessment Methods | GMP |
|---|--------------------|-----|
| Recalls and builds upon the competencies defined in the Foundation Programme:   | CbD                | 1   |
| <ul style="list-style-type: none"> <li>Deals with inappropriate patient and family behaviour</li> </ul>   | CbD                | 1,3 |
| <ul style="list-style-type: none"> <li>Respects the rights of children, elderly, people with physical, mental, learning or communication difficulties</li> </ul>  | CbD                | 1,3 |
| <ul style="list-style-type: none"> <li>Adopts a non-discriminatory approach</li> </ul>  | CbD                | 1   |
| <ul style="list-style-type: none"> <li>Places needs of patients above own convenience</li> </ul>  | CbD                | 1   |
| <ul style="list-style-type: none"> <li>Behaves with honesty and probity</li> </ul>  | CbD                | 1   |
| <ul style="list-style-type: none"> <li>Acts with honesty and sensitivity in a non-confrontational manner</li> </ul>   | CbD                | 1   |
| <ul style="list-style-type: none"> <li>Defines the concept of modern medical professionalism</li> </ul>   | CbD                | 1   |
| <ul style="list-style-type: none"> <li>Outlines the relevance of professional bodies (Royal Colleges, JRCPTB, GMC, Postgraduate Dean, BMA, specialist societies, medical defence organisations)</li> </ul>  | CbD                | 1   |
| Skills  |                    |     |
| Practices with:   | CbD, DOPS, MSF     | 1   |
| <ul style="list-style-type: none"> <li>Integrity</li> <li>Compassion</li> <li>Altruism</li> <li>Continuous improvement</li> <li>Excellence</li> <li>Respect of cultural and ethnic diversity</li> <li>Regard to the principles of equity</li> </ul> |                    |     |
| Works in partnership with members of the wider healthcare team  | CbD, DOPS, MSF     | 1,3 |
| Promotes awareness of the doctor's role in utilising healthcare resources optimally   | CbD, DOPS, MSF     | 1   |
| Recognises and responds appropriately to unprofessional behaviour in others   | CbD, DOPS, MSF     | 1   |
| Is able to provide specialist support to hospital and community based services  | CbD, DOPS, MSF     | 1   |
| Is able to handle enquiries from the press and other media effectively  | CbD, DOPS, MSF     | 1,3 |
| Behaviours  |                    |     |
| Recognises the need to use all healthcare resources prudently and appropriately   | CbD, DOPS, MSF     | 1   |

|  |                |   |
|--|----------------|---|
| Recognises the need to improve clinical leadership and management skill                                | CbD, DOPS, MSF | 1 |
| Recognises situations when it is appropriate to involve professional and regulatory bodies             | CbD, DOPS, MSF | 1 |
| Shows willingness to act as a mentor, educator and role model  | CbD, DOPS, MSF | 1 |
| Is willing to accept mentoring as a positive contribution to promote personal professional development | CbD, DOPS, MSF | 1 |
| Participates in professional regulation  | CbD, DOPS, MSF | 1 |
| Recognises the right for equity of access to healthcare  | CbD, DOPS, MSF | 1 |
| Recognises need for reliability and accessibility throughout the healthcare team                       | CbD, DOPS, MSF | 1 |

### Level Descriptor

- 1** Works well within the context of multi-professional teams  
Listens well to others and takes other view points into consideration  
Supports patients and relatives at times of difficulty e.g. after receiving difficult news  
Is polite and calm when called or asked to help
- 2** Responds to criticism positively and seeks to understand its origins and works to improve  
Praises staff when they have done well and where there are failings in delivery of care provides constructive feedback  
Wherever possible, involves patients in decision making
- 3** Recognises when other staff are under stress and not performing as expected and provides appropriate support for them  
Takes action necessary to ensure that patient safety is not compromised
- 4** Helps patients who show anger or aggression with staff or with their care or situation and works with them to find an approach to manage their problem

## 25. Management and NHS Structure

**To understand the structure of the NHS and the management of local healthcare systems in order to be able to participate fully in managing healthcare provision**

| <b>Knowledge</b>   | <b>Assessment Methods</b> | <b>GMP</b> |
|--|---------------------------|------------|
| Understands the guidance given on management and doctors by the GMC  | CbD                       | 1          |
| Understands the local structure and financing of NHS systems in the locality (NHS Trust: Executive Boards and Clinical Directors etc) recognising the potential differences between the four countries of the UK   | CbD                       | 1          |
| Understands the structure and function of healthcare systems as they apply to Renal Medicine (HCC, Professional bodies, Royal College, JRCPTB)   | CbD                       | 1          |
| Understands the principles of: <ul style="list-style-type: none"> <li>• Clinical coding</li> <li>• European Working Time Regulations</li> <li>• National Service Frameworks</li> <li>• Health regulatory agencies (e.g. Dept Health, CHI, NICE, Scottish Government)</li> <li>• NHS Structure and relationships</li> <li>• NHS finance and budgeting</li> <li>• Consultant contract and the contracting process</li> <li>• Resource allocation</li> <li>• The role of the Independent sector as providers of healthcare</li> </ul> | CbD                       | 1          |
| Understands the principles of recruitment and appointment procedures   | CbD                       | 1          |
| <b>Skills</b>  |                           |            |
| Participates in managerial meetings  | CbD, DOPS, MSF            | 1          |
| Takes an active role in promoting the best use of healthcare resources   | CbD, DOPS, MSF            | 1          |
| Works with stakeholders to create and sustain a patient-centred service  | CbD, DOPS, MSF            | 1          |
| Employs new technologies appropriately, including information technology   | CbD, DOPS, MSF            | 1          |
| <b>Behaviours</b>  |                           |            |
| Recognises the importance of just allocation of healthcare resources   | CbD, DOPS, MSF            | 1,2        |
| Recognises the role of doctors as active participants in healthcare systems  | CbD, DOPS, MSF            | 1,2        |
| Responds appropriately to health service targets and takes part in the development of services   | CbD, DOPS, MSF            | 1,2        |
| Recognises the role of patients and carers as active participants in healthcare systems and service planning   | CbD, DOPS, MSF            | 1,2,3      |
| Shows willingness to improve managerial skills (e.g. management courses) and engage in management of the service   | CbD, DOPS, MSF            | 1          |

## Level Descriptor

- 1** Works as a valued member of the multi-professional team.  
Listens well to others and takes other viewpoints into consideration  
Supports patients and relatives at times of difficulty e.g after receiving difficult news  
Is polite and calm when called or asked to help  
Acknowledges the skills of all members of the team
- 2** Can describe in outline the roles of primary care, community and secondary care services within healthcare  
Can describe the roles of members of the clinical team and the relationships between those roles  
Participates fully in clinical coding arrangements and other relevant local activities
- 3** Can describe the relationship between PCTs/Health Boards, General Practice and Trusts including relationships with local authorities and social services  
Participates in team and clinical directorate meetings including discussions around service development  
Discusses the most recent guidance from the relevant health regulatory agencies in relation to the specialty
- 4** Describes the local structure for health services and how they relate to regional or devolved administration structures  
Is able to discuss funding allocation processes from central government in outline and how that might impact on the local health organisation  
Participates fully in clinical directorate meetings and other appropriate local management structures in planning and delivering healthcare within the specialty  
Participates as appropriate in staff recruitment processes in order to deliver an effective clinical team  
Within the Directorate, collaborates with other stake holders to ensure that their needs and views are considered in managing services



## 26. Leadership Skills

| <b>To develop the basic knowledge, skills and behaviours necessary to effectively contribute to the management and improvement of a clinical service</b>                                 |  |            |
|--|--|------------|
| <b>Knowledge</b>   | <b>Assessment Methods</b>  | <b>GMP</b> |
| Recognises the basic elements required to run a Renal service encompassing the entire patient pathway  | AA, MSF  | 1          |
| Recognises how clinical audit and health informatics data (local, regional and national) can inform clinical nephrological practice  | AA   | 1          |
| Recognises that clinical service priorities are set and that business plans are developed and presented within an organisation/network   | AA   | 1          |
| Recognises the importance of local and national management and financing structures (appreciates the commissioning, funding and contracting arrangements in Renal Medicine)              | AA   | 1          |
| Recalls the importance of ethical and equality aspects relating to management and leadership in Renal Medicine e.g. use of dialysis resources  | MSF  | 1          |
| Aware of the issues relating to recruitment and employment of staff in a clinical service  | MSF  | 1          |
| Recalls of the legislation about equality and diversity in the workplace   | ESENeph  | 1          |
| <b>Skills</b>  |  |            |
| Uses data and information (clinical audit and other healthcare informatics resources) to inform, refine and enhance the management and delivery of clinical care                         | AA   | 1          |
| Analyses, feedback and comments and integrates them into plans for the clinical service  | AA   | 1          |
| Reviews and proposes solutions to improve clinical service   | AA, CbD, MSF   | 1          |
| Reviews performance of the team at an appropriate level (e.g. managing junior doctor rotas, leading junior medical team)   | MSF  | 1          |
| <b>Behaviours</b>  |  |            |
| Acts as a role model for others  | MSF  | 1,4        |
| Supports the development of junior staff   | MSF  | 1,3        |
| Demonstrates commitment to effective use of resources  | AA   | 1          |
| Acknowledges the financial pressures experienced by Renal services and how these issues are managed in the Trust and department. (Awareness of equity in healthcare access and delivery) | AA   | 1,3        |
| Demonstrates commitment to equality in clinical and non-clinical duties  | MSF  | 1,4        |
| <b>Level Descriptor</b>  |  |            |
| <b>1</b>   | Engages in clinical audit, leads a discussion of audit findings and suggests clinical service developments to improve clinical outcomes<br>Demonstrates engagement with local quality control mechanisms / standards |            |
| <b>2</b>   | Shadows PCT managers and senior Clinicians, attends meetings including senior medical management and a range of relevant generic management meetings in local Trust  |            |

- 3** Demonstrates training in and application of management methods  
Has worked with colleagues to implement a change in clinical service  
Has taken part in a recruitment cycle

## 27. Health Informatics

**To develop an understanding of, and the ability to apply, the principles and methods of health informatics to clinical nephrological practice**

**To use health informatics data and methods to inform, refine and enhance the quality of delivered patient care**

| Knowledge   | Assessment Methods | GMP     |
|---|--------------------|---------|
| Understands the potential of health-orientated clinical and non-clinical informatics systems at local (e.g. renal unit, local Trust), regional (e.g. strategic health authority / specialist commissioning group renal network or equivalent) and national level (e.g. UK Renal Registry, NHSBT)  | AA, CbD, MSF       | 1       |
| Skills  |                    |         |
| Operates IT systems (computers and relevant applications) required to deliver patient care  | AA                 | 1       |
| Uses healthcare informatics principles and resources (data and information) to inform, refine and enhance the management and delivery of clinical care  | AA                 | 1       |
| Collects, collates, analyses, interprets and presents accurate and relevant clinical and non-clinical health informatics data / information to both healthcare professionals and the public   | AA                 | 1       |
| Behaviours  |                    |         |
| Recognises the need for formal information governance and understands local procedures, professional requirements and the relevant UK medicolegal framework   | CbD                | 1,4     |
| Acts within a professional and legal framework to ensure that patient data is handled safely and secured at all times   | ACAT, CbD          | 1,2,3,4 |
| Level Descriptor  |                    |         |
| <p><b>1</b> Can competently use 'office' computing applications</p> <p>Understands local clinical systems and importance of national informatics systems and how they relate to medical practice</p> <p>Involved in data entry as part of day-to-day practice, active engagement in conducting service evaluation, clinical audit; uses local intranet and a limited set of national guidelines / resources</p> <p>Uses and maintains patient data safely and securely</p>                    |                    |         |
| <p><b>2</b> Undertakes more complex data / information gathering, analysis and presentation tasks e.g. multidisciplinary related audits, focussed clinical information searches</p> <p>Actively works to contribute data / information to, and use data / information from, local systems</p>   |                    |         |
| <p><b>3</b> Demonstrates engagement with local quality control mechanisms / standards. Makes use of a wider range of locally and nationally available guidelines / resources in clinical practice</p> <p>Undertakes complex data analyses / information searches using multiple appropriate data resources. Is able to present complex material clearly and succinctly. With the help of others contributes own conclusions / measured outcomes to help refine / enhance medical practice</p> |                    |         |

## **B. Good Clinical Care**

### A. Common Nephrological Presentations:

1. Urinary Abnormalities:
  - Haematuria
  - Proteinuria
2. Fluid and Acid Base Balance Disorders
3. Glomerulonephritis and Tubulo-Interstitial Diseases:
  - Glomerulonephritis
  - Tubulo-Interstitial Diseases
4. Acute kidney Injury (AKI)
5. Chronic Kidney Disease (CKD):
  - Renal Bone Disease
  - Renal Anaemia
  - Cardiovascular Disease
6. Hypertension
7. Renovascular Disease
8. Diabetes and Kidney Disease
9. Urological Presentations:
  - Renal Stone Disease
  - Urinary Tract Infection
  - Urinary Tract Obstruction and Neurogenic Bladder
10. Inherited and Rarer Diseases, including Polycystic Kidney Disease  
Alports, Fabrys, Amyloid, etc

### B. Management of Advanced Kidney Disease

1. Active Supportive (Non-Dialysis) Care
2. Renal Replacement Therapies:
  - Dialysis Therapies: Peritoneal Dialysis  
Haemodialysis
3. Dialysis in Patients with Acute Kidney Injury:
  - Acute Dialysis and Plasma Exchange
4. Renal Transplantation:
  - Pre-Transplant Evaluation
  - Acute Stage
  - Long-Term Care

### C. Special situations

1. Sexual Health Issues:

Male Sexual Health  
Female Sexual Health: Renal Disorders in Pregnancy

2. Adult-Paediatric Interface
3. Nutrition in Renal Patients

D. Investigational and Procedural competencies

1. Native Kidney Biopsy
2. Renal Transplant Biopsy
3. Insertion of Temporary Haemodialysis Catheters

## C. Common Nephrological Presentations

### 1. Urinary Abnormalities

#### Haematuria

| <b>To undertake a specialist assessment, investigate and manage a patient with haematuria</b>   |  |            |
|---|--|------------|
| <b>Knowledge</b>  | <b>Assessment Methods</b>  | <b>GMP</b> |
| Outlines the pathophysiology of visible and non-visible haematuria  | CbD, mini-CEX, ESENeph   | 1,2        |
| Lists the causes of haematuria and define the relationship to systemic diseases   | CbD, mini-CEX, ESENeph   | 1,2        |
| <b>Skills</b>   |  |            |
| Formulates a differential diagnosis, appropriate plan of investigation and management for a patient with haematuria   | CbD, mini-CEX, ESENeph   | 1,2        |
| Recognises the indication for renal biopsy in investigation of haematuria and discuss the associated risks, likely prognosis and requirement for long term review | CbD, mini-CEX, ESENeph   | 1,2        |
| <b>Behaviours</b>   |  |            |
| Involves specialist teams appropriately – Urologists and Histopathologist   | CbD, mini-CEX, MSF   | 1,2,3      |
| Appreciates the importance of the primary care team in screening for haematuria and in long term management of some patients                                      | CbD, mini-CEX, MSF   | 1,2,3      |
| <b>Level Descriptor</b>   |  |            |
| <b>1</b>  | Able to investigate and manage a patient with haematuria   |            |
| <b>2</b>  | Clearly explains to a patient the indication for and potential risks of a renal biopsy and competently discusses the likely treatment options and need for follow up |            |
| <b>3</b>  | Involves and liaises effectively with colleagues in other specialities e.g. Urology, Pathology and primary care  |            |

## Proteinuria

| <b>To undertake a specialist assessment, investigate and manage a patient with proteinuria and nephrotic syndrome</b>  |  |            |
|--|--|------------|
| <b>Knowledge</b>   | <b>Assessment Methods</b>  | <b>GMP</b> |
| Outlines the pathophysiology of proteinuria and nephrotic syndrome   | CbD, mini-CEX, ESENeph   | 1,2        |
| Differentiates between physiological and pathological causes of proteinuria  | CbD, mini-CEX, ESENeph   | 1,2        |
| Lists the causes of proteinuria and define the relationship to systemic diseases   | CbD, mini-CEX, ESENeph   | 1,2        |
| Describes the risk of extrarenal complications of nephrotic syndrome   | CbD, mini-CEX, ESENeph   | 1,2        |
| Lists the range of treatment options (including potential adverse effects) available for management of proteinuria and associated extrarenal complications                       | CbD, mini-CEX, ESENeph   | 1,2        |
| <b>Skills</b>  |  |            |
| Formulates a differential diagnosis, appropriate plan of investigation and management for a patient with asymptomatic proteinuria, symptomatic proteinuria or nephrotic syndrome | CbD, mini-CEX, MSF   | 1,2        |
| Assesses the severity of proteinuria and the risk of extra-renal complications   | CbD, mini-CEX, MSF   | 1,2        |
| Recognises the indication for renal biopsy in investigation of proteinuria and discusses the associated risks, likely prognosis and requirement for long term review             | CbD, mini-CEX, MSF   | 1,2        |
| <b>Behaviours</b>  |  |            |
| Appreciates the importance of the primary care team in screening for proteinuria and in long term management of some patients  | CbD, mini-CEX, MSF   | 1,2,3      |
| Recognises the role of Histopathologist in diagnosis and the multidisciplinary team in long term management e.g. dieticians  | CbD, mini-CEX, MSF   | 1,2,3      |
| <b>Level Descriptor</b>  |  |            |
| <b>1</b>   | Able to investigate and manage a patient with proteinuria and nephrotic syndrome. Can identify and manage the complications of the nephrotic syndrome  |            |
| <b>2</b>   | Discusses with a patient the indication for and potential risks of a renal biopsy and explains clearly the likely treatment and follow up scenarios  |            |
| <b>3</b>   | Involves and liaises effectively with colleagues in other specialities e.g. Histopathology and primary care. Appreciates the importance of primary care in screening for proteinuria and in long term management of proteinuric patients |            |

## 2. Disorders of Fluid and Electrolyte and Acid Base Regulation

| <b>To progressively develop the ability to undertake specialist assessment and treatment of patients with disorders of fluid, electrolyte and acid base regulation</b> |  |            |
|--|--|------------|
| <b>Knowledge</b>   | <b>Assessment Methods</b>  | <b>GMP</b> |
| Determines the clinical importance of fluid, electrolyte and acid base abnormalities   | CbD, mini-CEX, ESENeph   | 1,2        |
| Describes the physiology of water, electrolyte and acid base metabolism  | CbD, mini-CEX, ESENeph   | 1,2        |
| Outlines the pathophysiology of sodium, potassium, and hydrogen ion imbalance, and dysregulation of water homeostasis  | CbD, mini-CEX, ESENeph   | 1,2        |
| Describes the methods used to investigate fluid, electrolyte, and acid base abnormalities  | CbD, mini-CEX, ESENeph   | 1,2        |
| <b>Skills</b>  |  |            |
| Assess patients with disorders of fluid, electrolyte, and acid base homeostasis and administer appropriate management  | CbD, mini-CEX, MSF   | 1,2        |
| Performs a thorough and accurate clinical examination which includes the assessment of the volume state  | CbD, mini-CEX, MSF   | 1,2        |
| Interprets the results of appropriate biochemical investigations   | CbD, mini-CEX, MSF   | 1,2        |
| Manages patients with fluid, electrolyte and acid base disorders   | CbD, mini-CEX, ESENeph   | 1,2        |
| <b>Behaviours</b>  |  |            |
| Clearly explains the nature of these conditions (including inherited disorders), their management and prognosis to the patients and carers                             | CbD, mini-CEX, MSF   | 1,2,3      |
| <b>Level Descriptor</b>  |  |            |
| <b>1</b>   | Is able to accurately assess and investigate a patient with electrolyte and acid/base disorders<br>Is able to initiate appropriate treatment involving the wider multi-disciplinary team (particularly dietetic service) as required |            |
| <b>2</b>   | Is able to monitor response to interventions and adjust treatment appropriately<br>Can discuss treatment strategy and the likely prognosis with the patient and carers   |            |
| <b>3</b>   | Is able to manage complex cases (including the less common forms of electrolyte and acid/base disturbance) in all circumstances  |            |



### 3. Glomerulonephritis and Tubulo-Interstitial Nephritis

#### Glomerulonephritis

| <b>To assess, diagnose and treat patients with possible glomerulonephritis, manage the complications of the diseases and their treatment, and both the systemic and local renal manifestations</b>   |                           |            |
|--|---------------------------|------------|
| <b>Knowledge</b>   | <b>Assessment Methods</b> | <b>GMP</b> |
| Lists the various types of glomerulonephritis, aetiology, pathology and clinical manifestations  | CbD, mini-CEX, ESENeph    | 1,2        |
| Recalls the pathophysiology of systemic disease causing glomerulonephritis especially vasculitis and SLE, viral (including HIV) and other infections and thrombotic microangiopathies  | CbD, mini-CEX, ESENeph    | 1,2        |
| Describes the natural history and prognosis for the different glomerulonephritides   | CbD, mini-CEX, ESENeph    | 1,2        |
| Describes the investigation of a patient with glomerulonephritis, both at time of presentation and during long term follow-up (including role of renal biopsy)   | CbD, mini-CEX, ESENeph    | 1,2        |
| Describes the available management strategies (both specific and non-specific) including immunosuppression and is aware of recent clinical trials  | CbD, mini-CEX, ESENeph    | 1,2        |
| Describes the place and timing of renal transplantation  | CbD, mini-CEX, ESENeph    | 1,2        |
| <b>Skills</b>  |                           |            |
| Clinically assesses patients with glomerulonephritis with or without systemic involvement  | mini-CEX                  | 1,2        |
| Investigates patient with suspected glomerulonephritis appropriately including laboratory tests, imaging and renal biopsy  | CbD, mini-CEX, ESENeph    | 1,2        |
| Interprets the results of laboratory investigations and renal biopsy findings  | CbD, mini-CEX, ESENeph    | 1,2        |
| Makes appropriate decisions about urgency of treatment   | CbD, mini-CEX             | 1,2        |
| Determines the place for immunosuppression, balances risks and benefits, and monitors long term use  | CbD, mini-CEX, ESENeph    | 1,2        |
| <b>Behaviours</b>  |                           |            |
| Explains the nature of the diseases, their management and prognosis to patients  | mini-CEX                  | 1,3        |
| Interacts with pathologists in MDT meetings to understand the implications of renal biopsy findings  | MSF                       | 2,3        |
| Appreciates the roles for other specialists and multi-professional teams especially for patients with systemic disease such as SLE   | mini-CEX, MSF             | 2,3        |
| <b>Level Descriptor</b>  |                           |            |
| <b>1</b> Able to investigate patients with suspected glomerulonephritis and integrate pathology results to make a diagnosis<br>Explains clearly to patients the diagnosis and available treatments (including potential risks of treatment)                  |                           |            |
| <b>2</b> Develops an initial treatment and management plan for the common glomerulonephritides, explains risk and benefits to patients and discusses prognosis<br>Recognises the systemic features of the diseases and involves other specialists and health |                           |            |

professionals appropriately

- 3 Manages more complex patients, relapsing disease, complications of treatment and has a basic knowledge of rarer glomerular diseases  
Can initiate second and third line therapies and discuss them with patients  
Understands where uncertainty in treatment exists and how to enrol patients into clinical trials

## Tubulointerstitial Nephritis

| <b>To assess, diagnose and treat patients with interstitial nephritis or tubulo-interstitial disease</b>                             |  |            |
|--|--|------------|
| <b>Knowledge</b>   | <b>Assessment Methods</b>  | <b>GMP</b> |
| Recalls the pathophysiology of interstitial nephritis and tubulo-interstitial disease, their causes and links with systemic diseases | CbD, mini-CEX, ESENeph   | 1,2        |
| Lists the investigations needed in patients with interstitial nephritis  | CbD, mini-CEX, ESENeph   | 1,2        |
| Describes the natural history and prognosis of interstitial nephritis  | CbD, mini-CEX, ESENeph   | 1,2        |
| Describes the management strategies for treatment and especially the place for steroids or other immunosuppression                   | CbD, mini-CEX, ESENeph   | 1,2        |
| <b>Skills</b>  |  |            |
| Clinically assesses patients with interstitial nephritis, and takes a full drug and environmental history                            | mini-CEX   | 1,2        |
| Investigates patients appropriately including use of laboratory tests, imaging and renal biopsy                                      | CbD, mini-CEX, ESENeph   | 1,2        |
| Interprets the results of appropriate laboratory investigations and renal biopsy findings  | CbD, mini-CEX, ESENeph   | 1,2        |
| Makes decisions about urgency of treatment and the place of steroids or other immune-suppression                                     | CbD, mini-CEX  | 1,2        |
| <b>Behaviours</b>  |  |            |
| Clearly and simply explains the nature of the disease, its management and prognosis to patients                                      | mini-CEX   | 1,2,3      |
| Interacts with pathologists in MDT meetings to understand the implications of renal biopsy findings                                  | MSF  | 2,3        |
| <b>Level Descriptor</b>  |  |            |
| <b>1</b>   | Knows when interstitial disease should be considered in patients, how to make the diagnosis, and can discuss the diagnosis and prognosis with patients |            |
| <b>2</b>   | Understands the role for biopsy in diagnosis and place for specific treatment (s) and can discuss clearly with patients                                |            |
| <b>3</b>   | Can determine follow-up plans for patients<br>Can diagnose and manage systemic disease presenting with interstitial nephritis                          |            |

## 4. Acute Kidney Injury (AKI)

| <b>To assess, investigate appropriately, formulate and implement a specialist management plan for a patient with acute kidney injury</b>                                      |   |            |
|---|---|------------|
| <b>Knowledge</b>  | <b>Assessment Methods</b>   | <b>GMP</b> |
| Lists the causes of AKI and defines the relationship to systemic disease  | CbD, mini-CEX, ESENeph  | 1,2        |
| Outlines the pathophysiology of AKI in different clinical scenarios e.g. acute tubular necrosis, glomerulonephritis, etc  | CbD, mini-CEX, ESENeph  | 1,2        |
| Describes the methods available to grade severity of AKI  | CbD, mini-CEX, ESENeph  | 1,2        |
| Describes methods of investigation relevant to a patient with AKI   | CbD, mini-CEX, ESENeph  | 1,2        |
| Outlines treatment options: renal replacement therapy (including plasma exchange) and treatment relevant to the underlying cause of AKI (including potential adverse effects) | CbD, mini-CEX, ESENeph  | 1,2        |
| Describes the role of the multidisciplinary team in care of AKI patient (nurses, critical care staff, dieticians etc)   | CbD, mini-CEX, ESENeph  | 1,2        |
| <b>Skills</b>   |   |            |
| Identifies patients at high risk of AKI and institutes preventative measures  | ACAT, CbD, mini-CEX   | 1,2        |
| Differentiates pre-renal failure, renal failure and urinary tract obstruction   | ACAT, CbD, mini-CEX   | 1,2        |
| Grades the severity of AKI  | ACAT, CbD, mini-CEX   | 1,2        |
| Orders, interprets and acts upon investigations appropriately including: biochemistry, haematology, microbiology, immunology and imaging                                      | ACAT, CbD, mini-CEX   | 1,2        |
| Initiates appropriate specialist management of AKI and the underlying cause (including renal replacement therapy, immunosuppressant treatment, plasma exchange etc)           | ACAT, CbD, mini-CEX   | 1,2        |
| <b>Behaviours</b>   |   |            |
| Involves specialist teams appropriately – Histopathologist, microbiologist, radiologist, urologist and surgeon  | CbD, mini-CEX, MSF  | 2,3        |
| Discusses with a patient (or relative) the diagnosis, treatment options and likely prognosis  | CbD, mini-CEX, MSF  | 1,2,3      |
| Shares decision making about treatment options with patients and specialist colleagues  | CbD, mini-CEX, MSF  | 1,2,3,4    |
| Participates in multi-disciplinary approach to care   | MSF   | 2,3        |
| <b>Level Descriptor</b>   |   |            |
| <b>1</b>  | Accurately assesses and investigates a patient with AKI. Initiates appropriate treatment involving the wider multi-disciplinary team as required  |            |
| <b>2</b>  | Monitors response to interventions and adjusts treatment appropriately. Can discuss treatment strategy and likely prognosis with patient and carers                                       |            |
| <b>3</b>  | Able to manage complex cases in difficult circumstances. Understands the significant issues affecting service delivery and participates in audit, quality control and service development |            |

## 5. Chronic Kidney Disease (CKD)

| <b>To progressively develop the ability to carry out specialist assessment and treatment of patients with chronic kidney disease</b>   |   |            |
|--|---|------------|
| <b>Knowledge</b>   | <b>Assessment Methods</b>   | <b>GMP</b> |
| Lists the causes of chronic kidney disease   | CbD, mini-CEX, ESENeph  | 1,2        |
| Describes the classification (stages) of chronic kidney disease  | CbD, mini-CEX, ESENeph  | 1,2        |
| Describes the investigations used to assess the cause, severity and reversibility of CKD   | CbD, mini-CEX, ESENeph  | 1,2        |
| Outlines the basis and use of estimated glomerular filtration rate (eGFR)  | CbD, mini-CEX, ESENeph  | 1,2        |
| Describes the natural history and prognosis of chronic kidney disease and the available treatment strategies   | CbD, mini-CEX, ESENeph  | 1,2        |
| Describes pharmacology of commonly used drugs in renal failure and dose adjustments required   | CbD, mini-CEX, ESENeph  | 1,2        |
| <b>Skills</b>  |   |            |
| Takes an accurate clinical history in the assessment of chronic kidney disease including drug history, family, social and environmental history  | CbD, mini-CEX   | 1,2,3      |
| Manages the patient with chronic kidney disease to ensure that reversible causes are identified and treated  | CbD, mini-CEX   | 1,2,3      |
| Manages the non-renal complications of chronic kidney disease  | CbD, mini-CEX, ESENeph  | 1,2        |
| Discusses treatment options with patients appropriately and in liaison with the multi-disciplinary team to support the patient's decision-making processes                                 | CbD, mini-CEX, MSF, ESENeph   | 1,2,3,4    |
| Makes timely and appropriate plans for renal replacement therapy where necessary   | AA, CbD, mini-CEX, MSF, ESENeph   | 1,2,3,4    |
| <b>Behaviours</b>  |   |            |
| Appreciates the role of the multidisciplinary team including the patient, primary care team and recognised support organisations in the management of patients with chronic kidney disease | CbD, mini-CEX, MSF  | 3,4        |
| Uses national standards and local guidelines in the management of the patient  | AA, CbD, mini-CEX, ESENeph  | 1,2        |
| Supports the patient when selecting their treatment of choice regardless of background but taking account of individual circumstances  | CbD, mini-CEX, MSF  | 3,4        |
| <b>Level Descriptor</b>  |   |            |
| <b>1</b>   | Understands classification of chronic kidney disease and recognises need for timely referral into specialist services<br>Under supervision manages patients with chronic kidney disease including managing complications and is able to involve members of multidisciplinary team appropriately |            |
| <b>2</b>   | Independently manages patient within specialised service, able to support patient decision making and seeks senior support when appropriate   |            |
| <b>3</b>   | Demonstrates knowledge of service design to deliver successful outcomes to large numbers of patients with chronic kidney disease  |            |



## Renal Bone Disease

**To progressively develop the ability to supervise and manage patients with chronic kidney disease at risk of developing renal bone disease**

|   | <b>Assessment Methods</b>  | <b>GMP</b> |
|---|----------------------------|------------|
| <b>Knowledge</b>  |                            |            |
| Outlines the physiology of calcium, phosphate, bone and mineral metabolism and the pathophysiology of renal bone disease including: osteomalacia, hyperparathyroid associated bone disease and adynamic bone disease  | CbD, mini-CEX, ESENeph     | 1,2        |
| Describes the use of biochemical tests, imaging techniques and histological methods in the diagnosis and management of renal bone disease   | CbD, mini-CEX, ESENeph     | 1,2        |
| Lists the indications for and the clinical use of dietary modification, phosphate binders, vitamin D preparations, calcimimetic drugs and parathyroidectomy to manage the condition   | CbD, mini-CEX, ESENeph     | 1,2        |
| Describes how to appropriately monitor patients to assess response to treatment for renal bone disease  | AA, CbD, mini-CEX, ESENeph | 1,2        |
| <b>Skills</b>   |                            |            |
| Interprets the results of biochemical, radiological and histological investigations in patients with disorders of bone and mineral metabolism   | CbD, mini-CEX, ESENeph     | 1,2        |
| Prevents, diagnoses and manages renal bone disease in patients with chronic kidney disease before the initiation of renal replacement therapy   | CbD, mini-CEX, ESENeph     | 1,2        |
| Manages the renal bone disease in patients on peritoneal dialysis, haemodialysis and with a renal transplant  | CbD, mini-CEX, ESENeph     | 1,2        |
| Explains available treatment options to patients  | CbD, mini-CEX, MSF         | 1,2,3      |
| <b>Behaviours</b>   |                            |            |
| Works appropriately with the multi-disciplinary team, especially dieticians and dialysis staff to manage patients with renal bone disease   | CbD, mini-CEX, MSF         | 3,4        |
| Supports the patient with the behaviour change and treatment concordance required to manage renal bone disease  | CbD, mini-CEX, MSF         | 3,4        |
| Uses national standards and local guidelines in the management of the patient   | AA, CbD, mini-CEX, ESENeph | 1,2        |
| <b>Level Descriptor</b>   |                            |            |
| <b>1</b> Knows the pathophysiology of renal bone disease and the treatment options available for its management<br>Accurately assesses patients with renal bone disease and initiates appropriate treatment of their renal bone disease involving the wider multi-disciplinary team as required |                            |            |
| <b>2</b> Reviews patients' responses to interventions and responds and adjusts treatment appropriately, showing an understanding for patient concordance and behaviour change management  |                            |            |
| <b>3</b> Understands the service delivery implications to provide dietetic support, provision of new agents to control the condition and liaison with surgeons  |                            |            |

## Renal Anaemia

**To progressively develop the ability to supervise and manage patients with chronic kidney disease who develop anaemia**

|  | <b>Assessment Methods</b>  | <b>GMP</b>   |
|--|--|--|
| <b>Knowledge</b>   |  |  |
| Describes the pathophysiology of renal anaemia and the haematological and biochemical methods to diagnose, assess and monitors treatment in renal anaemia                                  | CbD, mini-CEX, ESENeph   | 1,2  |
| Distinguishes between anaemia secondary to chronic kidney disease and other causes   | CbD, mini-CEX, ESENeph   | 1,2  |
| Defines the indications for and the use of erythropoietic stimulating agents (ESAs) and their complications  | CbD, mini-CEX, ESENeph   | 1,2  |
| Defines the indications for and use of oral and parenteral iron therapy and its complications  | CbD, mini-CEX, ESENeph   | 1,2  |
| Lists the causes of resistance to ESA therapy and its investigation  | CbD, mini-CEX, ESENeph   | 1,2  |
| <b>Skills</b>  |  |  |
| Diagnoses and treats renal anaemia, monitors the effects of treatment and manages failure of treatment   | CbD, mini-CEX, ESENeph   | 1,2  |
| Manages renal anaemia in chronic kidney disease patients not yet on renal replacement therapy  | CbD, mini-CEX, ESENeph   | 1,2  |
| Manages renal anaemia in chronic kidney disease patients on renal replacement therapy  | CbD, mini-CEX, ESENeph   | 1,2  |
| Prescribes and monitors iron replacement therapy   | CbD, mini-CEX, ESENeph   | 1,2  |
| Audits the use of ESAs and iron therapy in individual patients and patient populations   | AA, CbD, mini-CEX  | 1,2  |
| <b>Behaviours</b>  |  |  |
| Ensures that all patients with chronic kidney disease, whether on renal replacement therapy or not, who will benefit from treatment for their renal anaemia, receive appropriate treatment | CbD, mini-CEX, MSF   | 1,2,4  |
| Involves the multi-disciplinary team in the counselling of patients, initiation and long-term management of renal anaemia  | CbD, mini-CEX, MSF   | 1,2,3,4  |
| Takes the resource management issues into account when delivering treatment to populations of patients with renal anaemia  | AA, CbD, mini-CEX  | 1,2  |
| Uses national standards and local guidelines in the management of the patient  | AA, CbD, mini-CEX, ESENeph   | 1,2  |
| <b>Level Descriptor</b>  |  |  |
| <b>1</b>   | Knows how to treat patients with renal anaemia using appropriate ESAs and iron replacement         | Takes account of functional status of patient in choosing patients for treatment |
| <b>2</b>   | Manages monitoring and complications of treatment of renal anaemia                                 |  |
| <b>3</b>   | Understands issues regarding delivery of renal anaemia management to large populations of patients |  |



## Cardiovascular Disease in Patients with Kidney Diseases

| To develop the ability to assess and treat renal patients with cardiovascular disease  |  |     |
|--|--|-----|
| Knowledge  | Assessment Methods   | GMP |
| Describes the impact of cardiovascular disease on morbidity and mortality of patients with renal disease and in those receiving renal replacement therapy  | CbD, mini-CEX, ESENeph   | 1   |
| Lists cardiovascular risk factors and modification strategies (including hyperlipidaemias and obesity)   | CbD, mini-CEX, ESENeph   | 1   |
| Outlines how to manage acute coronary syndromes and associated problems in the renal patient   | CbD, mini-CEX, ESENeph   | 1   |
| Determines the risk of acute kidney injury after angiographic procedures and knows how to reduce this risk   | CbD, mini-CEX, ESENeph   | 1,2 |
| Skills   |  |     |
| Assesses a patient who may have cardiovascular disease including identification and treatment of cardiovascular risk factors   | CbD, mini-CEX, ESENeph   | 1,2 |
| Interprets guidelines for treatment of cardiovascular risk factors including hyperlipidaemia and obesity   | AA, CbD, mini-CEX, ESENeph   | 1,2 |
| Discusses self-management strategies and dietary modifications with patient and when necessary prescribes and monitors drug therapy  | CbD, mini-CEX, MSF   | 1,3 |
| Recognises patients who need referral for specialist cardiology review (including potential renal transplant recipients)   | CbD, mini-CEX, ESENeph   | 1,2 |
| Behaviours   |  |     |
| Involves patients and carers in the long term management of risk factors including use of self-management and dietary strategies   | CbD, mini-CEX, PS  | 1,3 |
| Recognises the role of primary care and the wider MDT (patient, GP, dieticians, other specialist physicians) in the management of cardiovascular risk factors in patients with renal disease and works to develop unified protocols for management | CbD, mini-CEX  | 2,3 |
| Level Descriptor   |  |     |
| 1  | Is able to identify and manage cardiovascular risk factors. Discusses and agrees a management plan with patients   |     |
| 2  | Is able to diagnose and manage the patient with unstable angina or acute coronary syndrome in collaboration with cardiologists<br>Is able to discuss and agree with patient and MDT (cardiologists, dieticians, physiotherapists and nurses) long term management plan for cardiovascular risk reduction |     |
| 3  | Is able to assess, treat and minimise cardiovascular risk in all patients with renal disease, including potential renal transplant recipients  |     |

## 6. Hypertension

| <b>To develop the ability to identify, investigate and treat hypertension, with particular respect to renal disease</b>  |  |            |
|--|--|------------|
| <b>Knowledge</b>   | <b>Assessment Methods</b>  | <b>GMP</b> |
| Outlines the pathophysiology of primary (essential) hypertension   | CbD, mini-CEX, ESENeph   | 1          |
| Outlines the causes of secondary hypertension and knows how to investigate and treat   | CbD, mini-CEX, ESENeph   | 1,2        |
| Recalls British Hypertension Society and National Institute for Health and Clinical Excellence Guidelines for treatment of hypertension and targets blood pressure levels in different clinical situations | CbD, mini-CEX, ESENeph   | 1,2        |
| Describes the importance of non-pharmacological measures in achieving blood pressure targets   | CbD, mini-CEX, ESENeph   | 1,2        |
| Outlines the mechanisms of action and potential side effects of antihypertensive drugs and the tolerability and convenience of prescribed regimens   | CbD, mini-CEX, ESENeph   | 1,2        |
| <b>Skills</b>  |  |            |
| Assesses a patient with hypertension (including use of home and ambulatory blood pressure monitoring) and appropriately investigates to exclude underlying secondary causes                                | CbD, mini-CEX, ESENeph   | 1,2        |
| Identifies the patient with secondary hypertension who is suitable for definitive treatment; recognises and is able to counsel patient about the limitations of such intervention                          | CbD, mini-CEX, ESENeph   | 1,2,3,4    |
| Agrees with the patient lifestyle measures and a suitable antihypertensive drug regime   | CbD, mini-CEX, ESENeph   | 1,3        |
| Prescribes antihypertensive medication to achieve blood pressure levels recommended by British Hypertension Society National Institute for Health and Clinical Excellence Guidelines                       | ACAT, CbD, mini-CEX, ESENeph   | 1,2        |
| Monitors and reviews effectiveness of blood pressure control over time with patient and primary care team  | CbD, mini-CEX, MSF, PS, ESENeph  | 2,3        |
| <b>Behaviours</b>  |  |            |
| Recognises role of primary care in management of hypertension  | CbD, mini-CEX, MSF, ESENeph  | 2,3        |
| Recognises importance of patient centred care and education to assist compliance, lifestyle alteration and achievement of BP treatment targets   | CbD, mini-CEX, PS, ESENeph   | 1,2,3,4    |
| <b>Level Descriptor</b>  |  |            |
| <b>1</b>   | Assesses normal and elevated blood pressure in clinic and ward setting. Investigates, identifies and manages essential hypertension<br>Discusses and advises lifestyle measures (salt restriction, weight loss, alcohol reduction, exercise).<br>Able to prescribe antihypertensive medication safely and effectively. |            |
| <b>2</b>   | Able to investigate and manage severe or resistant hypertension; able to investigate and manage secondary causes of hypertension   |            |
| <b>3</b>   | Rapidly and accurately assesses and manages hypertensive emergencies (malignant hypertension, scleroderma renal crisis, hypertensive encephalopathy)   |            |

## 7. Renovascular Disease

| <b>To develop the ability to carry out assessment and treatment of patients with hypertension and/or renal impairment secondary to renovascular disease</b> |   |            |
|---|---|------------|
| <b>Knowledge</b>  | <b>Assessment Methods</b>   | <b>GMP</b> |
| Understands the causes and pathophysiology of renovascular disease  | CbD, mini-CEX, ESENeph  | 1          |
| Knows the methods used to investigate renovascular disease  | CbD, mini-CEX, ESENeph  | 1,2        |
| Knows the risks and complications of investigations such as angiography   | CbD, mini-CEX, ESENeph  | 1,2        |
| Aware of the natural history of the disease and the long term outcomes of intervention and medical management   | CbD, mini-CEX, ESENeph  | 1,2        |
| Understands the general management of extra-renal vascular problems of patients with atherosclerotic renovascular disease                                   | CbD, mini-CEX, ESENeph  | 1,2        |
| <b>Skills</b>   |   |            |
| Assesses patients who may have renovascular disease and determines if further investigation and intervention are required                                   | CbD, mini-CEX, ESENeph  | 1-3        |
| Acts to minimise the risks of acute kidney injury after angiographic procedures   | CbD, mini-CEX, ESENeph  | 1-3        |
| Able to counsel a patient about risks and benefits of investigations and interventions such as angiography and angioplasty/stent                            | CbD, mini-CEX, ESENeph  | 1,2,3,4    |
| Able to provide long term care of blood pressure and cardiovascular risk for the patient with renovascular disease  | CbD, mini-CEX, ESENeph  | 1-3        |
| <b>Behaviours</b>   |   |            |
| Discusses with patient the available treatment options and the supporting evidence  | mini-CEX, PS  | 1,2,3,4    |
| Appreciates multidisciplinary approach to investigation and treatment   | CbD, mini-CEX, MSF  | 1,2,3,4    |
| <b>Level Descriptor</b>   |   |            |
| <b>1</b>  | Is able to identify renovascular disease and able to manage vascular risk factors. Discusses and agrees a management plan with patient  |            |
| <b>2</b>  | Arranges appropriate imaging to assess renovascular disease, in collaboration with radiologist. Able to interpret findings and discuss management options and long term prognosis with patient and carers |            |
| <b>3</b>  | Able to identify when intervention or medical management of renovascular disease may be indicated and is able to counsel patient appropriately.   |            |

## 8. Diabetes and Kidney Disease

| <b>To progressively develop the ability to carry out specialist assessment and treatment of patients with diabetes and kidney disease</b>  |  |            |
|--|--|------------|
| <b>Knowledge</b>   | <b>Assessment Methods</b>  | <b>GMP</b> |
| Outlines the pathophysiology of diabetic nephropathy, its predisposing factors and available screening methods   | CbD, mini-CEX, ESENeph   | 1,2        |
| Distinguishes between factors suggesting diabetic nephropathy and incidental kidney disease in diabetic patients   | CbD, mini-CEX, ESENeph   | 1,2        |
| Describes the role and importance of lifestyle factors (including smoking), diabetic control and other therapeutic strategies used to manage and slow progression of diabetic nephropathy and in the development of vascular disease | CbD, mini-CEX, ESENeph   | 1,2        |
| Lists the indications for referral of diabetic patients to specialist renal clinics  | CbD, mini-CEX, ESENeph   | 1,2        |
| Explains the differing natural history of patients with diabetic renal disease compared to other chronic kidney disease patients   | CbD, mini-CEX, ESENeph   | 1,2        |
| Recognises the role of pancreatic and/or renal transplantation in diabetic patients with kidney disease  | CbD, mini-CEX, ESENeph   | 1,2        |
| <b>Skills</b>  |  |            |
| Makes an accurate and focussed clinical assessment of patients who may have diabetic nephropathy   | CbD, mini-CEX, ESENeph   | 1,2        |
| Recognises and manages non-diabetic renal disease in the diabetic patient  | CbD, mini-CEX, ESENeph   | 1,2        |
| Appropriately implements and monitors treatment for hypertension, hyperlipidaemia and utilises other renoprotective and cardiovascular protective treatments   | AA, CbD, mini-CEX, ESENeph   | 1,2        |
| Plans the long-term management of the patient with diabetic nephropathy who requires renal replacement therapy including renal transplantation   | AA, CbD, mini-CEX, ESENeph   | 1,2,3,4    |
| Contributes to the management of diabetes and its complications in patients with chronic kidney disease, on dialysis or with a transplant  | CbD, mini-CEX, ESENeph   | 1,2,3,4    |
| <b>Behaviours</b>  |  |            |
| Involves patients, carers and the wider multi-disciplinary team in long term patient care  | CbD, mini-CEX, MSF   | 3,4        |
| Works closely with diabetologists to draw up protocols for referral and management of diabetics with renal disease   | AA, CbD, mini-CEX, MSF   | 1,2,3      |
| Works closely with primary care for management of diabetes and stable chronic kidney disease and proteinuria   | AA, CbD, mini-CEX, MSF   | 1,2,3      |
| Recognises need for screening and management of diabetes microvascular and macrovascular complications in patients with chronic kidney disease and diabetes  | AA, CbD, mini-CEX, MSF   | 1,2,3,4    |
| Uses national standards and local guidelines in the management of the patient  | AA, CbD, mini-CEX, MSF   | 1,2        |
| <b>Level Descriptor</b>  |  |            |
| <b>1</b>   | Understands the importance of diabetes in patients with kidney disease and applies the available |            |

management strategies to control cardiovascular risk and to slow the progression of diabetic renal disease

- 2** Able to manage diabetes and its complications in patients with established renal failure (dialysis and transplant) and can tailor management plan according to individual needs of patients e.g. other comorbidities

Understands the potential impact of diabetes on standard management plans and counsels patients appropriately

- 3** Contributes to development of protocols with diabetes MDT and renal MDT for management of diabetic patients with chronic kidney disease

Appropriately assesses and refers diabetic patients for transplantation and able to discuss role of dual pancreas and renal transplant and refer appropriately

## 9. Urological Presentations

### Renal Stone Disease

| <b>To progressively develop the ability to assess and investigate a patient with renal stone disease and to formulate a management plan for renal stone diseases</b> |   |            |
|--|---|------------|
|  | <b>Assessment Methods</b>   | <b>GMP</b> |
| <b>Knowledge</b>   |   |            |
| Recalls the causes and pathophysiology of renal stone formation, including associations with renal tubular or genetic disorders                                      | CbD, mini-CEX, ESENephj   | 1,2        |
| Describes the clinical presentation of renal stone disease and its effect on renal function  | CbD, mini-CEX, ESENeph  | 1,2        |
| Describes how to investigate a patient with renal stones using biochemical and imaging techniques  | CbD, mini-CEX, ESENeph  | 1,2        |
| Lists treatment options available including dietary and lifestyle measures to reduce renal stone risk  | CbD, mini-CEX, ESENeph  | 1,2        |
| <b>Skills</b>  |   |            |
| Assesses the patient with renal stones and appropriately investigates patients with recurrent renal stones   | ACAT, CbD, mini-CEX, ESENeph  | 1,2        |
| Discusses with a patient suitable simple and dietary measures to reduce risk of renal stone formation  | CbD, mini-CEX   | 1,2,3      |
| Recognises the limitation of medical treatment and appropriately refers patients for surgical assessment   | CbD, ESENeph  | 1,2,3      |
| Recognise the need to appropriately involve other clinicians including dieticians, urologists, radiologists  | CbD, MSF  | 1,2,3      |
| <b>Behaviours</b>  |   |            |
| Explains and discusses the diagnosis and treatment options available   | mini-CEX  | 1,3,4      |
| Encourages lifestyle changes to reduce stone risk  | CbD, mini-CEX   | 1,3        |
| Explains the significance of family history and refers for genetic advice where appropriate  | CbD, mini-CEX   | 1,3        |
| <b>Level Descriptor</b>  |   |            |
| <b>1</b>   | Performs focused history taking and clinical examination relevant to renal stones<br>Uses and interprets adjuncts to basic examination e.g. biochemical analysis of timed urine and radiology findings<br>Ability to advise simple measure e.g. increasing fluid intake, urinary alkalinisation |            |
| <b>2</b>   | Performs and interprets advanced focused history taking and clinical examination<br>Uses and interprets findings of more complex investigations e.g. ultrasound and CT scan<br>Ability to provide more specific treatment advice and to make appropriate referral to other specialities         |            |
| <b>3</b>   | Rapidly and accurately diagnoses and manages in challenging circumstances e.g. renal colic +/- infection<br>Able to identify and discuss inherited and tubular causes of renal stones with a patient. Knows how to manage more complex cases e.g. cystinuria                                    |            |

## Urinary Tract Infection

**To undertake a specialist assessment, investigate and manage a patient with urinary tract infection**

| <b>Knowledge</b>   | <b>Assessment Methods</b>  | <b>GMP</b> |
|--|--|------------|
| Lists the bacteriological causes of urinary tract infection  | CbD, mini-CEX, ESENeph   | 1,2        |
| Recalls the underlying predisposing causes of urinary tract infection and the familial nature of some abnormalities                        | ACAT, CbD, mini-CEX, ESENeph   | 1,2        |
| Describes the modes of presentation of urinary tract infection (including special circumstances e.g. immunosuppressed or pregnant patient) | ACAT, CbD, mini-CEX, ESENeph   | 1,2        |
| Describes the potential long term consequences of urinary tract infection  | CbD, mini-CEX, ESENeph   | 1,2        |
| <b>Skills</b>  |  |            |
| Investigates and manages all forms of urinary tract infection including recurrent urinary tract infection                                  | ACAT, CbD, mini-CEX, ESENeph   | 1,2        |
| Explains the familial nature of urinary tract infection when appropriate   | CbD, mini-CEX, ESENeph   | 1,2,3,4    |
| <b>Behaviours</b>  |  |            |
| Recognises the role of microbiologists, urologists and specialist nurses   | CbD, mini-CEX, MSF   | 2,3        |
| Recognises the role of primary care team in long term management   | CbD, mini-CEX, MSF   | 2,3        |
| <b>Level Descriptor</b>  |  |            |
| <b>1</b>   | Able to identify, investigate and manage patients with urinary tract infection   |            |
| <b>2</b>   | Able to identify, investigate and manage patients with urinary tract infection including taking action to involve other health care professionals when appropriate |            |
| <b>3</b>   | Able to identify, investigate and manage more complex cases including recurrent UTI and UTI in immunosuppressed patients   |            |

## Urinary Tract Obstruction and Neurogenic Bladder

| <b>To undertake a specialist assessment, investigate and manage patients with urinary tract obstruction and neurogenic bladder</b>  |   |            |
|---|---|------------|
| <b>Knowledge</b>  | <b>Assessment Methods</b>   | <b>GMP</b> |
| Describes the anatomy of the urinary tract and the common sites and causes of urinary obstruction   | CbD, mini-CEX, ESENeph  | 1,2        |
| Describes the acute presentation of urinary tract obstruction and understands the long term consequences of urinary tract obstruction   | ACAT, CbD, mini-CEX, ESENeph  | 1,2        |
| Outlines the types of reconstructive procedures undertaken in children and adults and the relevance to future management including transplantation  | CbD, mini-CEX, ESENeph  | 1,2        |
| <b>Skills</b>   |   |            |
| Investigates and manages patients with urinary tract obstruction appropriately (including management of fluid and electrolyte disturbances occurring after the relief of obstruction)                                 | ACAT, CbD, mini-CEX, ESENeph  | 1,2        |
| Recognises when appropriate to involve Radiologists and Urologists  | CbD, mini-CEX, MSF, ESENeph   | 1,2        |
| Explains to patients and carers the interventions available to patients with urinary tract obstruction and bladder dysfunction (including neurogenic bladder) to avoid infection and prevent progressive renal damage | ACAT, CbD, mini-CEX   | 1,2,3      |
| <b>Behaviours</b>   |   |            |
| Recognises the role of Urologists, Radiologists, paediatricians, microbiologists, specialist nurses and other health care professionals   | ACAT, MSF   | 2,3        |
| Recognises the role the primary care team in long term management and review  | CbD, MSF  | 2,3        |
| <b>Level Descriptor</b>   |   |            |
| <b>1</b>  | Able to identify, investigate and manage patients with urinary tract obstruction  |            |
| <b>2</b>  | Able to identify, investigate and manage more complex cases including taking action to involve other health care professionals when appropriate |            |
| <b>3</b>  | Able to identify, investigate and manage more complex cases including renal transplant patients   |            |



## 10. Inherited and Rarer Diseases

| <b>To assess, diagnose and treat patients with genetic and other rare diseases and advise on inheritance</b>  |  |            |
|---|--|------------|
| <b>Knowledge</b>  | <b>Assessment Methods</b>  | <b>GMP</b> |
| Recalls the pathophysiology and genetics of APKD, Alport's disease, reflux nephropathy, inherited tubular disorders, metabolic disorders such as oxalosis, Fabry's disease and thin membrane nephropathy (amongst others) | CbD, mini-CEX, ESENeph   | 1          |
| Lists the investigations needed in patients with cystic kidney diseases and other inherited diseases  | CbD, mini-CEX, ESENeph   | 1          |
| Describes the natural history and prognosis of these diseases   | CbD, mini-CEX, ESENeph   | 1          |
| Describes available treatments and outlines their appropriate use   | CbD, mini-CEX, ESENeph   | 1,2        |
| Recalls the patterns of inheritance of genetic conditions and recognises indications for screening.   | CbD, mini-CEX  | 1          |
| Recognises occurrence of rare diseases such as fibrillary GN, scleroderma, cryoglobulinaemia, and knows where to find more information  | CbD, mini-CEX  | 1          |
| <b>Skills</b>   |  |            |
| Assesses patients with inherited diseases takes a full history, and aware of systemic features found in these diseases  | mini-CEX   | 1,2        |
| Initiates investigations including laboratory tests, imaging and renal biopsy (when appropriate).   | CbD, mini-CEX, ESENeph   | 1,2        |
| Interprets the results investigations (including renal biopsy) and initiates specific treatment appropriately   | CbD, mini-CEX, ESENeph   | 1,2        |
| Explains to patients the long term and progressive nature of these diseases and acts to minimise complications  | CbD, mini-CEX  | 1,2        |
| Determines when screening is required and interprets results of screening tests   | CbD, mini-CEX, ESENeph   | 1,2        |
| <b>Behaviours</b>   |  |            |
| Explains the nature of the diseases, their management and prognosis to patients   | mini-CEX   | 1,2,3      |
| Explains the familial nature and mode of inheritance of these diseases clearly and deal with anxieties and the wider family   | mini-CEX   | 1,2,3      |
| Interacts with pathologists and radiologists in MDT meetings to understand the implications of renal biopsy findings and imaging  | MSF  | 1,2,3      |
| Appreciates the multidisciplinary nature of managing patients with inherited systemic disease   | CbD, MSF   | 2,3        |
| <b>Level Descriptor</b>   |  |            |
| <b>1</b>  | Can decide when inherited or rare diseases are possible (based on the history, examination and presentation) and the diagnostic paths available, including blood tests, the place for renal biopsy, and genetic tests. |            |
| <b>2</b>  | Can discuss with patients the place for genetic testing and the implications, and interact with other  |            |

healthcare professionals including pathologists, geneticists, paediatricians and family doctors.

- 3 Knows how to follow-up patients with rare and inherited disease, how to take over patients from paediatric clinics and manage the transition, how to collaborate closely with other professionals to manage any non-renal manifestations, and how to support patients through the implications of inherited diseases. Knows about ongoing trials in such diseases and how to enrol patients where appropriate, and the place for disease registries.

## D. Management of Advanced Kidney disease

### 1. Active Supportive (Non-Dialysis) Care

**To develop the ability to identify, counsel and manage patients with chronic kidney disease who require active supportive management (non-dialysis or conservative care)**

**To develop the ability to identify and counsel patients with chronic kidney disease who require end of life palliative care**

**To develop the ability to formulate and supervise a management plan for end of life care, together with patient, family /carers and multi-disciplinary team**

| <b>Knowledge</b>  | <b>Assessment Methods</b>    | <b>GMP</b> |
|---|------------------------------|------------|
| Lists the symptoms of advanced chronic kidney disease   | CbD, mini-CEX, ESENeph       | 1,2        |
| Recalls the evidence for active supportive care (non dialysis) care of chronic kidney disease   | CbD, mini-CEX, ESENeph       | 1,2        |
| Outlines the principles of pain relief and appropriate analgesic prescription in end stage renal disease  | CbD, mini-CEX, ESENeph       | 1,2        |
| Recalls the factors affecting survival in patients with end stage renal disease   | CbD, mini-CEX, ESENeph       | 1          |
| Recognises the clinical features of dying   | ACAT, CbD, mini-CEX          | 1,2,3      |
| Recalls the principles of bereavement management  | CbD, mini-CEX, ESENeph       | 1,3,4      |
| Describes the medicolegal framework for decisions about patient treatment and advanced directives   | CbD, mini-CEX                | 1,2,3      |
| Recognises when to initiate integrated care pathway for dying patients with the help of the multidisciplinary team  | ACAT, CbD, mini-CEX          | 1,2,3      |
| <b>Skills</b>   |                              |            |
| Identifies patients requiring active support management or end of life care   | ACAT, CbD, mini-CEX          | 1,2,3,4    |
| Counsels patients and carers about active supportive care (conservative - non dialysis, non transplant) management of advanced chronic kidney disease   | CbD, mini-CEX                | 1,3,4      |
| Recognises and manages the symptoms of end-stage renal disease including prescription of effective analgesia for patients requiring pain relief and initial management of depression                                | ACAT, CbD, mini-CEX, ESENeph | 1,2,3      |
| Identifies the patient who is deteriorating despite dialysis; counsels patients and carers about withdrawal of dialysis with the support of the multidisciplinary team  | ACAT, CbD, mini-CEX          | 3,4        |
| <b>Behaviours</b>   |                              |            |
| Appreciates the role of and liaises closely with other health professionals, including primary care and the palliative care multidisciplinary teams in the provision of active supportive care and end of life care | ACAT, CbD MSF                | 2,3        |
| Appreciates that patients have physical, social, spiritual and psychological needs  | ACAT, CbD, mini-CEX          | 3,4        |
| Appreciates and promotes good communication with the patient and  | ACAT, CbD, mini-             | 3,4        |

|   |                     |     |
|---|---------------------|-----|
| their family  | CEX                 |     |
| Recognises the complex needs of patients and families when facing death | ACAT, CbD, mini-CEX | 3,4 |
| Appreciates the multicultural aspects of bereavement                    | ACAT, CbD, mini-CEX | 3,4 |

### Level Descriptor

- 1** Is able to identify patients with chronic kidney disease who may be best managed by active supportive (conservative, non dialysis) care and is able to counsel patients and family/carers appropriately with the multidisciplinary team.

Is able to identify the dying patient, discuss integrated pathway of care for dying with patient and family/carers and multidisciplinary team and can prescribe appropriate and effective analgesia
- 2** Able to manage effectively symptoms of end stage kidney disease such as itch, breathlessness, anorexia and nausea. Able to provide active supportive (conservative, non dialysis) care for patients and carers with the multidisciplinary and primary care team

Understands when to involve specialist palliative care team in end of life care
- 3** Is able to identify when withdrawal of dialysis is a management option for patients and carers and can discuss with patients and carers appropriately. Understands and is able to provide information and support needed by patients and families facing death. Understands and can facilitate the requirements of different faiths at end of life. Able to provide appropriate support to bereaved carers.

## 2. Renal Replacement Therapies

### Dialysis Therapies: Peritoneal Dialysis – General Principles and Management

| <b>To provide the trainee with skills and knowledge to be able to supervise and manage patients on chronic peritoneal dialysis</b>   |                           |            |
|--|---------------------------|------------|
| <b>Knowledge</b>   | <b>Assessment Methods</b> | <b>GMP</b> |
| Recalls the principles of peritoneal dialysis, including membrane physiology, dialysis solutions and their mechanism of action   | CbD, mini-CEX, ESENeph    | 1,2        |
| Describes the relative therapeutic and lifestyle advantages of all modes of peritoneal dialysis  | CbD, mini-CEX, ESENeph    | 1,2        |
| Outlines the different methods of insertion of peritoneal dialysis catheters and their advantages and disadvantages  | CbD, mini-CEX, ESENeph    | 1,2        |
| Recalls the methods used to assess adequacy of peritoneal dialysis and peritoneal membrane function  | CbD, mini-CEX, ESENeph    | 1,2        |
| Recalls the evidence base supporting treatment targets for adequate peritoneal dialysis  | CbD, ESENeph              | 1,2        |
| <b>Skills</b>  |                           |            |
| Assesses the suitability of a patient for peritoneal dialysis in the context of other methods of renal replacement therapy.  | CbD, mini-CEX, DOPS       | 1,3        |
| Adjusts the prescription of peritoneal dialysis and monitor change. Manages the nutrition of peritoneal dialysis patients.   | CbD, mini-CEX             | 1,2,3      |
| Organises the day-to-day management of a peritoneal dialysis service   | MSF,                      | 2,3,4      |
| <b>Behaviours</b>  |                           |            |
| Appreciates the role of nurses and other health care professionals in the day-to-day management of peritoneal dialysis and demonstrate ability to work closely with the multidisciplinary team   | MSF                       | 3,4        |
| Appreciates the cost implications of different catheters, fluids and systems in peritoneal dialysis  | CbD                       | 2,3        |
| Works closely with management and purchasers to ensure cost effective treatment  | MSF                       | 3          |
| <b>Level Descriptor</b>  |                           |            |
| <b>1</b> Understands basic principles of the modality and able prescribe an appropriate dialysis regime  |                           |            |
| <b>2</b> Demonstrates an understanding of the place of peritoneal dialysis in the overall context of renal replacement therapy. Works with the multidisciplinary team to manage longitudinal patient management including dialysis adequacy and monitoring membrane function |                           |            |
| <b>3</b> Has experience in leading a dialysis quality assurance meeting with the MDT. Understands the organisational issues in delivering a peritoneal dialysis service.   |                           |            |

## Dialysis Therapies: Peritoneal Dialysis – Complications

To provide the trainee with skills and knowledge to be able to identify and manage the complications of chronic peritoneal dialysis

| Knowledge  | Assessment Methods     | GMP   |
|--|------------------------|-------|
| Describes the diagnosis and management of peritoneal dialysis associated peritonitis   | CbD, mini-CEX, ESENeph | 1,2   |
| Describes the management of the catheter exit site and the prevention, diagnosis and treatment of associated infection   | CbD, mini-CEX, ESENeph | 1,2   |
| Describes the diagnosis and management of mechanical problems associated with peritoneal dialysis (including herniae, leaks, catheter malfunction)                     | CbD, mini-CEX, ESENeph | 1,2   |
| Recalls the methods used to recognise and manage peritoneal membrane injury, including ultrafiltration failure and encapsulating peritoneal sclerosis                  | CbD, mini-CEX, ESENeph | 1,2   |
| Skills   |                        |       |
| Adjusts the prescription of peritoneal dialysis required following complications and these monitor changes   | CbD, mini-CEX          | 1,2,3 |
| Manages the prevention and treatment of peritoneal dialysis associated infections (peritonitis and exit-site) and their complications                                  | CbD, mini-CEX          | 1,2   |
| Manages peritoneal dialysis technique failure and transfer to haemodialysis  | CbD, mini-CEX          | 1,2,3 |
| Behaviours   |                        |       |
| Demonstrates participation in the multidisciplinary approach to the prevention and management of complications of peritoneal dialysis                                  | AA, MSF                | 2,3,4 |
| Level Descriptor   |                        |       |
| <b>1</b> Able to initiate appropriate management for acute complications (e.g. peritonitis, leaks)   |                        |       |
| <b>2</b> Understands principles of preventing complications (e.g. infection). Able to manage complications through to their full resolution including modality switch. |                        |       |
| <b>3</b> Has participated in the audit, protocol development and quality control of complications  |                        |       |

## Dialysis Therapies: Haemodialysis – General Principles and Management

**To provide the trainee with skills and knowledge to be able to undertake the planning of haemodialysis, its prescription and measurement of its adequacy**

| <b>Knowledge</b>   | <b>Assessment Methods</b>  | <b>GMP</b> |
|--|--|------------|
| Describes the methods of creating vascular access for haemodialysis  | CbD  | 1          |
| Describes the means to deliver purified water, the necessary standards and methods of assessing these  | ESENeph  | 1,2        |
| Recalls the principles of haemodialysis and knows the effects of changes in treatment length and frequency, different dialysis membranes, dialysate fluids | CbD, ESENeph   | 1,2        |
| Describes the theory of sodium profiling and ultrafiltration   | CbD, mini-CEX, ESENeph   | 1,2        |
| Recalls the methods used to assess adequacy of haemodialysis   | CbD, mini-CEX, ESENeph   | 1,2        |
| Describes the evidence base supporting treatment targets for adequate haemodialysis  | CbD, mini-CEX, ESENeph   | 1,2        |
| <b>Skills</b>  |  |            |
| Adjusts the prescription of haemodialysis and monitor change   | CbD, mini-CEX  | 1,2,3      |
| Advises on ultrafiltration, sodium profiling and the use of different dialysate solutions  | CbD, mini-CEX  | 1,2,3      |
| Discusses the therapeutic and lifestyle implications of home versus hospital-based haemodialysis with a patient and carers                                 | CbD, mini-CEX  | 1,2,3      |
| Assesses the suitability of different methods of vascular access   | CbD, mini-CEX  | 1,2,3      |
| Organises the day-to-day management of a haemodialysis unit  | CbD, mini-CEX  | 1,2,3      |
| <b>Behaviours</b>  |  |            |
| Appreciates the role of nurses and other health care professionals in the day-to-day management of haemodialysis and changes in prescription               | MSF  | 2,3,4      |
| Works closely with management and purchasers to ensure cost-effective treatment  | MSF  | 2,3,4      |
| <b>Level Descriptor</b>  |  |            |
| <b>1</b>   | Understands basic principles of dialysis treatment and how this is achieved with standard haemodialysis. Able to prescribe a basic dialysis session.                               |            |
| <b>2</b>   | Understands haemodialysis treatment in greater depth (water purity, haemodiafiltration, sodium profiling), able to prescribe, adjust and monitor treatment adequacy                |            |
| <b>3</b>   | Can manage haemodialysis treatment in the wider context of CKD5 at individual and service provision level. Experience in leading a dialysis quality assurance meeting with the MDT |            |

## Dialysis Therapies: Haemodialysis – Complications

To provide the trainee with skills and knowledge to be able to manage the complications of haemodialysis

|   | Assessment Methods   | GMP   |
|---|--|-------|
| <b>Knowledge</b>  |  |       |
| Knows the complications of arterio-venous fistulae and artificial grafts including thrombosis, haemorrhage, infection, stenoses and poor flow   | CbD, mini-CEX, ESENeph   | 1,2   |
| Defines the methods of dealing with dialysis line sepsis, poor flow and line blockage   | CbD, mini-CEX, ESENeph   | 1,2   |
| Outlines the aetiology of intradialytic hypotension and available management strategies   | CbD, mini-CEX, ESENeph   | 1,2   |
| Describes the management of hard water syndrome, air embolism and EtOH reactions  | CbD, mini-CEX, ESENeph   | 1,2   |
| Describes the pathophysiology and management of dialysis-associated amyloid   | CbD, mini-CEX, ESENeph   | 1,2   |
| <b>Skills</b>   |  |       |
| Identifies and manages the complications of vascular access involving, when necessary, surgeons and radiologists  | AA, CbD, mini-CEX  | 1,2,3 |
| Manages dialysis-related sepsis and develops protocols with microbiologists   | AA, CbD, mini-CEX  | 1,2,3 |
| Develops protocols to deal with acute dialysis emergencies  | AA, CbD  | 1,2,3 |
| <b>Behaviours</b>   |  |       |
| Appreciates the role of nurses and other health care professionals in the day-to-day management of haemodialysis and its complications  | CbD,   | 3     |
| Appreciates the multidisciplinary nature of management of haemodialysis complications with development of close working relationships with surgeons and radiologists in the management of vascular access complications | CbD, MSF   | 3     |
| <b>Level Descriptor</b>   |  |       |
| <b>1</b>  | Able to initiate appropriate management for acute complications e.g. line infection/dysfunction, intradialytic hypotension)  |       |
| <b>2</b>  | Understands principles of preventing complications (e.g. management of access.) Able to manage complications through to their full resolution, including modality switch |       |
| <b>3</b>  | Has participated in the audit, protocol development and quality control of complications   |       |



## 3 Dialysis in Patients with Acute Kidney Injury / Renal Replacement Therapies

### Acute Dialysis and Plasma Exchange

| To supervise and manage acute renal replacement therapy including plasma exchange   |                              |       |
|---|------------------------------|-------|
| Knowledge   | Assessment Methods           | GMP   |
| Knows the indications for acute dialysis and plasma exchange  | ACAT, CbD, mini-CEX          | 1,2   |
| Describes the principles of haemodialysis, haemofiltration and haemodiafiltration and indications for their use   | ACAT, CbD, mini-CEX, ESENeph | 1,2   |
| Understands the principles of plasma exchange and potential complications of treatment  | ACAT, CbD, mini-CEX, ESENeph | 1,2   |
| Describes the methods of creating vascular access for acute renal replacement therapy   | ACAT, CbD, mini-CEX, ESENeph | 1,2   |
| Skills  |                              |       |
| Assesses the suitability of a patient for haemodialysis or haemofiltration  | ACAT, CbD, mini-CEX          | 1,2   |
| Prescribes haemodialysis and haemofiltration safely, adjusts prescriptions appropriately and monitors response to treatment   | ACAT, CbD, mini-CEX          | 1,2   |
| Prescribes medication safely and appropriate to patients with acute kidney injury   | ACAT, CbD, mini-CEX          | 1,2,3 |
| Assesses the suitability of a patient for plasmapheresis  | ACAT, CbD, mini-CEX          | 1,2,3 |
| Prescribes plasmapheresis safely and assesses response to treatment   | ACAT, CbD, mini-CEX          | 1,2,3 |
| Manages the patient with acute renal failure requiring both plasmapheresis and acute renal replacement therapy  | ACAT, CbD                    | 1,2,3 |
| Behaviours  |                              |       |
| Appreciate the role of Intensivist in the management of patients with multiorgan failure and multisystem disease requiring acute renal replacement therapy (and plasma exchange)  | ACAT, CbD                    | 3     |
| Appreciate role of nurses in the management of acute renal replacement therapy and plasma exchange  | CbD, MSF                     | 3     |
| Level Descriptor  |                              |       |
| <p><b>1</b> Knows the indications for acute dialysis and plasma exchange and potential complications of treatment. Aware of when and how to initiate treatment including prescription of treatment and able to adjust simple dialysis prescriptions based on available data and patients clinical condition. Is able to explain the procedures to the patients and carers.</p> <p><b>2</b> Aware of potential complications of treatment and acts to minimise complications. Able to monitor a course of treatment and adjust prescription according to patient's investigations and progress. Knows about the different methods for each (including acute peritoneal dialysis) and how to select the most appropriate.</p> <p><b>3</b> Can interact with the whole MDT to manage patients undergoing acute dialysis or plasma exchange, understand the psychological effects on patients and their families and discuss prognosis and management clearly with them. Understands the limited evidence base and the place for enrolling patients in trials. Knows when to stop plasma exchange or when to repeat a course of treatment</p> |                              |       |

## 4. Renal Transplantation

### Pre-Transplant Evaluation

| To be able to evaluate and manage patients who are suitable for renal transplantation  |  |         |
|--|--|---------|
| Knowledge  | Assessment Methods   | GMP     |
| Recognises the role of renal transplantation in the management of patients with end-stage renal disease  | CbD, mini-CEX, ESENeph   | 1,2     |
| Recalls the principles of renal transplantation, and the medical, surgical ethical, and social contraindications   | CbD, mini-CEX, ESENeph   | 1,2,4   |
| Outlines the benefits and risks of transplantation in comparison with other treatment modalities for end stage renal disease   | CbD, mini-CEX, ESENeph   | 1,2     |
| Describes the advantages and disadvantages of renal transplantation including pre-dialysis renal transplantation   | CbD, mini-CEX, ESENeph   | 1,2     |
| Describes the risks and benefits associated with different organ types e.g. living donor and deceased donor transplantation  | CbD, mini-CEX, ESENeph   | 1,2     |
| Recalls the principles of blood group typing, HLA matching, and donor –recipient cross matching  | CbD, mini-CEX, ESENeph   | 1,2     |
| Recalls the ethical and legal framework (especially the Human Tissue Act) governing renal transplantation  | CbD, mini-CEX, ESENeph   | 1,2     |
| Skills   |  |         |
| Assesses suitability of patients with end-stage renal disease for renal transplantation  | CbD, mini-CEX  | 1,2,3   |
| Discusses the issues around living donor transplantation and pre-dialysis transplantation  | CbD, mini-CEX  | 1,2,3   |
| Counsels patients and relatives in all aspects of renal transplantation including living kidney donation   | CbD, mini-CEX,   | 1,2     |
| Assess the suitability of a person as a living kidney donor in accordance with the British Transplant Society Guidelines   | CbD, mini-CEX ESENeph  | 1,2,3,4 |
| Develops and carries out protocols for pre-transplant assessment of recipients and living donors   | AA, CbD, mini-CEX, MSF   | 1,2,3   |
| Behaviours   |  |         |
| Recognises the role of the multidisciplinary team, particularly nurses and live donor programme coordinators, in the initial counselling of potential renal transplant recipients and donors | MSF  | 1,2,3,4 |
| Recognises the multidisciplinary nature of the management of renal transplant patients   | MSF  | 1,2,3   |
| Level Descriptor   |  |         |
| <b>1</b>   | Is aware of the principles of renal transplantation and the contraindications to renal transplantation. Is aware of the benefits of renal transplantation and some of the complications  |         |
| <b>2</b>   | Understands the principles of donor and recipient evaluation prior to renal transplantation including blood group typing, HLA matching, and donor-recipient cross-matching<br>Understands the role of the multidisciplinary team in the evaluation of kidney donors and recipients |         |
| <b>3</b>   | Is able to counsel patients and relatives in all aspects of renal transplantation. Is able to assess the suitability of potential renal transplant recipients and living kidney donors<br>Understands the legal framework governing renal transplantation                          |         |

## Acute Stage

| <b>To be able to manage patients in the early stages post renal transplant</b>   |  |            |
|--|--|------------|
| <b>Knowledge</b>   | <b>Assessment Methods</b>  | <b>GMP</b> |
| Outlines the issues that can influence patient and renal transplant survival in the first 3 months following renal transplantation   | CbD, mini-CEX, ESENeph   | 1,2        |
| Lists the medical and surgical problems which occur in the first three months following renal transplant   | CbD, mini-CEX, ESENeph   | 1,2        |
| Recalls the indications for radiological investigation (ultrasound scan, radio-isotope scanning etc) and renal transplant biopsy in the acute stage following renal transplant | CbD, mini-CEX, ESENeph   | 1,2        |
| Describes the role of renal transplant biopsy and the Banff scoring criteria in the diagnosis of acute rejection   | CbD, mini-CEX, ESENeph   | 1,2        |
| Describes the mode of action and adverse effects of immunosuppressive agents   | CbD, mini-CEX, ESENeph   | 1,2        |
| Recognises the potential for interaction of immunosuppressive agents with other drugs  | CbD, mini-CEX, ESENeph   | 1,2        |
| Recalls the available management strategies for acute transplant rejection   | CbD, mini-CEX, ESENeph   | 1,2        |
| Recalls the factors in the early post transplant stage that influence long term graft function   | CbD, mini-CEX, ESENeph   | 1,2        |
| <b>Skills</b>  |  |            |
| Optimises the graft and patient outcome in the first 3 months after renal transplantation  | CbD, mini-CEX  | 1,2        |
| Assesses the significance of changes in renal transplant function  | CbD, mini-CEX  | 1,2        |
| Investigates renal transplant patients with acute transplant dysfunction and interprets the results of investigations  | CbD, mini-CEX  | 1,2        |
| Evaluates patients with surgical and medical complications of renal transplantation  | CbD, mini-CEX  | 1,2        |
| Plans and modifies immunosuppressive therapy regimens  | CbD, mini-CEX  | 1,2        |
| Counsels patients and relatives in all aspects of renal transplantation  | CbD, mini-CEX  | 1,2,3      |
| <b>Behaviours</b>  |  |            |
| Recognises the multidisciplinary nature of the management of renal transplant patients.  | MSF  | 1,2,3,4    |
| <b>Level Descriptor</b>  |  |            |
| <b>1</b>   | Understands the basic principles of management in the acute phase of renal transplantation including the mode of action and adverse effects of immunosuppressive agents<br>Is aware of medical and surgical complications that can occur early post-renal transplant including acute transplant dysfunction                                    |            |
| <b>2</b>   | Is able to recognise and investigate the medical and surgical complications that occur in the early post-transplant period   |            |
| <b>3</b>   | Is able to manage all aspects of treatment for renal transplants recipients in early post-transplant period in collaboration with the multi-disciplinary team<br>Is able to recognise and manage all complications including acute transplant dysfunction<br>Is able to counsel patients and relatives in all aspects of renal transplantation |            |

## Long-Term Care

| <b>To be able to undertake the long term supervision and management of renal transplant recipients</b>  |   |            |
|---|---|------------|
| <b>Knowledge</b>  | <b>Assessment Methods</b>   | <b>GMP</b> |
| Recalls the factors that can influence long term patient and renal transplant survival  | CbD, mini-CEX, ESENeph  | 1,2        |
| Describes the medical and surgical problems which can occur after the first three months following renal transplant   | CbD, mini-CEX, ESENeph  | 1,2        |
| Lists the causes of renal dysfunction more than 3 months after renal transplantation  | CbD, mini-CEX, ESENeph  | 1,2        |
| Describes the potential long term adverse effects of immunosuppressive agents   | CbD, mini-CEX, ESENeph  | 1,2        |
| Recalls the strategies that maximise long term graft function and survival  | CbD, mini-CEX, ESENeph  | 1,2        |
| Recognises increased risk of cardiovascular and malignant disease in the long term transplant patient and understands the treatment and preventative strategies available | CbD, mini-CEX, ESENeph  | 1,2        |
| <b>Skills</b>   |   |            |
| Identifies declining transplant function, assesses significance of changes, investigates appropriately, and makes appropriate changes to management                       | CbD, mini-CEX   | 1,2        |
| Utilises strategies that optimise long term graft and patient outcomes  | CbD, mini-CEX   | 1,2        |
| Identifies and manages cardiovascular, malignant and infectious problems in renal transplant recipients   | CbD, mini-CEX   | 1,2        |
| Modifies long term immunosuppressive therapy regimens and tailors to an individual patient considering other comorbid conditions and changing circumstances               | CbD, mini-CEX   | 1,2        |
| Minimizes and manage the medical complications of a failing renal transplant  | CbD, mini-CEX   | 1,2        |
| Counsels patients and relatives in all aspects of renal transplantation, including graft failure and preparation for dialysis or re-transplantation                       | CbD, mini-CEX   | 1,2,3      |
| <b>Behaviours</b>   |   |            |
| Recognises the benefits of involving patients, relatives, and carers in the management  | CbD, mini-CEX   | 1,2,3,4    |
| Recognises the multidisciplinary nature of the management of renal transplant patients  | MSF   | 1,2,3      |
| Encourages life style modifications to modify cardiovascular risk and promotes self efficacy and self monitoring  | CbD, mini-CEX   | 1,2,3      |
| <b>Level Descriptor</b>   |   |            |
| <b>1</b>  | Is aware of the causes of renal transplant dysfunction after 3 months post renal transplant<br>Is aware of the medical and surgical complications that may occur after 3 months post renal transplant |            |
| <b>2</b>  | Is aware of how to investigate and manage late renal transplant dysfunction<br>Is aware of strategies that minimise the risk of complications after 3 months post renal transplant                    |            |
| <b>3</b>  | Is able to manage all aspects of treatment of the renal transplant recipient after 3 months post  |            |

transplant in manner that maximises transplant survival and minimises complications in the recipient

Is able to counsel patients and relatives in all aspects of renal transplantation

## E. Special Circumstances

### 1. Sexual Health Issues

#### Male Sexual Health

**To be able to undertake an initial assessment, investigation and management of a patient with a sexual health concern including erectile dysfunction**

| <b>Knowledge</b>  | <b>Assessment Methods</b>  | <b>GMP</b> |
|---|--|------------|
| Recalls the common pathological, pharmacological and emotional causes of male sexual health problems including erectile dysfunction | CbD, mini-CEX, ESENeph   | 1,2        |
| Describes the common forms of treatment available and common contraindications  | CbD, mini-CEX, ESENeph   | 1,2        |
| <b>Skills</b>   |  |            |
| Assesses and investigates a patient with erectile dysfunction   | CbD, mini-CEX  | 1,2        |
| Modifies treatment regimes which may underlie or contribute to the problem  | CbD, mini-CEX  | 1,2        |
| <b>Behaviours</b>   |  |            |
| Sensitively discuss sexual health concerns with a patient including erectile dysfunction and fertility issues.                      | CbD, mini-CEX  | 1,2,3,4    |
| Refers to other Specialists e.g Urologists appropriately for further investigation and management                                   | CbD, mini-CEX  | 1,2        |
| Refers patients for psychological support when required   | CbD, mini-CEX  | 1,2,3      |
| <b>Level Descriptor</b>   |  |            |
| <b>1</b>  | Can assess a patient with erectile dysfunction and appropriately investigate for underlying causes<br>Able to sensitively explain and discuss with a patient |            |
| <b>2</b>  | Able to recognise and modify treatment regimes appropriately which may cause or exacerbate the problem   |            |
| <b>3</b>  | Refers appropriately to other Specialists including Urologists, Psychologists etc  |            |

## Female Sexual Health: Renal Disorders in Pregnancy

**To counsel patients with pre-existing kidney disease or a renal transplant about sexual health issues including fertility, contraception and the implications of pregnancy.**

**To be able to and manage the renal condition during pregnancy**

**To undertake a specialist assessment, investigation and management of a patient who develops a renal disorder during pregnancy**

| Knowledge   | Assessment Methods   | GMP   |
|---|--|-------|
| Recalls the effects of kidney disease on fertility and recognises the need for safe and effective contraception in patients with renal disease and with a renal transplant  | CbD, mini-CEX, ESENeph   | 1,2   |
| Recalls the effects of pregnancy on renal physiology in normal individuals and those with pre-existing renal disease (including those on renal replacement therapy)   | CbD, mini-CEX, ESENeph   | 1,2   |
| Outlines the potential risks of pregnancy to the mother and foetus in patients with chronic kidney disease (including dialysis and renal transplant)  | CbD, mini-CEX, ESENeph   | 1,2   |
| Recognises the importance of appropriate drug therapy in pregnancy and potential risks of commonly used drugs to the foetus   | CbD, mini-CEX  | 1,2   |
| Recalls how to manage co-morbid medical conditions in patients with pre-existing renal disease, dialysis or a renal transplant during a pregnancy with particular emphasis on minimisation of the risk to mother and foetus | CbD, mini-CEX, ESENeph   | 1,2   |
| Recognises renal disorders that are inherited and recalls the patterns of inheritance   | CbD, mini-CEX, ESENeph   | 1,2   |
| Skills  |  |       |
| Counsels patients with renal disease, on dialysis or with a renal transplant about the risks and implications of pregnancy and acts to minimise risks to mother and foetus  | CbD, mini-CEX  | 1,2,3 |
| Safely investigates de-novo renal disease in pregnancy or a deterioration in renal function in a pregnant transplant patient  | CbD, mini-CEX  | 1,2   |
| Manages hypertension appropriately in pregnancy   | CbD, mini-CEX  | 1,2   |
| Modifies medication including immunosuppressive drugs appropriately during pregnancy or in a woman planning pregnancy   | CbD, mini-CEX  | 1,2   |
| Recognises and manages the renal consequences of pre-eclampsia and acute renal failure in pregnancy and the puerperium  | ACAT, CbD, mini-CEX  | 1,2   |
| Explains the inheritance of genetic disorders, recognises the need for genetic counselling and refers appropriately   | CbD, mini-CEX  | 1,2,3 |
| Behaviours  |  |       |
| Appreciates the role of the multidisciplinary team including: Obstetricians, midwives and pharmacists in the management of patients both before conception, during pregnancy and post-partum                                | ACAT, CbD, mini-CEX, MSF   | 2,3   |
| Discusses sensitively the risks and implications of pregnancy to a patient and their partner/family to enable the woman to make an informed choice  | CbD, mini-CEX, MSF   | 3,4   |
| Level Descriptor  |  |       |
| 1   | Demonstrates an understanding of normal renal physiological changes of pregnancy and |       |

recognises the implications of pregnancy for patients with renal disorders

Demonstrates an appreciation of the importance of the multi-disciplinary team in the management of pregnancy and renal disease

- 2** Recognises the common complications of pregnancy in a patient with renal disease and is able to discuss with a patient  
Able to discuss in detail the management of renal consequences of pre-eclampsia and pregnancy related renal failure
- 3** Able to manage a patient with pre-existing renal disease who become pregnant (in association with MDT)  
Can discuss at an appropriate level inherited renal disorders and the need for genetic counselling with patients and relatives  
Can discuss competently and sensitively the risks and implications of pregnancy to a patient and their partner/family



## 2. Adult Paediatric Interface

**To progressively develop the ability to carry out specialist assessment and treatment of young adults and adolescents with kidney disease progressing from the paediatric renal service to the adult renal service**

| Knowledge   | Assessment Methods   | GMP     |
|---|--|---------|
| Recalls the common causes of chronic kidney disease in paediatric patients, and where to obtain information on rarer causes of chronic kidney disease in these patients                                   | CbD, mini-CEX, ESENeph   | 1,2     |
| Recalls issues of consent and confidentiality in adolescent patients  | CbD, mini-CEX, MSF   | 1,2,3,4 |
| Describes the impact of renal disease on other physical systems within the patient, on the psychosocial functioning of the patient, family, carers, and other professionals (healthcare, colleges etc)    | CbD, mini-CEX, MSF   | 1,2,3,4 |
| Understand the importance of the developmental stage when communicating with adolescents and young adults   | CbD, mini-CEX, PS  | 1       |
| Skills  |  |         |
| Makes an accurate and focussed clinical assessment of patients with kidney disease at the adult/paediatric interface  | CbD, mini-CEX, ESENeph   | 1,2,3   |
| Treats the patient holistically and sensitively in accordance with the patient's wishes and taking account of the needs and wishes of the carers and family members of the patient                        | CbD, mini-CEX, MSF   | 1,2,3,4 |
| Manages the change of environment and/or geographical area within which the patient will be managed   | CbD, mini-CEX, MSF   | 3,4     |
| Manages the change in personnel and referral systems applicable to chronic kidney disease patients, dialysis patients and transplant patients at the paediatric/adult interface                           | CbD, mini-CEX, MSF   | 3,4     |
| Recognises when the timing of referral from paediatric service/young persons/ <b>adolescent</b> service to adult renal services is appropriate  | AA, CbD, mini-CEX, MSF   | 1,2,3,4 |
| Behaviours  |  |         |
| Actively involves patients, carers and the wider multi-disciplinary team in long term care of the patient, liaising with primary care and other clinical services (e.g. diabetes, urology, etc).          | CbD, mini-CEX, MSF   | 2,3,4   |
| Recognises that the multi-disciplinary team involved in the care of young adults may be broader than that involved with older adults and might involve specialised psychological and social services, etc | CbD, mini-CEX, MSF   | 2,3,4   |
| Works closely with paediatricians and the adult and paediatric multi-disciplinary teams to draw up protocols for transition to adult renal services   | AA, MSF  | 2,3,4   |
| Recognises the individual needs of patients at the point of transfer especially taking account of young people with special needs or learning disabilities  | CbD, mini-CEX, MSF   | 3,4     |
| Level Descriptor  |  |         |
| <b>1</b>  | Can list the main causes of kidney disease in young people which might be associated with long term survival and require transfer into adult services. Manages young adult patients following transfer to adult services under supervision |         |
| <b>2</b>  | Manages young adult patients following transfer, involving the wider multi-disciplinary team as  |         |

appropriate

- 3** Involved in the management of patients during and after transfer, leading the wider multi-disciplinary team as appropriate

### 3. Nutrition in Patients with Renal Disease

| <b>To identify, understand and manage the nutritional needs of patients with kidney disease</b>   |   |            |
|---|---|------------|
|   | <b>Assessment Methods</b>   | <b>GMP</b> |
| <b>Knowledge</b>  |   |            |
| Recognises the wide range of nutritional issues facing renal patients and special dietary regimes prescribed (e.g. low protein diet in chronic kidney disease)                      | CbD, mini-CEX, ESENeph  | 1,2        |
| Recognises the relationship between adequacy of dialysis and nutrition  | CbD, mini-CEX, ESENeph  | 1,2        |
| Recalls the treatment strategies for hyperlipidaemia in patients with kidney disease  | CbD, mini-CEX, ESENeph  | 1          |
| <b>Skills</b>   |   |            |
| Considers a patient's nutritional status and provides appropriate nutritional advice with the support of dieticians   | ACAT, CbD, mini-CEX   | 1,2        |
| Manages the nutritional needs of patients with acute kidney injury and other complex multisystem disorders  | ACAT, CbD, mini-CEX   | 1,2,3      |
| <b>Behaviours</b>   |   |            |
| Appreciates the role of the dietetic team and works in partnership with the wider multidisciplinary team (primary care team, other specialists) to meet patients' nutritional needs | ACAT, CbD, MSF  | 1,3        |
| <b>Level Descriptor</b>   |   |            |
| <b>1</b>  | Able to recognise and manage the range of common nutritional issues arising in patients with acute kidney injury, chronic kidney disease, or in patients on dialysis or with a renal transplant |            |
| <b>2</b>  | Able to recognise and manage more complex nutritional problems in patients with all forms of renal disease in collaboration with dietetic and other specialist colleagues                       |            |
| <b>3</b>  | Can competently discuss complex nutritional issues with patients and carers   |            |

## F. Investigational and Procedural Competencies

### 1. Native Kidney Biopsy

| 1. To state the indications for and potential complications of a native renal biopsy<br>2. To competently perform a native kidney biopsy (OPTIONAL*)       |   |         |
|--|---|---------|
| Knowledge  | Assessment Methods  | GMP     |
| Lists the indications for a renal biopsy   | CbD, mini-CEX, ESENeph  | 1,2     |
| Describes the anatomy of the native kidneys  | CbD, DOPS, mini-CEX, ESENeph  | 1,2     |
| Lists the contraindications to performing a renal biopsy   | CbD, mini-CEX, ESENeph  | 1,2     |
| Lists the potential complications of a renal biopsy  | CbD, mini-CEX, ESENeph  | 1,2     |
| Skills   |   |         |
| Minimises and manages complications of renal biopsy  | ACAT, CbD, mini-CEX   | 1,2     |
| Interprets the renal biopsy findings with the assistance of a Histopathologist   | CbD, mini-CEX   | 1,2     |
| Discusses the indication, perceived benefits and potential risks of the procedure with a patient or relative in a manner that facilitates informed consent | ACAT, mini-CEX  | 1,2,3,4 |
| Discusses the biopsy findings with a patient to enable shared decision making regarding treatment options  | mini-CEX  | 1,2,3,4 |
| <i>*Utilises ultrasound to localize kidneys and use ultrasound guidance to assist in renal biopsy (optional)</i>   | DOPS  | 1,2     |
| <i>*Able to competently perform a native kidney biopsy</i>   | DOPS  | 1,2     |
| Behaviours   |   |         |
| Provides appropriate information to patients and checks understanding  | MSF, PS   | 2,3,4   |
| Appreciates the role of the radiologist or radiographer (if appropriate) and Histopathologist  | CbD, MSF  | 2,3     |
| <i>*Uses appropriate technique to minimise risk of infection when performing a kidney biopsy (optional)</i>  | DOPS  | 2       |
| <i>*Has appropriate self-confidence and recognition of limitations when performing a kidney biopsy (optional)</i>  | DOPS, MSF   | 2,4     |
| <i>*Audits personal technical performance when performing kidney biopsy against standards (optional)</i>   | AA  | 2,3     |
| Level Descriptor   |   |         |
| <b>1</b>   | Knows the indications for native kidney biopsy, and is aware of the contraindications and potential complications of the procedure  |         |
| <b>2</b>   | Can confidently discuss the indications for a kidney biopsy and the potential risk of complications (versus benefits) with patients and carers in order to obtain informed consent<br>Knows how to minimise the risk of complications and how to manage complications which may |         |

arise

- 3** Able to confidently discuss the results of a renal biopsy with a patient in a way that enables the patient to be involved in decisions regarding acute and long term treatment options.
- 4** *(OPTIONAL)*  
*Can competently perform a renal biopsy and is aware of own performance compared to recognised standards and regularly audits performance*

\*Additional competencies required to demonstrate competence to perform a renal biopsy as an operator are shown in italics.

## 2. Renal Transplant Biopsy

| 1. To state the indications for and potential complications of a renal transplant biopsy  |  |            |
|---|--|------------|
| 2. To perform transplant kidney biopsy (OPTIONAL)*  |  |            |
| Knowledge   | Assessment Methods   | GMP        |
| Describes the anatomy of a transplanted kidney  | CbD, DOPS, mini-CEX, ESENeph   | 1,2        |
| Lists the indications for a renal transplant biopsy   | CbD, mini-CEX, ESENeph   | 1,2        |
| Lists the contraindications to performing a renal transplant biopsy   | CbD, mini-CEX, ESENeph   | 1,2        |
| Lists the potential complications of a renal transplant biopsy  | CbD, mini-CEX, ESENeph   | 1,2        |
| Skills  |  |            |
| Minimises and manages complications of renal transplant biopsy  | ACAT, CbD, mini-CEX, ESENeph   | 1,2        |
| Interprets the biopsy findings with the assistance of a Histopathologist  | CbD, ESENeph   | 2,3        |
| Discusses the biopsy findings with a patient to enable shared decision-making regarding treatment options   | ACAT, CbD, mini-CEX  | 1,3,4      |
| Discusses the indication, perceived benefits and potential risk of the procedure with a patient or relative in a manner that facilitates informed consent | ACAT, CbD, mini-CEX  | 1,3,4      |
| <i>Able to competently perform a renal transplant biopsy (optional)</i>   | <i>DOPS</i>  | <i>1,2</i> |
| Behaviours  |  |            |
| Provides appropriate information to patients to facilitate informed consent   | ACAT, mini-CEX   | 1,3,4      |
| <i>*Uses appropriate technique to minimise risk of infection</i>  | <i>DOPS</i>  | <i>2</i>   |
| <i>*Has appropriate self-confidence and recognition of limitations when performing a renal transplant biopsy</i>  | <i>DOPS, MSF</i>   | <i>2</i>   |
| <i>*Audits personal technical performance against standards</i>   | <i>AA</i>  | <i>2</i>   |
| Level Descriptor  |  |            |
| <b>1</b>  | Knows the indications for renal transplant biopsy, and is aware of the contraindications and potential complications of the procedure  |            |
| <b>2</b>  | Can confidently discuss the indications for a renal transplant kidney biopsy and the potential risk of complications (versus benefits) with patients and carers in order to obtain informed consent<br>Knows how to minimise the risk of complications and how to manage complications which may arise |            |
| <b>3</b>  | Able to confidently discuss the results of a renal transplant kidney biopsy with a patient in a way that enables the patient to be involved in decisions regarding acute and long term treatment options   |            |
| <b>4</b>  | *(OPTIONAL)<br><i>Can competently perform a renal transplant kidney biopsy and is aware of own performance compared to recognised standards and regularly audits performance</i>   |            |

\*Additional competencies required to demonstrate competence to perform a renal biopsy as an operator are shown in italics.

### 3. Insertion of Temporary Haemodialysis Catheters

| <b>To insert and manage temporary haemodialysis catheters</b>   |  |            |
|---|--|------------|
| <b>Knowledge</b>  | <b>Assessment Methods</b>  | <b>GMP</b> |
| Understands and describes the anatomy of the central venous system in the upper thorax, neck and femoral veins  | CbD, DOPS  | 1,2        |
| Defines the indications for insertion of temporary haemodialysis catheters and the relative merits and problems associated with each site of insertion                      | CbD, DOPS, ACAT  | 1,2        |
| Describes the complications associated with temporary haemodialysis catheter insertion, the methods of minimising these complications and their treatment should they occur | ACAT, CbD, DOPS  | 1,2        |
| Describes the treatment of catheter related sepsis and blocked catheters  | ACAT, CbD  | 1,2        |
| <b>Skills</b>   |  |            |
| Able to discuss the indications, benefits and adverse events of the procedure to patients, relatives and carers in a manner that will allow informed consent                | DOPS   | 1,2,3,4    |
| Able to perform insertion of temporary haemodialysis catheters using the Seldinger technique and ultrasound guidance for bilateral internal jugular and femoral veins       | DOPS   | 1,2        |
| Describes the anatomical method of insertion of temporary haemodialysis catheters in all central vein positions   | CbD, DOPS  | 1          |
| Explains the use of the catheter and its management to the patient, relatives and carers  | DOPS, mini-CEX   | 1,3,4      |
| <b>Behaviours</b>   |  |            |
| Appreciates the role of the dialysis/ward nurses in the management of a temporary haemodialysis catheter after its insertion and to ensure education of patients and carers | CbD, mini-CEX, MSF   | 3          |
| Demonstrates appropriate self-confidence in terms of line insertion and recognition of limitations  | DOPS   | 2,4        |
| <b>Level Descriptor</b>   |  |            |
| <b>1</b>  | Defines the indications for insertion of temporary haemodialysis catheters<br>Can demonstrate the anatomy of central venous system and is able to insert temporary haemodialysis catheters using ultrasound guidance under supervision<br>Knows the potential complications of the procedure and acts to minimise them |            |
| <b>2</b>  | Can confidently discuss the indications, benefits and complications of the procedure with patients and carers in order to obtain informed consent<br>Demonstrates competence in temporary haemodialysis catheter insertion (including taking informed consent) in the neck and femoral veins using ultrasound guidance |            |
| <b>3</b>  | Demonstrates a comprehensive and competent ability to insert temporary haemodialysis catheters at any site<br>Demonstrates ability to manage catheter related sepsis, blocked catheters and other line related complications<br>Can confidently discuss line management with nurses and family members                 |            |



#### **4. Additional Procedural Competencies**

This Curriculum defines the minimum level of competence required to achieve a CCT in Renal Medicine. It is mandatory for all trainees to acquire basic competences with respect to native and transplant renal biopsy as described in Section 2.1. To demonstrate competence *to perform* a native or transplant kidney biopsy the additional skills and attitudes described in Good Clinical Care Section B must be demonstrated and assessed by DOPS as described in the ARCP Grid (page 111).

## **4 Learning and Teaching**

### **4.1 The training programme**

The organisation and delivery of postgraduate training is the statutory responsibility of the General Medical Council (GMC) which devolves responsibility for the local organisation and delivery of training to the Deaneries. Each Deanery oversees a “School of Medicine” which is comprised of the regional Training Committees (STCs) in each medical Specialty. Responsibility for the organisation and delivery of Renal Medicine training in each Deanery is, therefore, the remit of the regional Renal Medicine STC. Each STC has a Training Programme Director who coordinates the local training programme in Renal Medicine.

The exact structure of the training programme may vary between Deaneries. Generally, a training programme will consist of 6-12 month clinical placements in Renal Medicine. A training rotation may involve placements in a renal unit based in a District General Hospital or in a University Teaching Hospital. The renal services in these two types of hospital are broadly similar, with the exception that renal transplantation mostly takes place in University Teaching Hospitals. Many renal units also manage satellite haemodialysis units, either in other hospitals or in community based facilities. At least six months of the placements from ST3 onwards should be spent in a post (or posts) involving the management of renal transplant patients, of which three months should be in a post involving the management of patients in the immediate post-transplant period.

The sequence of training should ensure appropriate progression in experience and responsibility. The training to be provided at each training site is defined to ensure that, during the programme, the entire curriculum is covered and also that unnecessary duplication and educationally unrewarding experiences are avoided. However, the sequence of training should ideally be flexible enough to allow the trainee to develop a special interest.

Trainees in Renal Medicine are encouraged to take an active interest in research, education and in leadership. Trainees may wish to take a period of out of the training programme to pursue a project or further degree in these areas. If a trainee also regularly takes part in clinical nephrology work in a recognised post during research, this may count towards the clinical nephrology years required for training if prospectively recognised by GMC.

Renal Medicine trainees may undertake training as Integrated NIHR Academic Clinical Fellows or Clinical Lecturers.

Renal Medicine trainees are adult learners and take responsibility for their own education. It is the responsibility of the trainers to ensure that the trainee has adequate access to educational opportunities and it is the trainees responsibility to be pro-active in identifying areas where they need to improve their knowledge, skills or behaviours. Trainees should take advantage of informal and formal educational opportunities in their departments and be enthusiastic in seeking educational opportunities to address gaps in their education.

#### **Acting up as a consultant (AUC)**

“Acting up” provides doctors in training coming towards the end of their training with the experience of navigating the transition from junior doctor to consultant while maintaining an element of supervision.

Although acting up often fulfills a genuine service requirement, it is not the same as being a locum consultant. Doctors in training acting up will be carrying out a consultant's tasks but with the understanding that they will have a named supervisor at the hosting hospital and that the designated supervisor will always be available for support, including out of hours or during on-call work. Doctors in training will need to follow the rules laid down by the Deanery / LETB within which they work and also follow the JRCPTB rules which can be found at [www.jrcptb.org.uk/trainingandcert/Pages/Out-of-Programme](http://www.jrcptb.org.uk/trainingandcert/Pages/Out-of-Programme).

## 4.2 Teaching and learning methods

Renal Medicine trainees are adult learners and take responsibility for their own education. It is the responsibility of the trainers to ensure that the trainee has adequate access to educational opportunities and it is the trainees responsibility to be pro-active in identifying areas where they need to improve their knowledge, skills or behaviours. Trainees should take advantage of informal and formal educational opportunities in their departments and be enthusiastic in seeking educational opportunities to address gaps in their education.

The curriculum will be delivered through a variety of learning experiences. Trainees will learn from practice, clinical skills appropriate to their level of training and to their attachment within the department.

Trainees will achieve the competencies described in the curriculum through a variety of learning methods. There will be a balance of different modes of learning from formal teaching programmes to experiential learning 'on the job'. The proportion of time allocated to different learning methods may vary depending on the nature of the attachment within a rotation.

This section identifies the types of situations in which a trainee will learn.

**Learning with Peers** - There are many opportunities for trainees to learn with their peers. Local postgraduate teaching opportunities allow trainees of varied levels of experience to come together for small group sessions. Examination preparation encourages the formation of self-help groups and learning sets.

**Work-based Experiential Learning** - The content of work-based experiential learning is decided by the local faculty for education but includes active participation in:

- Medical clinics including Renal Medicine clinics. After initial induction, trainees will review patients in outpatient clinics, under direct supervision. The degree of responsibility taken by the trainee will increase as competency increases. As experience and clinical competence increase trainees will assess 'new' and 'review' patients and present their findings to their clinical supervisor.
- Renal Medicine-specific takes, unselected emergency admissions
- Consultant ward rounds following unselected emergency admission duties
- Personal ward rounds and provision of ongoing clinical care on specialist medical ward attachments. Every patient seen, on the ward or in out-patients, provides a learning opportunity, which will be enhanced by following the patient through the course of their illness: the experience of the evolution of patients' problems over time is a critical part both of the diagnostic process as well as management. Patients seen should provide the basis for critical reading and reflection of clinical problems.

- Consultant-led ward rounds. Every time a trainee observes another doctor, consultant or fellow trainee, seeing a patient or their relatives there is an opportunity for learning. Ward rounds, including those post-take, should be led by a consultant and include feedback on clinical and decision-making skills.
- Multi-disciplinary team meetings. There are many situations where clinical problems are discussed with clinicians in other disciplines. These provide excellent opportunities for observation of clinical reasoning.
- Procedure lists. A trainee will initially observe and then receive training in practical procedure skills including native and transplant renal biopsy and dialysis catheter insertion.

Trainees have supervised responsibility for the care of in-patients. This includes day-to-day review of clinical conditions, note keeping, and the initial management of the acutely ill patient with referral to and liaison with clinical colleagues as necessary. The degree of responsibility taken by the trainee will increase as competency increases. There should be appropriate levels of clinical supervision throughout training with increasing clinical independence and responsibility as learning outcomes are achieved (see Section 5: Feedback and Supervision).

**Formal Postgraduate Teaching** – The content of these sessions are determined by the local faculty of medical education and will be based on the curriculum. There are many opportunities throughout the year for formal teaching in the local postgraduate teaching sessions and at regional, national and international meetings. Many of these are organised by the Royal Colleges of Physicians.

Suggested activities include:

- A programme of formal bleep-free regular teaching sessions to cohorts of trainees (e.g. a weekly core training hour of teaching within a Trust)
- Case presentations
- Journal clubs
- Research and audit projects
- Lectures and small group teaching
- Grand Rounds
- Clinical skills demonstrations and teaching
- Critical appraisal and evidence based medicine and journal clubs
- Joint Renal Medicine meetings
- Attendance at training programmes organised on a deanery or regional basis, which are designed to cover aspects of the training programme outlined in this curriculum.

**Independent Self-Directed Learning** -Trainees will use this time in a variety of ways depending upon their stage of learning. Suggested activities include:

- Reading, including web-based material
- Maintenance of personal portfolio (self-assessment, reflective learning, personal development plan)
- Audit and research projects
- Reading journals
- Achieving personal learning goals beyond the essential, core curriculum

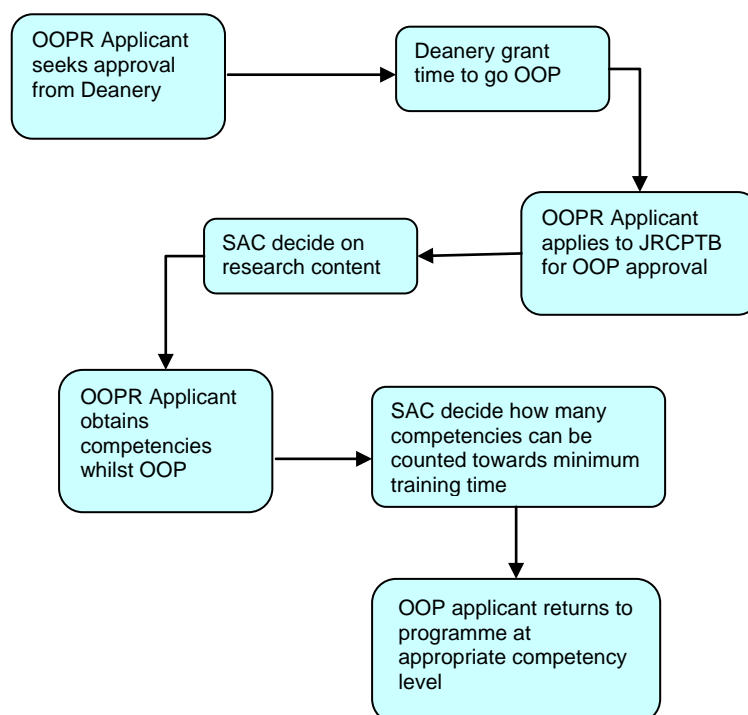
**Formal Study Courses** - Time to be made available for formal courses is encouraged, subject to local conditions of service. Examples include management courses and communication courses.

### 4.3 Research

Trainees, who wish to acquire research competencies, in addition to those specified in their specialty curriculum, may undertake a research project as an ideal way of obtaining those competencies. For those in specialty training, one option to be considered is that of taking time out of programme to complete a specified project or research degree. Applications to research bodies, the deanery (via an OOPR form) and the JRCPTB (via a Research Application Form) are necessary steps, which are the responsibility of the trainee. The JRCPTB Research Application Form can be accessed via the JRCPTB website. It requires an estimate of the competencies that will be achieved and, once completed, it should be returned to JRCPTB together with a job description and an up to date CV. The JRCPTB will submit applications to the relevant SACs for review of the research content including an indicative assessment of the amount of clinical credit (competence acquisition) which might be achieved. This is likely to be influenced by the nature of the research (eg entirely laboratory-based or strong clinical commitment), as well as duration (eg 12 month Masters, 2-year MD, 3-Year PhD). On approval by the SAC, the JRCPTB will advise the trainee and the deanery of the decision. The deanery will make an application to the GMC for approval of the out of programme research. All applications for out of programme research must be prospectively approved.

Upon completion of the research period the competencies achieved will be agreed by the OOP Supervisor, Educational Supervisor and communicated to the SAC, accessing the facilities available on the JRCPTB ePortfolio. The competencies achieved will determine the trainee's position on return to programme; for example if an ST3 trainee obtains all ST4 competencies then 12 months will be recognised towards the minimum training time and the trainee will return to the programme at ST5. This would be corroborated by the subsequent ARCP.

This process is shown in the diagram below:



Funding will need to be identified for the duration of the research period. Trainees need not count research experience or its clinical component towards a CCT

programme but must decide whether or not they wish it to be counted on application to the deanery and the JRCPTB.

A maximum period of 3 years out of programme is allowed and the SACs will recognise up to 12 months towards the minimum training times.

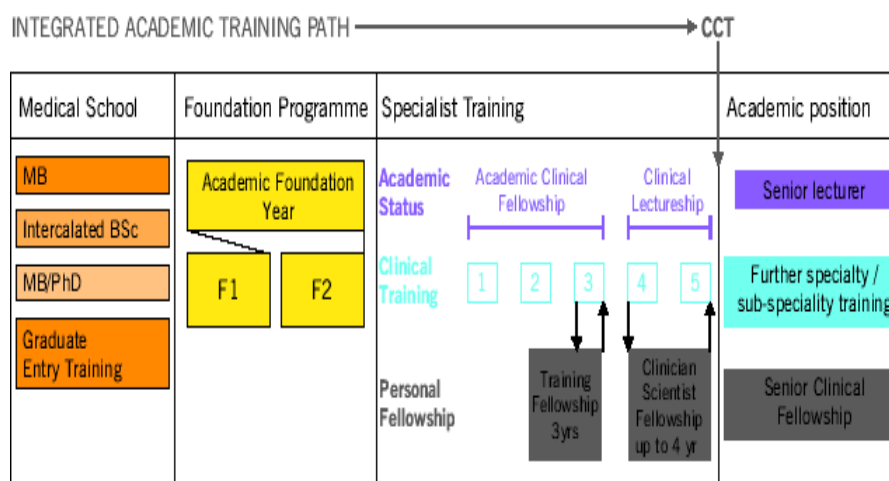
#### 4.4 Academic Training

The importance and relevance of academic training and participation in research is outlined in many key medical education documents and is traditionally valued in Renal Medicine:

It is acknowledged in the GMC Good Medical Practice (2006) Guidelines that 'maintaining an interest in research findings or engaging or participating in research activities is an aspect of maintaining good medical practice' for all doctors. In addition, the generic standards for training of GMC state (Section 6.25 and 6.26) that it is mandatory for all Trainees "to be exposed during their training to the academic opportunities available in their Specialty (6.25) and that 'Trainees who recognise that their particular skills and aptitude are well-suited to an academic career should be encouraged and guided in that endeavour (6.26). More recently, the Gold Guide emphasises the importance of research and academic medicine in the training of Speciality trainees.

In addition to the generic training required of all doctors in Speciality training programmes some Renal Speciality trainees will wish to develop a career in academic medicine and may wish to undertake a period of academic training either in an integrated academic training pathway or as a period of out of training programme experience.

##### 1. Trainees appointed to an NIHR integrated academic training pathway



##### NIHR Integrated Academic training posts

Trainees selected for an integrated academic training path will be allocated an NTN (A) in the appropriate speciality. For trainees who already hold an NTN this will be converted to an NTN (A).

Clinical Lectureship (CL) – up to 4 years.

These posts are designed for Speciality trainees with a higher degree (i.e. following a research fellowship). The CL will provide "post-doctoral" academic training and induction into other aspects of academic life. In addition, Clinical Lecturers will be expected to gain independent research funding.

CL will complete Speciality training within four years under the terms of the “Gold Guide”.

It is anticipated that following CCT, the post holders will move on to established academic posts (Senior Lecturer/Hon. Consultant), to senior research fellowships or to NHS consultant posts.

Failure to progress academically (see below) will lead to a return to a conventional Renal Medicine training programme and loss of the NIHR funding.

A small number of trainees may commence Specialty training in Renal Medicine whilst completing a 3 year Academic Clinical fellowship post in ST3.

2. A Speciality trainee with approval of the Postgraduate Dean to take time out of programme for a period of research (OOPR) (see Section 4.3).

3. A trainee may be appointed as a Clinical Lecturer with a University.

Academic integrated pathways to CCT are

- a) considered fulltime CCTs as the default position and
- b) are run through in nature.

The academic programmes are CCT programmes and the time set for the CCT is the same for academic trainees. If a trainee fails to achieve all the required competencies within the notional time period for the programme, this would be considered at the ARCP, and recommendations to facilitate completion of clinical training would be made (assuming other progress to be satisfactory) see the guidelines for monitoring training and progress <http://www.academicmedicine.ac.uk/careersacademicmedicine.aspx>. Please note that NIHR funding cannot be extended to allow a trainee to achieve the remaining clinical competencies. Extension of a CCT date will be in proportion depending upon the nature of the research and will ensure full capture of the specialty outcomes set down by the Royal College and approved by GMC.

## **5 Assessment**

### **5.1 The assessment system**

The purpose of the assessment system is to:

- enhance learning by providing formative assessment, enabling trainees to receive immediate feedback, measure their own performance and identify areas for development;
- drive learning and enhance the training process by making it clear what is required of trainees and motivating them to ensure they receive suitable training and experience;
- provide robust, summative evidence that trainees are meeting the curriculum standards during the training programme;
- ensure trainees are acquiring competencies within the domains of Good Medical Practice;
- assess trainees’ actual performance in the workplace;
- ensure that trainees possess the essential underlying knowledge required for their Renal Medicine;

- inform the Annual Review of Competence Progression (ARCP), identifying any requirements for targeted or additional training where necessary and facilitating decisions regarding progression through the training programme;
- identify trainees who should be advised to consider changes of career direction.

The integrated assessment system comprises of workplace-based assessments and knowledge – base assessments. Individual assessment methods are described in more detail below.

Workplace-based assessments will take place throughout the training programme to allow trainees to continually gather evidence of learning and to provide trainees with formative feedback. They are not individually summative but overall outcomes from a number of such assessments provide evidence for summative decision making. The number and range of these will ensure a reliable assessment of the training relevant to their stage of training and achieve coverage of the curriculum.

## 5.2 Assessment Blueprint

In the syllabus (3.3) the “Assessment Methods” shown are those that are appropriate as **possible** methods that could be used to assess each competency. It is not expected that all competencies will be assessed and that where they are assessed not every method will be used.

## 5.3 Assessment methods

The following assessment methods are used in the integrated assessment system:

### Examinations and certificates

- European Specialty Examination Nephrology (ESENeph)
- Advanced Life Support Certificate (ALS)

The Federation of Royal Colleges of Physicians of the UK, in association with the British Renal Society has developed a Specialty Certificate Examination. The aim of this national assessment is to assess a trainee’s knowledge and understanding of the clinical sciences relevant to specialist medical practice and of common or important disorders to a level appropriate for a newly appointed consultant. The Renal Medicine Certificate Examination is a prerequisite for attainment of the CCT.

Information about MRCP(UK) and the ESENeph, including guidance for candidates, is available on the MRCP(UK) website [www.mrcpuk.org](http://www.mrcpuk.org)

### Workplace-based assessments WPBAs

- Multi-Source Feedback (MSF)
- mini-Clinical Evaluation Exercise (mini- CEX)
- Direct Observation of Procedural Skills (DOPS)
- Case-Based Discussion (CbD)
- Acute Care Assessment Tool (ACAT)
- Audit Assessment (AA)
- Teaching Observation (TO)

These methods are described briefly below. More information about these methods including guidance for trainees and assessors is available in the ePortfolio and on the JRCPTB website [www.jrcptb.org.uk](http://www.jrcptb.org.uk). Workplace-based assessments should be recorded in the trainee’s ePortfolio. The workplace-based assessment methods



include feedback opportunities as an integral part of the assessment process, this is explained in the guidance notes provided for the techniques.

#### **Multisource feedback (MSF)**

This tool is a method of assessing generic skills such as communication, leadership, team working, reliability etc, across the domains of Good Medical Practice. This provides objective systematic collection and feedback of performance data on a trainee, derived from a number of colleagues. 'Raters' are individuals with whom the trainee works, and includes doctors, administration staff, and other allied professionals. The trainee will not see the individual responses by raters, feedback is given to the trainee by the Educational Supervisor.

#### **Mini-Clinical Evaluation Exercise (mini-CEX)**

This tool evaluates a clinical encounter with a patient to provide an indication of competence in skills essential for good clinical care such as history taking, examination and clinical reasoning. The trainee receives immediate feedback to aid learning. The mini-CEX can be used at any time and in any setting when there is a trainee and patient interaction and an assessor is available.

#### **Direct Observation of Procedural Skills (DOPS)**

A DOPS is an assessment tool designed to assess the performance of a trainee in undertaking a practical procedure, against a structured checklist. The trainee receives immediate feedback to identify strengths and areas for development.

#### **Case based Discussion (CbD)**

The CbD assesses the performance of a trainee in their management of a patient to provide an indication of competence in areas such as clinical reasoning, decision-making and application of medical knowledge in relation to patient care. It also serves as a method to document conversations about, and presentations of, cases by trainees. The CbD should include discussion about a written record (such as written case notes, out-patient letter, and discharge summary). A typical encounter might be when presenting newly referred patients in the out-patient department.

#### **Acute Care Assessment Tool (ACAT)**

The ACAT is designed to assess and facilitate feedback on a doctor's performance during their practice on the Acute Medical Take. Any doctor who has been responsible for the supervision of the Acute Medical Take can be the assessor for an ACAT.

#### **Audit Assessment Tool (AA)**

The Audit Assessment Tool is designed to assess a trainee's competence in completing an audit. The Audit Assessment can be based on review of audit documentation OR on a presentation of the audit at a meeting. If possible the trainee should be assessed on the same audit by more than one assessor.

#### **Teaching Observation (TO)**

The Teaching Observation tool is designed to provide structured, formative feedback to trainees on their competence at teaching. The Teaching Observation can be based on any instance of formalised teaching by the trainee who has been observed by the assessor. The process should be trainee-led (identifying appropriate teaching sessions and assessors).

#### **5.4 Decisions on progress (ARCP)**

The Annual Review of Competence Progression (ARCP) is the formal method by which a trainee's progression through her/his training programme is monitored and recorded. ARCP is not an assessment – it is the review of evidence of training and assessment. The ARCP process is described in A Reference Guide for Postgraduate Renal Medicine Training in the UK (the “Gold Guide” – available from [www.mmc.nhs.uk](http://www.mmc.nhs.uk)). Deaneries are responsible for organising and conducting ARCPs. The evidence to be reviewed by ARCP panels should be collected in the trainee's ePortfolio.

The ARCP Decision Aid is included in section 5.5, giving details of the evidence required of trainees for submission to the ARCP panels.

## 5.5 ARCP Decision Aid

| Assessment Level (see detailed descriptors in the curriculum)  | Level 1  |         | Level 2-3  |               | Level 3-4   |
|--|--|---------|--|---------------|---|
| Dual CCT*  | End ST3  | End ST4 | End ST5  | End ST6 = PYA | End ST7   |
| Single CCT   | End ST3  |         | End ST4 = PYA  |               | End ST5   |
| <u>Core Competencies</u> <ol style="list-style-type: none"> <li>Clinical Skills</li> <li>Time management/Decisions</li> <li>Patient focus and safety</li> <li>Team working /Communication</li> <li>Quality Improvement</li> <li>Infection Control</li> <li>Health promotion/public health</li> <li>Ethics/confidentiality</li> <li>Consent and Legal Framework</li> <li>Ethical Research</li> <li>Evidence and guidelines</li> <li>Audit</li> <li>Teaching and Training</li> <li>Personal Behaviour</li> <li>Management/NHS Structure</li> </ol> | Core competencies to be evaluated using work-place assessment tools (below) using level descriptors.<br>Minimum 1 audit (completed AAT)  |         | Core competencies to be evaluated using work-place assessment tools (below) using level descriptors.<br>Shortfalls to be identified at PYA.<br>Minimum 1 audit (completed AAT)<br>Demonstrate involvement in portfolio research (+ online NIHR training) |               | Focus on complex situations, decision making skills and team-leadership. Involved in management project (e.g. service delivery or development) and related Audit (AAT) Management course. |
| <u>Renal Specific: Good Clinical Care</u> <ol style="list-style-type: none"> <li>Common presentations</li> <li>Advanced kidney disease management</li> <li>Special Situations/skills</li> <li>Leadership</li> </ol>  | Spectrum of mini-CEX, CbD, ACAT (minimum 2 each per year) that demonstrate satisfactory progress to appropriate level (see descriptors), focussing on common presentations and renal replacement |         | Spectrum of mini-CEX, CbD, ACAT (minimum 2 each per year) that demonstrate satisfactory progress to appropriate level (see descriptors), to include special situations/skills, rarer diseases.<br>Shortfalls to be identified at PYA.                    |               | mini-CEX, CbD, ACAT that assess more advanced aspects of clinical care and leadership – e.g. conducting rounds and QA sessions  |
| <u>Assessment Framework</u> <ol style="list-style-type: none"> <li>ESENeph</li> <li>MSF</li> <li>Clinical Supervisors report</li> <li>ALS</li> </ol>   | Opportunity to pass Satisfactory Satisfactory<br>Valid   |         | Opportunity to pass Optional Satisfactory<br>Valid   |               | Passed Satisfactory Satisfactory<br>Valid   |
| <u>Procedures (minimum documentation)**</u>  | Per procedure: x6 satisfactory DOPS, 3 different assessors on at least 2 occasions   |         |  |               |   |

\*In assessment of trainees undertaking dual training the level for a given ST year will depend on education opportunity likely to reflect local deanery arrangements.

\*\* Essential: Non-tunnelled intravenous dialysis catheters. Non-essential: renal biopsy, tunnelled intravenous dialysis catheters, non-surgical insertion of peritoneal dialysis catheters

## **5.6 Penultimate Year Assessment (PYA)**

The penultimate ARCP prior to the anticipated CCT date will include an external assessor from outside the training programme. JRCPTB and the deanery will coordinate the appointment of this assessor. This is known as "PYA". Whilst the ARCP will be a review of evidence, the PYA will include a face to face component.

## **5.7 Complaints and Appeals**

The MRCP(UK) office has complaints procedures and appeals regulations documented in its website which apply to all examinations run by the Royal Colleges of Physicians including the ESENEph.

All WPBA method outcomes must be used to provide feedback to the trainee on the effectiveness of the education and training where consent from all interested parties has been given. If a trainee has a complaint about the outcome from a specific assessment this is their first opportunity to raise it.

Appeals against decisions concerning in-year assessments will be handled at deanery level and deaneries are responsible for setting up and reviewing suitable processes. If a formal complaint about assessment is to be pursued this should be referred in the first instance to the chair of the Specialty Training Committee who is accountable to the regional deanery. Continuing concerns should be referred to the Associate Dean.

## **6 Supervision and feedback**

This section of the curriculum describes how Speciality trainees will be supervised, and how they will receive feedback on performance

All training in Renal Medicine should be conducted in institutions with appropriate standards of clinical governance and that meet the relevant Health and Safety standards for clinical areas. Training placements must also comply with the European Working Time Directive for trainee doctors and relevant GMC requirements

### **6.1 Supervision**

The GMC Standards for training require that all trainees have a designated educational supervisor who will meet with them regularly to identify learning needs and review their progress. The responsibilities of supervisors have been defined by GMC in the "Operational Guide for the PMETB Quality Framework". These definitions have been agreed with the National Association of Clinical Tutors, the Academy of Medical Royal Colleges and the Gold Guide team at MMC, and are reproduced below:

#### **Clinical supervisor**

"Is a trainer who is selected and appropriately trained to be responsible for overseeing a specified trainee's clinical work and providing constructive feedback during a training placement. Some training schemes appoint an Educational Supervisor for each placement. The roles of Clinical and Educational Supervisor may then be merged".

#### **Educational supervisor**

"Is a trainer who is selected and appropriately trained to be responsible for the overall supervision and management of a specified trainee's educational progress during a

training placement or series of placements. The Educational Supervisor is responsible for the trainee's Educational Agreement".

During a placement the trainee will work with a Clinical Supervisor who is responsible for overseeing a trainee's clinical work and providing constructive feedback on performance. The Clinical Supervisor will be involved in conducting some work based assessments and will liaise with the Educational Supervisor.

Trainees will at all times have a named Educational Supervisor and Clinical Supervisor, responsible for overseeing their education. Depending on local arrangements and in some training schemes the roles of clinical and educational supervisor may be merged.

The Educational Supervisor, who is appointed by the Training Programme Director, is responsible for the overall supervision and management of a specified trainee's educational progress during a training placement or series of placements. In this role they will conduct regular appraisals, provide feedback to the trainee and document progress in the e-portfolio.

The Educational Supervisor is responsible for the trainees learning agreement. The Educational Supervisor will provide a report to Annual Review of Competence Progression (ARCP) panel and provide feedback to the trainee on the ARCP outcome.

The Educational Supervisor will sometimes be involved in supporting the educational needs of trainees with difficulties and should be aware of the local employer and deanery mechanisms available to support trainees in difficulty.

The Educational Supervisor, when meeting with the trainee, should discuss issues of clinical governance, risk management and any report of any untoward clinical incidents involving the trainee. The Educational Supervisor should be part of the clinical Renal Medicine team. Thus if the clinical directorate (clinical director) have any concerns about the performance of the trainee, or there were issues of doctor or patient safety, these would be discussed with the Educational Supervisor. These processes, which are integral to trainee development, must not detract from the statutory duty of the employer to deliver effective clinical governance through its management systems.

Quality and governance of training is a vital cornerstone of clinical governance. The GMC standards for trainers clearly state the minimum training required of all trainers by January 2010. In addition, the GMC Good Medical Practice document clearly states that clinical teachers must develop appropriate skills and are responsible for the appropriate supervision of doctors in training. It is essential that all Clinical and Educational Supervisors of Renal Speciality trainees achieve and maintain a level of training commensurate with their role.

All elements of work in training posts must be supervised with the level of supervision varying depending on the experience of the trainee and the clinical exposure and case mix undertaken. Outpatient and referral supervision must routinely include the opportunity to personally discuss all cases if required. As training progresses the trainee should have the opportunity for increasing autonomy, consistent with safe and effective care for the patient.

Trainers must be supported in their role by a postgraduate medical education team and have a suitable job plan with an appropriate workload and time to supervise trainees

Opportunities for feedback to trainees about their performance will arise through the use of the workplace-based assessments, regular appraisal meetings with supervisors, other meetings and discussions with supervisors and colleagues, and feedback from ARCP.

## **6.2 Feedback**

Frequent and timely feedback on performance is essential for successful work-based experiential learning. To train as a physician, a doctor must develop the ability to seek and respond to feedback on clinical practice from a range of individuals to meet the requirements of Good Medical Practice and revalidation.

Constructive feedback should be provided by Clinical and Educational Supervisors throughout training in both formal and informal settings. Opportunities for feedback will arise during appraisal meetings, when trainees are undergoing workplace-based assessments, in the workplace setting, and through discussions with supervisors, trainers, assessors and those within the team.

## **6.3 Appraisal**

A formal process of appraisals and reviews underpins training. This process ensures adequate supervision during training, provides continuity between posts and different supervisors and is one of the main ways of providing feedback to trainees. All appraisals should be recorded in the ePortfolio

### **Induction Appraisal**

The trainee and educational supervisor should have an appraisal meeting at the beginning of each post to review the trainee's progress so far, agree learning objectives for the post ahead and identify the learning opportunities presented by the post. Reviewing progress through the curriculum will help trainees to compile an effective Personal Development Plan (PDP) of objectives for the upcoming post. This PDP should be agreed during the Induction Appraisal. The trainee and supervisor should also both sign the educational agreement in the e-portfolio at this time, recording their commitment to the training process.

### **Mid-point Review**

This meeting between trainee and educational supervisor is mandatory (except when an attachment is shorter than 6 months), but is encouraged particularly if either the trainee or educational or clinical supervisor has training concerns or the trainee has been set specific targeted training objectives at their ARCP. At this meeting trainees should review their PDP with their supervisor using evidence from the e-portfolio. Workplace-based assessments and progress through the curriculum can be reviewed to ensure trainees are progressing satisfactorily, and attendance at educational events should also be reviewed. The PDP can be amended at this review.

### **End of Attachment Appraisal**

Trainees should review the PDP and curriculum progress with their educational supervisor using evidence from the e-portfolio. Specific concerns may be highlighted from this appraisal. The end of attachment appraisal form should record the areas where further work is required to overcome any shortcomings. Further evidence of

competence in certain areas may be needed, such as planned workplace-based assessments, and this should be recorded. If there are significant concerns following the end of attachment appraisal then the programme director should be informed

## **7 Managing curriculum implementation**

### **7.1 Intended use of curriculum by trainers and trainees**

This curriculum and ePortfolio are web-based documents which are available from the Joint Royal Colleges of Physicians Training Board (JRCPTB) website [www.jrcptb.org.uk](http://www.jrcptb.org.uk).

The educational supervisors and trainers can access the up-to-date curriculum from the JRCPTB website and will be expected to use this as the basis of their discussion with trainees. Both trainers and trainees are expected to have a good knowledge of the curriculum and should use it as a guide for their training programme.

Each trainee will engage with the curriculum by maintaining a portfolio. The trainee will use the curriculum to develop learning objectives and reflect on learning experiences.

Local management of the curriculum is the responsibility of the local faculty of Education (STC, Training Programme Director, and Educational Supervisors). The details of how the curriculum is covered in any individual training programme and training unit is the responsibility of the local faculty of education in consultation with the Federation of Royal Colleges of Physicians.

Coordination of the Curriculum at national and regional level is the joint responsibility of the Deaneries and the Federation of Royal Colleges of Physicians, with robust arrangements for quality assurance of training

This curriculum puts the emphasis on learning rather than teaching. Trainees are responsible for their own learning and the utilisation of opportunities for learning throughout their training. The workplace-based assessment process is also trainee led

### **7.2 Recording progress**

On enrolling with JRCPTB trainees will be given access to the ePortfolio for Renal Medicine. The ePortfolio allows evidence to be built up to inform decisions on a trainee's progress and provides tools to support trainees' education and development.

The trainee's main responsibilities are to ensure the ePortfolio is kept up to date, arrange assessments and ensure they are recorded, prepare drafts of appraisal forms, maintain their personal development plan, record their reflections on learning and record their progress through the curriculum.

The supervisor's main responsibilities are to use ePortfolio evidence such as outcomes of assessments, reflections and personal development plans to inform appraisal meetings. They are also expected to update the trainee's record of progress through the curriculum, write end-of-attachment appraisals and supervisor's reports.



## **8 Curriculum review and updating**

The curriculum is led on behalf of the RCP JRCPTB by the Renal SAC. The Renal SAC will gather expert opinion from the Renal Association, Heads of Renal Medicine training and Deaneries. The review process of the curriculum will involve key stakeholders including trainees, trainers, patients, the public, the NHS and other healthcare organisations. It is anticipated that changes will develop over time and minor changes will be agreed with GMC on an annual basis.

Evaluation methods will include:

GMC trainee and trainer survey results

Information from College representatives, Programme Directors and Educational and Clinical Supervisors

Information from Deaneries, NHS and other healthcare organisations

## **9 Equality and diversity**

The Royal Colleges of Physicians will comply, and ensure compliance, with the requirements of equality and diversity legislation, such as the:

- Race Relations (Amendment) Act 2000
- Disability Discrimination Act 1995
- Human Rights Act 1998
- Employment Equality (Age) Regulation 2006
- Special Educational Needs and Disabilities Act 2001
- Data Protection Acts 1984 and 1998

The Federation of the Royal Colleges of Physicians believes that equality of opportunity is fundamental to the many and varied ways in which individuals become involved with the Colleges, either as members of staff and Officers; as advisers from the medical profession; as members of the Colleges' professional bodies or as doctors in training and examination candidates. Accordingly, it warmly welcomes contributors and applicants from as diverse a population as possible, and actively seeks to recruit people to all its activities regardless of race, religion, ethnic origin, disability, age, gender or sexual orientation.

Deanery quality assurance will ensure that each training programme complies with the equality and diversity standards in postgraduate medical training as set by GMC.

Compliance with anti-discriminatory practice will be assured through:

- monitoring of recruitment processes;
- ensuring all College representatives and Programme Directors have attended appropriate training sessions prior to appointment or within 12 months of taking up post;
- Deaneries must ensure that educational supervisors have had equality and diversity training (at least as an e learning module) every 3 years
- Deaneries must ensure that any specialist participating in trainee interview/appointments committees or processes has had equality and diversity training (at least as an e module) every 3 years.
- ensuring trainees have an appropriate, confidential and supportive route to report examples of inappropriate behaviour of a discriminatory nature. Deaneries and Programme Directors must ensure that on appointment trainees are made aware of the route in which inappropriate or discriminatory behaviour can be reported and supplied with contact names and numbers.

Deaneries must also ensure contingency mechanisms are in place if trainees feel unhappy with the response or uncomfortable with the contact individual.

- monitoring of College Examinations;
- ensuring all assessments discriminate on objective and appropriate criteria and do not unfairly disadvantage trainees because of gender, ethnicity, sexual orientation or disability (other than that which would make it impossible to practise safely as a physician). All efforts shall be made to ensure the participation of people with a disability in training.

## Appendix 1

### Members of the Renal Curriculum Working Group:

|                                      |  |
|--------------------------------------|--|
| Chair:                               | Dr Sue Carr<br>Chair Renal Association Education & Training Committee<br>Consultant Nephrologist/Hon Senior Lecturer, University Hospitals of Leicester  |
| Nominees from the SAC:               | Professor Simon Davies<br>Secretary<br>Consultant Nephrologist ,<br>Dept of Nephrology, North Staffordshire Hospital<br><br>Dr Andrew Mooney<br>Yorkshire Deanery Representative<br>Consultant Nephrologist<br>Renal Unit, St James' University Hospital, Leeds<br><br>Dr Steve Riley<br>Wales Deanery Representative<br>Consultant Nephrologist<br>Institute of Nephrology, University Hospital of Wales, Cardiff |
| Nominees from the Renal Association: | Professor Caroline Savage<br>Academic Vice President<br>Professor of Nephrology<br>Renal Medicine, Renal Immunobiology, Division of Immunity and Infection, University of Birmingham<br><br>Dr Jeremy Levy<br>Specialty School lead Renal Association Education & Training Committee<br>Consultant in Renal Medicine<br>Imperial College Healthcare NHS Trust  |
| Programme Directors/Chairs of STCs:  | Dr Alison Brown<br>North East Deanery Representative<br>Consultant Nephrologist<br>Nephrology Unit, Freeman Hospital, Newcastle upon Tyne<br><br>Dr Pearl Pai<br>Training Director Renal Association Education & Training Committee<br>Consultant Nephrologist   |

Renal Dept, Royal Liverpool University  
Hospital, Liverpool

Dr Peter Topham  
Senior Lecturer/Hon Consultant  
Nephrologist, University of Leicester

Trainee Representatives:

Dr Madeleine Vernon  
Renal Speciality Registrar, Edinburgh

Lay Rep:

Mr Dennis Crane - NKF Advocacy  
Officer (Northern)

Mrs Sue Cavendish, East Midlands  
Deanery

Management Rep:

Mrs Rebecca Brown  
Cardio-Respiratory General Manager  
(previously Renal Services and Urology  
General Manager), University Hospitals  
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Dr Colin Hutchinson, Clinical Lecturer, Renal Institute of Birmingham, University of Birmingham and University Hospital Birmingham

Dr Mordi Muorah, Trainee, Paediatric Nephrology